

2019 Robert A. Roh/Falls City Sacred Heart Irish Invitational - 4/16/2019**Syracuse, NE****Team Rankings - Through Event 34****Combined Team Scores**

Place	School		Points
1	Sterling	STR	203
2	FC Sacred Heart	SH	167
3	Pawnee City	PC	145.50
4	NC Lourdes Central	NCL	134
5	Johnson-Brock	JB	112
6	Humboldt-TRS	HTRS	84
7	Cornerstone Christian	BCC	49
8	O Brownell-Talbot	OBT	42.50
9	O Christian Academy	OCA	38
10	Syracuse	SYR	35
11	Palmyra	PAL	27
12	Lewiston	LEW	10
13	Heartland Christian, IA	HCIA	7
Total			1,054.00

Female Team Scores

Place	School		Points
1	Sterling	STR	94
2	NC Lourdes Central	NCL	73
3	FC Sacred Heart	SH	61
4	Pawnee City	PC	60
5	Humboldt-TRS	HTRS	58
6	O Christian Academy	OCA	38
6	Johnson-Brock	JB	38
8	Palmyra	PAL	26
9	Syracuse	SYR	25
10	O Brownell-Talbot	OBT	22
11	Cornerstone Christian	BCC	15
12	Lewiston	LEW	10
13	Heartland Christian, IA	HCIA	7
Total			527.00

Male Team Scores

Place	School		Points
1	Sterling	STR	109
2	FC Sacred Heart	SH	106
3	Pawnee City	PC	85.50
4	Johnson-Brock	JB	74
5	NC Lourdes Central	NCL	61
6	Cornerstone Christian	BCC	34
7	Humboldt-TRS	HTRS	26
8	O Brownell-Talbot	OBT	20.50
9	Syracuse	SYR	10
10	Palmyra	PAL	1
Total			527.00

2019 Robert A. Roh/Falls City Sacred Heart Irish Invitational - 4/16/2019

Syracuse, NE

Results

Boys 100 Meter Dash

Meet Record: 11.00 * 1998 Anthony Harms-Filley

Meet Record: 11.00 * 4/21/2015 Sawyer Kean

Name	School	Prelims
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Preliminaries

1	Hahn, Ty	Johnson-Broc	11.50q
2	Casteel, Del	FC Sacred He	11.75q
3	Dolbow, Caleb	Sterling	11.76q
4	Fulton, Colter	NC Lourdes C	11.83q
5	Aldana, Andrew	NC Lourdes C	11.85q
6	Rathe, Joel	Sterling	11.91q
7	Poppen, Gabe	Cornerstone	11.98q
8	Buss, Derek	Sterling	12.07q
9	Pugsley, Tommy	O Brownell-T	12.19
10	Hunziker, Alec	Heartland Ch	12.43
11	McNealie, Jayden	Humboldt-TRS	12.52
12	Maas, Christian	O Christian	12.54
13	Weilage, DJ	Heartland Ch	12.65
14	Loecker, Tanner	Syracuse	12.74
15	Jones, Josh	Palmyra	12.81
16	Zermeno, Devin	Pawnee City	12.83
17	Soehner, Erik	Pawnee City	12.90
17	Lilleheim, Theo	Pawnee City	12.90
19	Boysen, Edward	Johnson-Broc	12.90
20	Bredemeier, Conner	Humboldt-TRS	12.92
21	Tellez, Tyler	NC Lourdes C	12.96
22	Nachtigal, Brogan	FC Sacred He	13.13
23	Lovett, Quinton	Cornerstone	13.45
24	Darveau, Branson	FC Sacred He	13.47
25	DeGolyer, Kayden	Syracuse	13.59
26	Lintner, Cody	Syracuse	13.80
27	Guhde-Egger, George	Johnson-Broc	14.23
28	Wilson, Devin	O Brownell-T	14.32
29	Creek, Kienen	Lewiston	14.71
30	Smith, Kilik	Palmyra	15.13
31	Horne, Ethan	Lewiston	15.82
32	Ledvina, Daneil	Heartland Ch	18.87

Boys 100 Meter Dash

Meet Record: 11.00 * 1998 Anthony Harms-Filley

Meet Record: 11.00 * 4/21/2015 Sawyer Kean

Name	School	Finals
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Finals

1	Hahn, Ty	Johnson-Broc	11.50	10
2	Dolbow, Caleb	Sterling	11.60	8
3	Fulton, Colter	NC Lourdes C	11.72	6
4	Casteel, Del	FC Sacred He	11.75	4
5	Buss, Derek	Sterling	11.97	2
6	Rathe, Joel	Sterling	11.98	1
7	Aldana, Andrew	NC Lourdes C	11.99	
8	Poppen, Gabe	Cornerstone	12.13	

Boys 200 Meter Dash

Meet Record: 22.80 * 2002

M Ficken-Palmyra

Name	School	Prelims
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Preliminaries

1	Hahn, Ty	Johnson-Broc	23.45q
2	Poppen, Gabe	Cornerstone	24.49q
3	Rathe, Joel	Sterling	24.52q
4	Neddenriep, Nathan	FC Sacred He	24.69q
5	Loecker, Tanner	Syracuse	24.72q
6	Buss, Derek	Sterling	24.91q
7	Pugsley, Tommy	O Brownell-T	25.06q
8	Aldana, Aiden	NC Lourdes C	25.09q
9	Fossenbarger, Cole	Johnson-Broc	25.92
10	Jones, Josh	Palmyra	26.18
11	Nachtigal, Brogan	FC Sacred He	26.47
12	Hunziker, Alec	Heartland Ch	26.68
13	Lee, Beau	NC Lourdes C	26.75
14	Meybrunn, Levi	Lewiston	26.93
15	Hain, Hunter	Humboldt-TRS	27.00
16	Anderson, Cooper	Heartland Ch	27.08
17	McNealy, Jayden	Humboldt-TRS	27.16
18	Funke, Will	NC Lourdes C	27.16
19	Gibbs, Jake	O Brownell-T	27.36
20	Soehner, Erik	Pawnee City	27.81
21	Lintner, Cody	Syracuse	28.03
22	Wiegand, Matthew	Cornerstone	28.25
23	Bohling, Ryan	Johnson-Broc	29.50
24	Raymond, Max	Heartland Ch	30.88
25	May, Rheece	Cornerstone	30.98
26	Horne, Ethan	Lewiston	31.74
27	Lilleheim, Theo	Pawnee City	31.80
28	Doerr, Peyton	FC Sacred He	32.40
29	Smith, Kilik	Palmyra	32.63

Boys 200 Meter Dash

Meet Record: 22.80 * 2002

M Ficken-Palmyra

Name	School	Finals
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Finals

1	Hahn, Ty	Johnson-Broc	23.51	10
2	Buss, Derek	Sterling	24.29	8
3	Loecker, Tanner	Syracuse	24.32	6
4	Poppen, Gabe	Cornerstone	24.41	4
5	Pugsley, Tommy	O Brownell-T	25.00	2
6	Aldana, Aiden	NC Lourdes C	25.10	1

Boys 400 Meter Dash

Meet Record: 51.30 * 2009

Sam Burtch ElmMurdock

Name	School	Finals
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Finals

1	Dolbow, Caleb	Sterling	53.61	10
2	Dirks, Tristan	Sterling	54.22	8
3	Stice, Jamie	FC Sacred He	54.45	6
4	Oestmann, Hunter	Johnson-Broc	54.99	4
5	Neddenriep, Nathan	FC Sacred He	55.28	2
6	Strong, Jordan	Cornerstone	55.33	1

2019 Robert A. Roh/Falls City Sacred Heart Irish Invitational - 4/16/2019

Syracuse, NE

Results

Finals ... (Boys 400 Meter Dash)

Name	School	Finals
7 Jordan, Jakob	FC Sacred He	55.50
8 Lytle, Jacob	Pawnee City	55.74
9 Lierz, Mason	Pawnee City	56.67
10 Schrag, Nathan	Cornerstone	56.69
11 Anderson, Hayes	Cornerstone	58.27
12 Grafelman, Karl	O Brownell-T	58.51
13 Gyhra, Bryce	Pawnee City	58.96
14 Meybrunn, Levi	Lewiston	59.75
15 Waltke, Andrew	Palmyra	59.80
16 Funke, Will	NC Lourdes C	59.97
17 VanGroningen, Cameron	Sterling	1:00.64
18 Lintner, Cody	Syracuse	1:01.48
19 Drake, Trey	Humboldt-TRS	1:03.90
20 Brym, Josh	O Brownell-T	1:04.28
21 Roberts, Ryan	NC Lourdes C	1:05.48
22 Bohling, Ryan	Johnson-Broc	1:05.79
23 Bryant, Trenton	Heartland Ch	1:06.12
24 Pope, Jarin	Palmyra	1:06.17
25 Spruth-Janssen, Isaiah	Johnson-Broc	1:06.73
26 Schaardt, Gage	Humboldt-TRS	1:07.59
27 Janssen, Jonathan	Lewiston	1:07.69
28 Thomas, Isaac	Palmyra	1:08.45
29 Schuetze, Ethan	Heartland Ch	1:09.04

Boys 800 Meter Run

Meet Record: 1:59.30 * 2006

Mackenzie Jeffrey

Name	School	Finals
1 Oestmann, Hunter	Johnson-Broc	2:10.68 10
2 Strong, Jordan	Cornerstone	2:13.27 8
3 Lierz, Mason	Pawnee City	2:14.52 6
4 Stalder, William	Humboldt-TRS	2:14.68 4
5 Gyhra, Sam	Pawnee City	2:16.76 2
6 Waltke, Andrew	Palmyra	2:18.96 1
7 Watkins, Cristian	NC Lourdes C	2:20.11
8 Sterkel, Diego	Sterling	2:24.25
9 Stalder, Joe	Humboldt-TRS	2:24.42
10 Howard, Colby	NC Lourdes C	2:26.48
11 Benham, Mason	Johnson-Broc	2:27.58
12 Goracke, Kody	Sterling	2:29.02
13 Janssen, Jonathan	Lewiston	2:34.45
14 Thomas, Isaac	Palmyra	2:36.84
15 Froeschl, Jake	FC Sacred He	2:40.77
16 Bauman, Kyle	FC Sacred He	2:40.78
17 Lind, Clayton	Cornerstone	2:41.54
18 Roberts, Ethan	NC Lourdes C	2:43.76
19 Grafelman, Karl	O Brownell-T	2:48.66
20 Brym, Josh	O Brownell-T	2:50.45
21 Kearney, Jakob	FC Sacred He	2:56.88
22 Smith, Kilik	Palmyra	3:20.53

Boys 1600 Meter Run

Meet Record: 4:33.50 * 2006

Mackenzie Jeffrey

Name	School	Finals
1 Jasa, Logan	Sterling	4:53.84 10
2 Lang, Kaden	Pawnee City	4:55.31 8
3 Kearney, James	NC Lourdes C	5:02.20 6
4 Haeder, Ethan	Cornerstone	5:10.51 4
5 Dirks, Trace	Sterling	5:27.71 2
6 Thompson, Corbin	Johnson-Broc	5:31.28 1
7 Taylor, William	Humboldt-TRS	5:31.33
8 Stalder, William	Humboldt-TRS	5:32.89
9 Sterkel, Diego	Sterling	5:38.16
10 Stalder, Joe	Humboldt-TRS	5:38.52
11 Tarr, Landon	Cornerstone	5:49.47
12 Hemsworth, Lucas	Cornerstone	6:01.71
13 Meybrunn, Levi	Lewiston	6:07.32
14 Bauman, Kyle	FC Sacred He	6:08.61
15 Roberts, Ryan	NC Lourdes C	6:11.06
16 Keithley, Nicholas	FC Sacred He	6:27.43
--- Froeschl, Anthony	FC Sacred He	NT
--- Roberts, Ethan	NC Lourdes C	NT

Boys 3200 Meter Run

Meet Record: 10:05.00 * 1998

Pat MacDonald

Name	School	Finals
1 Kearney, James	NC Lourdes C	10:35.98 10
2 Jasa, Logan	Sterling	11:01.14 8
3 Haeder, Ethan	Cornerstone	11:05.37 6
4 Sterkel, Diego	Sterling	11:40.89 4
5 Taylor, William	Humboldt-TRS	11:41.02 2
6 Tarr, Landon	Cornerstone	12:22.90 1
7 Rapp, Kevin	Pawnee City	13:12.19
8 Froeschl, Jake	FC Sacred He	13:18.86

Boys 110 Meter Hurdles

Meet Record: 14.70 * 1998

Anthony Harms

Name	School	Prelims
1 Willey, Shamar	Pawnee City	15.87q
2 Bock, Sam	O Brownell-T	16.49q
3 Simon, Jarrot	FC Sacred He	17.78q
4 Fossenbarger, Caleb	Johnson-Broc	18.03q
5 Brandt, Burton	Syracuse	18.46q
6 Cromer, Tanner	FC Sacred He	18.50q
7 LaRue, Micah	Palmyra	18.87q
8 Selander, Caden	Heartland Ch	20.35q
9 Reimer, Ashton	O Brownell-T	23.30

Boys 110 Meter Hurdles

Meet Record: 14.70 * 1998

Anthony Harms

Name	School	Finals
1 Willey, Shamar	Pawnee City	15.96 10

2019 Robert A. Roh/Falls City Sacred Heart Irish Invitational - 4/16/2019

Syracuse, NE

Results

Finals ... (Boys 110 Meter Hurdles)

Name	School	Finals
2 Bock, Sam	O Brownell-T	17.91 8
3 Simon, Jarrot	FC Sacred He	18.01 6
4 Fossenbarger, Caleb	Johnson-Broc	18.09 4
5 Cromer, Tanner	FC Sacred He	18.72 2
6 Brandt, Burton	Syracuse	18.83 1
7 LaRue, Micah	Palmyra	19.75
8 Selander, Caden	Heartland Ch	19.81

Boys 300 Meter Hurdles

Meet Record: 40.00 * 2000

Nate O'Grady

Name	School	Finals
1 Willey, Shamar	Pawnee City	41.76 10
2 Fulton, Colter	NC Lourdes C	42.65 8
3 Casteel, Del	FC Sacred He	44.46 6
4 Koester, Kodenn	Pawnee City	44.91 4
5 Boldt, Sam	Sterling	45.12 2
6 Brandt, Burton	Syracuse	45.31 1
7 Hoy, Jake	FC Sacred He	45.44
8 Simon, Jarrot	FC Sacred He	45.76
9 VanGroningen, Cameron	Sterling	47.69
10 Zermeno, Devin	Pawnee City	49.49
11 Reimer, Ashton	O Brownell-T	49.83
12 Hier, Garrett	Sterling	52.51
13 Selander, Caden	Heartland Ch	57.98

Boys 4x100 Meter Relay

Meet Record: 44.50 * 2014

FC Sacred Heart

Team	Relay	Finals
1 Sterling		45.57 10
2 FC Sacred Heart	① Joel R.	47.38 8
3 NC Lourdes Central		47.50 6
4 Pawnee City	② Caleb D.	48.76 4
5 Johnson-Brock		49.84 2
6 Humboldt-TRS	③ Derek B.	49.86 1
7 Palmyra		49.93
8 Cornerstone Christian	④ Tristan D.	51.81
9 Heartland Ch		52.87

Boys 4x400 Meter Relay

Meet Record: 3:32.10 * 2015

Syracuse

Meet Record: 3:32.10 * 4/21/2015 Syracuse

Team	Relay	Finals
1 Sterling		3:38.35 10
2 FC Sacred Heart		3:39.78 8
3 Cornerstone Christian	① Caleb D.	3:48.06 6
4 NC Lourdes Central	② Derek B.	3:51.69 4
5 Pawnee City		3:57.09 2
6 Johnson-Brock	③ Sam B.	3:57.93 1
7 Humboldt-TRS		3:59.53
8 Heartland Ch	④ Tristan D.	4:18.63

Boys 4x800 Meter Relay

Meet Record: 8:30.40 * 2004

Falls City Sacred Heart

Team	Relay	Finals
1 Sterling		8:54.71 10
2 Pawnee City		8:58.17 8
3 NC Lourdes Central	① Diego S.	9:05.56 6
4 Humboldt-TRS	② Trace D.	9:19.63 4
5 Cornerstone Christian		9:36.27 2
6 Johnson-Brock	③ Sam B.	9:36.83 1
7 FC Sacred Heart	④ Logan J.	9:42.97

Boys High Jump

Meet Record: 6-09.50 * 2001

Whit Smith

Name	School	Finals
1 Bock, Sam	O Brownell-T	5-09.00 10
2 Tackett, Caleb	Humboldt-TRS	5-08.00 8
3 Cromer, Tanner	FC Sacred He	5-07.00 6
4 Willey, Shamar	Pawnee City	5-06.00 4
5 Simon, Jarrot	FC Sacred He	5-06.00 2
6 Adams, Sabian	Pawnee City	5-06.00 1
7 Schaaradt, Gage	Humboldt-TRS	5-02.00
7 Knudson, Nic	Humboldt-TRS	5-02.00
9 Brym, Josh	O Brownell-T	5-02.00
10 Weilage, DJ	Heartland Ch	5-00.00
10 Lee, Cade	NC Lourdes C	5-00.00
--- Schawang, Derek	FC Sacred He	NH
--- Pfahl, Max	Sterling	NH
--- Boysen, Edward	Johnson-Broc	NH

Boys Pole Vault

Meet Record: 13-02 * 2008

Alex Wood

Name	School	Finals
1 Bippes, Drew	FC Sacred He	12-06.00 10
2 Catlin, Tyler	FC Sacred He	10-06.00 8
3 Whiffen, Wyatt	Pawnee City	10-00.00 6
4 Lockard, Isaiah	Humboldt-TRS	10-00.00 4
5 Koester, Kodenn	Pawnee City	10-00.00 2
6 Lang, Kaden	Pawnee City	8-06.00 0.5
6 Grafelman, Karl	O Brownell-T	8-06.00 0.5
7 Keithley, Zachary	FC Sacred He	7-06.00

Boys Long Jump

Meet Record: 22-08.75 * 2012

Kale Wolken

Name	School	Finals
1 Hahn, Ty	Johnson-Broc	19-10.50 10
2 Hoy, Jake	FC Sacred He	19-06.50 8
3 Aldana, Aiden	NC Lourdes C	19-06.00 6
4 Bippes, Drew	FC Sacred He	18-10.00 4
5 Poppen, Gabe	Cornerstone	18-06.50 2
6 VanGroningen, Cameron	Sterling	18-05.00 1
7 Whiffen, Wyatt	Pawnee City	18-03.50

2019 Robert A. Roh/Falls City Sacred Heart Irish Invitational - 4/16/2019

Syracuse, NE

Results

Finals ... (Boys Long Jump)

Name	School	Finals
8 Aldana, Andrew	NC Lourdes C	17-11.50
9 Volker, Wyatt	Johnson-Broc	17-05.00
10 Gyhra, Bryce	Pawnee City	17-00.00
11 Brown, Sam	Pawnee City	16-08.00
12 Bauman, Kyle	FC Sacred He	15-11.00
13 Goracke, Kody	Sterling	15-10.50
13 Watkins, Cristian	NC Lourdes C	15-10.50
15 Hier, Garrett	Sterling	15-08.50
16 Pope, Jarin	Palmyra	15-04.00
17 Gibbs, Jake	O Brownell-T	14-07.00
18 Lintner, Cody	Syracuse	14-04.00
19 Brym, Josh	O Brownell-T	14-03.50
20 Munos, Jake	Cornerstone	13-02.00
21 Smith, Kilik	Palmyra	10-08.50
22 Werman, Caleb	Humboldt-TRS	10-07.00

Boys Triple Jump

Meet Record: 43-11.50 * 2008

Jordan Tyrance

Name	School	Finals
1 Boldt, Sam	Sterling	39-11.75 10
2 Lee, Beau	NC Lourdes C	39-09.00 8
3 Stice, Jamie	FC Sacred He	39-08.50 6
4 Jordan, Jakob	FC Sacred He	39-01.00 4
5 Brandt, Burton	Syracuse	38-09.25 2
6 Fossenbarger, Cole	Johnson-Broc	38-07.75 1
7 Hoy, Jake	FC Sacred He	38-01.00
8 Lee, Cade	NC Lourdes C	37-01.00
9 Fossenbarger, Caleb	Johnson-Broc	36-09.25
10 Waltke, Andrew	Palmyra	35-09.50
11 VanGroningen, Cameron	Sterling	35-08.00
12 Brown, Sam	Pawnee City	35-07.25
13 Weilage, DJ	Heartland Ch	35-06.50
14 Gyhra, Bryce	Pawnee City	34-09.25
15 Hier, Garrett	Sterling	34-03.25
16 Raymond, Max	Heartland Ch	29-11.00

Boys Shot Put

Meet Record: 56-04.25 * 2014

Scott Borchert

Name	School	Finals
1 Moerer, Seth	Johnson-Broc	50-07.00 10
2 Gray, Marcus	Pawnee City	48-07.00 8
3 Darveau, Branson	FC Sacred He	44-02.50 6
4 Nachtigal, Brogan	FC Sacred He	43-07.00 4
5 Hazen, Cody	Humboldt-TRS	42-04.00 2
6 Avena, Sam	Sterling	41-09.50 1
7 Honeysuckle, Damon	NC Lourdes C	40-04.50
8 Harrell, Brandon	O Brownell-T	40-00.00
9 Tellez, Tyler	NC Lourdes C	39-08.50
10 Gyhra, Mitch	Pawnee City	38-06.00
11 Clark, Skylar	Pawnee City	38-05.00
12 Kapke, Connor	Palmyra	38-01.00
13 Young, Carl	Cornerstone	37-05.50

14 Werner, Nolan	Syracuse	36-10.00
15 Richardson, Andrew	Sterling	36-00.50
16 Kempkes, Kaleb	Palmyra	35-07.00
17 Lenard, Sloan	FC Sacred He	35-01.00
18 Worthey, Aiden	Humboldt-TRS	33-01.00
19 Bayer, Cole	Heartland Ch	32-08.00
20 Spruth-Janssen, Isaiah	Johnson-Broc	31-08.50
21 Lindeman, Lukas	Palmyra	31-03.00
22 Selander, Caden	Heartland Ch	31-00.50
23 DeGolyer, Kayden	Syracuse	29-10.00
24 McDonald, Tanner	Sterling	29-08.00
25 Guhde-Egger, George	Johnson-Broc	29-05.00
26 Maahs, Ian	Humboldt-TRS	29-04.00
27 Janssen, Jonathan	Lewiston	28-02.50
28 Horne, Ethan	Lewiston	26-04.00
29 May, Rheece	Cornerstone	24-06.00
30 Lovett, Quinton	Cornerstone	21-10.00
31 Creek, Kienen	Lewiston	18-05.00
32 Ledvina, Daneil	Heartland Ch	13-07.50
33 Walton, Drew	NC Lourdes C	2-11.50

Boys Discus Throw

Meet Record: 183-05 * 2003

Bobby Musil

Name	School	Finals
1 Moerer, Seth	Johnson-Broc	147-09 10
2 Gray, Marcus	Pawnee City	133-05 8
3 Darveau, Branson	FC Sacred He	122-04 6
4 Richardson, Andrew	Sterling	119-07 4
5 Clark, Skylar	Pawnee City	114-03 2
6 Hazen, Cody	Humboldt-TRS	113-06 1
7 Tellez, Tyler	NC Lourdes C	111-07
8 Avena, Sam	Sterling	107-02
9 Kempkes, Kaleb	Palmyra	105-07
10 Osborne, Simon	Pawnee City	104-08
11 Kapke, Connor	Palmyra	104-05
11 McDonald, Tanner	Sterling	104-05
13 Nachtigal, Brogan	FC Sacred He	103-09
14 Young, Carl	Cornerstone	103-07
15 Witt, Tyler	FC Sacred He	101-09
16 Harrell, Brandon	O Brownell-T	101-08
17 Benham, Mason	Johnson-Broc	96-04
18 Werner, Nolan	Syracuse	96-03
19 Honeysuckle, Damon	NC Lourdes C	91-09
20 Bayer, Cole	Heartland Ch	90-01
21 DeGolyer, Kayden	Syracuse	88-03
22 Chipman, Braedon	NC Lourdes C	78-05
22 Guhde-Egger, George	Johnson-Broc	78-05
24 Worthey, Aiden	Humboldt-TRS	77-04
25 Selander, Caden	Heartland Ch	71-01
26 Reginald, Adam	O Christian	66-09
27 Horne, Ethan	Lewiston	63-08
28 Creek, Kienen	Lewiston	58-00
29 Maahs, Ian	Humboldt-TRS	52-04

2019 Robert A. Roh/Falls City Sacred Heart Irish Invitational - 4/16/2019**Syracuse, NE****Results****Men - Team Rankings - 17 Events Scored**

1) Sterling	109
2) FC Sacred Heart	106
3) Pawnee City	85.5
4) Johnson-Brock	74
5) NC Lourdes Central	61
6) Cornerstone Christian	34
7) Humboldt-TRS	26
8) O Brownell-Talbot	20.5
9) Syracuse	10
10) Palmyra	1

2019 Robert A. Roh/Falls City Sacred Heart Irish Invitational - 4/16/2019

Syracuse, NE

Results

Girls 100 Meter Dash

Meet Record: 11.90 * 2005

Sarah Lyons

Name	School	Prelims
Preliminaries		
1 Harms, Nicole	Sterling	13.46q
2 Malone, Lauren	FC Sacred He	14.06q
3 Luff, Briley	Palmyra	14.18q
4 Klein, Jessie	Sterling	14.30q
5 Guido, Avery	Cornerstone	14.45q
6 Beckner, Morgan	Heartland Ch	14.64q
7 Linse, Carissa	Cornerstone	14.66q
8 Glathar, Katilyn	Humboldt-TRS	14.69q
9 Wingert, Ella	Sterling	14.69
10 Heng, Emma	NC Lourdes C	14.70
11 Petrusis, Josie	O Brownell-T	14.89
12 Waltke, Marissa	Palmyra	15.00
13 Bruggeman, Ruby	NC Lourdes C	15.04
14 Stamper, Madi	FC Sacred He	15.07
15 Hahn, Jady	Johnson-Broc	15.12
16 Esser, Ainsley	NC Lourdes C	15.16
17 Arguello, Adrian	Johnson-Broc	15.17
18 Frederick, Taylor	FC Sacred He	15.68
19 Potratz, Hadley	Pawnee City	16.11
20 Ip, Kidman	O Brownell-T	16.61
21 Witte, Skylar	Johnson-Broc	16.83
22 Leech, Jacey	Humboldt-TRS	17.14
23 Wiemers, Alexis	Pawnee City	17.49
24 deKoning, Becca	Lewiston	19.13
25 Selander, Adelyn	Heartland Ch	19.23
26 Brusca, Lexi	O Christian	19.98
27 Taylor, Lilly	O Christian	20.01
--- Knox, Hannah	Syracuse	DNF

Girls 100 Meter Dash

Meet Record: 11.90 * 2005

Sarah Lyons

Name	School	Finals
Finals		
1 Harms, Nicole	Sterling	13.11 10
2 Malone, Lauren	FC Sacred He	13.68 8
3 Klein, Jessie	Sterling	13.84 6
4 Luff, Briley	Palmyra	13.91 4
5 Glathar, Katilyn	Humboldt-TRS	14.06 2
6 Guido, Avery	Cornerstone	14.42 1
7 Linse, Carissa	Cornerstone	14.45
8 Beckner, Morgan	Heartland Ch	14.46

Girls 200 Meter Dash

Meet Record: 24.60 * 2005

Sarah Lyons

Name	School	Prelims
Preliminaries		
1 Fulton, Brianna	NC Lourdes C	28.13q
2 Rice, Eliza	O Brownell-T	28.19q
3 Klein, Jessie	Sterling	28.86q
4 Tegtmeier, Reyana	Pawnee City	28.87q
5 Ebel, Lainey	FC Sacred He	29.42q

6 Blum, Emma	O Christian	29.81q
7 White, Brianna	Cornerstone	29.89q
8 Wightman, Emalie	O Brownell-T	30.01q
9 Meyer, Ivy	NC Lourdes C	30.21
10 Beckner, Morgan	Heartland Ch	30.25
11 Waltke, Marissa	Palmyra	30.34
12 Heng, Emma	NC Lourdes C	30.61
13 Lundquist, Kylie	O Christian	31.13
14 Wingert, Malayna	Sterling	31.14
15 Christen, Dana	Lewiston	31.57
16 Stamper, Madi	FC Sacred He	31.79
17 Bellotto, Giorgia	Palmyra	31.86
18 Guido, Avery	Cornerstone	32.11
19 Luff, Briley	Palmyra	32.36
20 Walters, Tara	Sterling	32.41
21 Garriss, Jayda	Syracuse	32.45
22 Frederick, Taylor	FC Sacred He	33.25
23 Selander, Adelyn	Heartland Ch	33.28
24 Potratz, Hadley	Pawnee City	33.75
25 Richards, Joanna	O Christian	34.39
26 Spruth-Janssen, Kyria	Johnson-Broc	34.49
27 Chen, Dana	Lewiston	34.75
28 Ip, Kidman	O Brownell-T	35.30
29 Leech, Jacey	Humboldt-TRS	36.81
30 Wiemers, Alexis	Pawnee City	37.94
31 Wegner, Alexandra	Johnson-Broc	38.70

Girls 200 Meter Dash

Meet Record: 24.60 * 2005

Sarah Lyons

Name	School	Finals
Finals		
1 Fulton, Brianna	NC Lourdes C	28.12 10
2 Rice, Eliza	O Brownell-T	28.67 8
3 Ebel, Lainey	FC Sacred He	28.87 6
4 Blum, Emma	O Christian	28.94 4
5 Tegtmeier, Reyana	Pawnee City	29.05 2
6 Klein, Jessie	Sterling	29.42 1
7 White, Brianna	Cornerstone	30.00
8 Wightman, Emalie	O Brownell-T	30.70

Girls 400 Meter Dash

Meet Record: 59.70 * 1999

Mandy Bornemeier

Name	School	Finals
Finals		
1 Fulton, Brianna	NC Lourdes C	1:02.18 10
2 Tegtmeier, Reyana	Pawnee City	1:05.40 8
3 Ebel, Lainey	FC Sacred He	1:05.94 6
4 Schaardt, Ellie	Humboldt-TRS	1:06.77 4
5 Wightman, Emalie	O Brownell-T	1:07.01 2
6 Schaardt, Peyton	Humboldt-TRS	1:07.66 1
7 Wingert, Malayna	Sterling	1:09.11
8 Schrag, April	Cornerstone	1:09.17
9 Baumert, Elizabeth	NC Lourdes C	1:09.32
10 Lundquist, Kylie	O Christian	1:09.71
11 Waltke, Marissa	Palmyra	1:10.02
12 Savory, Maya	O Brownell-T	1:12.60

2019 Robert A. Roh/Falls City Sacred Heart Irish Invitational - 4/16/2019

Syracuse, NE

Results

Finals ... (Girls 400 Meter Dash)

Name	School	Finals
13 Littrel, Madison	FC Sacred He	1:12.82
14 Nanninga, Lauren	Humboldt-TRS	1:13.49
15 Allgood, Bayley	NC Lourdes C	1:16.36
15 Koehler, Jayse	Johnson-Broc	1:16.36
17 Ptacnik, Taya	Palmyra	1:17.10
18 Janssen, Dani	Sterling	1:17.70
19 Parolek, Lillian	Palmyra	1:17.88
20 Chen, Dana	Lewiston	1:17.91
21 Richards, Joanna	O Christian	1:19.23
22 Potratz, Hadley	Pawnee City	1:21.83
23 Hayes, Brooklyn	O Christian	1:22.88
24 Stile, Sarah	Heartland Ch	1:22.98

Girls 800 Meter Run

Meet Record: 2:22.60 * 2014

Haley Harsin

Name	School	Finals
Finals		
1 Frazee, Abbie	Palmyra	2:40.78 10
2 Wightman, Emalie	O Brownell-T	2:43.88 8
3 Edwards, Logan	Johnson-Broc	2:43.95 6
4 Sandfort, Audrey	Johnson-Broc	2:45.90 4
5 Menninga, Krista	Pawnee City	2:49.69 2
6 Wusk, Kaity	Sterling	2:49.74 1
7 Baumert, Elizabeth	NC Lourdes C	2:56.34
8 Littrel, Madison	FC Sacred He	3:00.36
9 Guerri, Maleah	Cornerstone	3:00.55
10 Stalder, Abby	Humboldt-TRS	3:01.52
11 Savory, Maya	O Brownell-T	3:01.59
12 Littrel, Emma	FC Sacred He	3:01.82
13 Howard, Kaitlyn	NC Lourdes C	3:01.99
14 Epler, Brooklyn	Johnson-Broc	3:04.56
15 Howe, Aly	Humboldt-TRS	3:05.02
16 Rowland, Mackenzie	Cornerstone	3:06.06
17 Gay, Vivian	NC Lourdes C	3:08.19
18 Zimmerling, Tara	Humboldt-TRS	3:12.91
19 Frederick, Taylor	FC Sacred He	3:14.76
20 Stile, Sarah	Heartland Ch	3:19.28
21 Bohaty, Trinity	Palmyra	3:25.65

Girls 1600 Meter Run

Meet Record: 5:19.00 * 2012

Haley Harsin

Name	School	Finals
Finals		
1 Ortiz, Abby	Syracuse	6:06.09 10
2 Moses, Grace	Cornerstone	6:08.04 8
3 Edwards, Logan	Johnson-Broc	6:18.41 6
4 Simon, Ella	FC Sacred He	6:25.09 4
5 Defreeze, Addie	NC Lourdes C	6:53.98 2
6 Wilson, Naomi	Heartland Ch	7:01.83 1
7 Littrel, Emma	FC Sacred He	7:15.17
8 Zimmerling, Tara	Humboldt-TRS	7:15.22
9 Gay, Althea	NC Lourdes C	7:19.87
10 Gay, Vivian	NC Lourdes C	7:29.81
11 Blevins, Bri	Cornerstone	7:36.40

12 Lafferty, Kaylee Sterling 7:45.25

Girls 3200 Meter Run

Meet Record: 11:51.80 * 2014

Haley Harsin

Name	School	Finals
Finals		
1 Simon, Ella	FC Sacred He	13:17.47 10
2 Arena, Masyn	Lewiston	14:46.83 8
3 Wilson, Naomi	Heartland Ch	15:04.55 6
4 Gottula, Olivia	Pawnee City	15:09.67 4
5 Stalder, Matilyn	Humboldt-TRS	15:33.07 2
6 Hain, Brooke	Humboldt-TRS	15:33.12 1
7 Lafferty, Kaylee	Sterling	16:03.27
8 Pierce, Alyssa	Pawnee City	16:42.42
9 Gay, Althea	NC Lourdes C	16:48.10
10 Worthey, Betty	Humboldt-TRS	16:59.25

Girls 100 Meter Hurdles

Meet Record: 15.20 * 1998

Julie Froeschl

Meet Record: 15.20 * 4/22/2014 Emily Harsin

Name	School	Prelims
Preliminaries		
1 Harms, Nicole	Sterling	16.79q
2 Gines, Eternity	O Christian	16.88q
3 Madison, Elaina	NC Lourdes C	17.94q
4 Novak, Natalie	Humboldt-TRS	18.03q
5 Wilhelm, Halle	Syracuse	18.87q
6 Heng, Emma	NC Lourdes C	18.98q
7 Davis, Kyla	Palmyra	19.11q
8 Blum, Emma	O Christian	19.24q
9 Christen, Dana	Lewiston	19.30
10 Weninger, Olivia	NC Lourdes C	19.41
11 Lillenas, Christina	Johnson-Broc	19.51
12 Gabriel, Jami	Palmyra	20.02
13 Witt, McKenzie	FC Sacred He	20.34
14 Catlin, Ciara	FC Sacred He	20.35
15 Parolek, Lillian	Palmyra	20.67
16 Guhde-Egger, Maxine	Johnson-Broc	20.72
17 Murphy, Iliana	Heartland Ch	21.36
18 Kuhnke, Devin	Johnson-Broc	21.54

Girls 100 Meter Hurdles

Meet Record: 15.20 * 1998

Julie Froeschl

Meet Record: 15.20 * 4/22/2014 Emily Harsin

Name	School	Finals
Finals		
1 Harms, Nicole	Sterling	15.90 10
2 Gines, Eternity	O Christian	17.42 8
3 Novak, Natalie	Humboldt-TRS	17.50 6
4 Madison, Elaina	NC Lourdes C	18.35 4
5 Heng, Emma	NC Lourdes C	18.56 2
6 Wilhelm, Halle	Syracuse	18.68 1
7 Blum, Emma	O Christian	18.75
8 Davis, Kyla	Palmyra	19.37

2019 Robert A. Roh/Falls City Sacred Heart Irish Invitational - 4/16/2019

Syracuse, NE

Results

Girls 300 Meter Hurdles

Meet Record: 46.40 * 2011 Courtney VanGrongingen

Name	School	Finals
Finals		
1 Harms, Nicole	Sterling	47.11 10
2 Gines, Eternity	O Christian	51.90 8
3 Madison, Elaina	NC Lourdes C	54.94 6
4 Wilhelm, Halle	Syracuse	55.01 4
5 Christen, Dana	Lewiston	55.25 2
6 Linse, Carissa	Cornerstone	55.75 1
7 Shafer, Gracie	Humboldt-TRS	56.10
8 Glathar, Katilyn	Humboldt-TRS	56.15
9 Weninger, Olivia	NC Lourdes C	56.38
10 Sweney, Madelyn	Palmyra	56.41
11 Vonderschmidt, Erison	FC Sacred He	56.60
12 Wenzl, Carly	Sterling	56.74
13 Witt, McKenzie	FC Sacred He	56.80
14 Gabriel, Jami	Palmyra	57.36
15 Schaardt, Peyton	Humboldt-TRS	57.41
16 Teunissen, Lily	O Brownell-T	59.90
17 Lillenas, Christina	Johnson-Broc	59.91
18 Catlin, Ciara	FC Sacred He	1:02.16
19 Guhde-Egger, Maxine	Johnson-Broc	1:06.16
20 Murphy, Iliana	Heartland Ch	1:07.80
20 Robinson, Bryce	O Brownell-T	1:07.80

Girls 4x100 Meter Relay

Meet Record: 50.80 * 1999 Omaha Brownell-Talbot

Team	Relay	Finals
Finals		
1 O Christian Academy		54.41 10
2 Sterling	① Malayna W.	54.66 8
3 NC Lourdes Central		55.29 6
4 Humboldt-TRS	② Jessie K.	55.65 4
5 Palmyra		56.08 2
6 FC Sacred Heart	③ Ella W.	56.21 1
7 Syracuse	④ Nicole H.	57.55
8 Cornerstone Christian		58.19
9 Pawnee City		58.49
10 Johnson-Brock		58.77
11 Heartland Ch		1:03.69
12 O Brownell-Talbot		1:04.80

Girls 4x400 Meter Relay

Meet Record: 4:16.70 * 1998 Falls City Sacred Heart

Team	Relay	Finals
Finals		
1 FC Sacred Heart		4:45.58 10
2 Pawnee City		4:46.26 8
3 Humboldt-TRS		4:49.19 5
3 Cornerstone Christian		4:49.19 5
5 Syracuse		4:53.89 2
6 NC Lourdes Central		4:54.08 1
7 Palmyra		4:54.72
8 O Brownell-Talbot		5:06.45

9 Johnson-Brock	5:08.18
10 O Christian Academy	5:30.99
11 Heartland Ch	6:14.47

Girls 4x800 Meter Relay

Meet Record: 10:27.10 * 1998 Falls City Sacred Heart

Team	Relay	Finals
Finals		
1 Palmyra		11:16.82 10
2 Sterling		11:28.31 8
3 NC Lourdes Central		11:37.25 6
4 Johnson-Brock	Malayna W.	11:44.96 4
5 FC Sacred Heart	Kelly W.	11:49.55 2
6 Humboldt-TRS		11:55.68 1
7 Cornerstone Christian	Sydney H.	12:45.76
--- Syracuse	Carly W.	DNF

Girls High Jump

Meet Record: 5-04.50 * 2004 Ashley Smith

Name	School	Finals
Finals		
1 Buchmeier, Taylor	Johnson-Broc	5-00.00 10
2 Madison, Elaina	NC Lourdes C	4-11.00 8
3 deKoning, Sierra	Pawnee City	J4-11.00 6
4 Teunissen, Lily	O Brownell-T	4-08.00 4
5 Esser, Ainsley	NC Lourdes C	J4-08.00 2
6 Witt, McKenzie	FC Sacred He	4-06.00 1
7 Catlin, Ciara	FC Sacred He	J4-06.00
8 Whyman, Clara	Palmyra	J4-06.00
9 Zimmerling, Tara	Humboldt-TRS	4-04.00
10 Walters, Tara	Sterling	4-02.00
10 Chen, Dana	Lewiston	4-02.00
10 Clark, Maggie	Johnson-Broc	4-02.00
13 Holthus, Kelsie	Sterling	4-00.00
13 Martinson, Abby	O Christian	4-00.00
13 Christen, Dana	Lewiston	4-00.00
--- Bellotto, Giorgia	Palmyra	NH

Girls Pole Vault

Meet Record: 10-00 * 2000 Julie Froeschl

Name	School	Finals
Finals		
1 Catlin, Ciara	FC Sacred He	9-00.00 10
2 Vasco, Jennabella	Humboldt-TRS	8-06.00 8
3 Stanley, Kennedy	Syracuse	J8-06.00 6
4 Howe, Aly	Humboldt-TRS	7-06.00 4
5 Nanninga, Lauren	Humboldt-TRS	J7-06.00 2
6 Frederick, Taylor	FC Sacred He	6-06.00 1
7 Gottula, Olivia	Pawnee City	J6-06.00
7 Knox, Hannah	Syracuse	J6-06.00
9 Teunissen, Lily	O Brownell-T	5-06.00

2019 Robert A. Roh/Falls City Sacred Heart Irish Invitational - 4/16/2019

Syracuse, NE

Results

Girls Long Jump

Meet Record: 17-06.25 * 2014

Mariah Willey

Name	School	Finals
Finals		
1 deKoning, Sierra	Pawnee City	15-00.50 10
2 Wingert, Ella	Sterling	14-10.00 8
3 Novak, Natalie	Humboldt-TRS	14-10.00 6
4 Esser, Ainsley	NC Lourdes C	14-07.00 4
5 Blum, Emma	O Christian	14-04.00 2
6 Knox, Hannah	Syracuse	14-02.75 1
7 Hahn, Jady	Johnson-Broc	13-11.75
8 Luff, Briley	Palmyra	13-09.00
9 Wenzl, Carly	Sterling	13-06.00
10 Vonderschmidt, Erison	FC Sacred He	13-04.00
11 Ptacnik, Taya	Palmyra	12-01.25
12 Bruggeman, Ruby	NC Lourdes C	12-01.00
13 Richey, Mya	Humboldt-TRS	11-10.50
--- Bergstrom, Adeline	O Christian	ND

Girls Triple Jump

Meet Record: 36-04 * 2003

Michelle Habegger

Name	School	Finals
Finals		
1 Novak, Natalie	Humboldt-TRS	32-06.50 10
2 Weninger, Olivia	NC Lourdes C	31-06.50 8
3 Bergstrom, Adeline	O Christian	31-05.00 6
4 Madison, Elaina	NC Lourdes C	31-03.00 4
5 Vonderschmidt, Erison	FC Sacred He	30-06.75 2
6 deKoning, Sierra	Pawnee City	30-00.00 1
7 Malone, Lauren	FC Sacred He	29-09.00
8 Beckner, Morgan	Heartland Ch	28-08.25
9 Holtus, Kelsie	Sterling	28-07.75
10 Davis, Kyla	Palmyra	28-07.00
11 Schrag, April	Cornerstone	28-03.25
12 Gabriel, Jami	Palmyra	28-02.50
13 Schaardt, Ellie	Humboldt-TRS	27-09.75
14 Sandfort, Audrey	Johnson-Broc	26-06.00

Girls Shot Put

Meet Record: 44-01 * 2006

Samantha Musil

Name	School	Finals
Finals		
1 Thies, Colby	Sterling	36-10.00 10
2 Branek, Madison	Pawnee City	34-07.00 8
3 Akena, Emily	Sterling	34-04.50 6
4 Stutheit, Fallon	Johnson-Broc	33-01.50 4
5 Haner, Belle	Sterling	32-00.00 2
6 Parsons, Sydney	Syracuse	31-11.50 1
7 Branch, Austin	Pawnee City	31-11.00
8 Vollertson, Lily	Syracuse	31-10.00
9 Hodges, Elizabeth	Johnson-Broc	31-07.00
10 Klepper, Ashlynn	Pawnee City	30-11.50
11 Wright, Natalie	NC Lourdes C	30-07.50
12 Petrusis, Josie	O Brownell-T	30-01.50
13 Magdanz, Rachel	FC Sacred He	28-05.50

14	Teaney, Kalainee	Heartland Ch	28-00.00
15	Vaughan, Alli	Humboldt-TRS	27-09.50
16	Koehler, Jordan	Johnson-Broc	27-07.50
17	Brym, Savannah	O Brownell-T	27-05.00
18	Lawson-Betum, Thalia	O Brownell-T	27-01.50
19	Schock, Evi	FC Sacred He	26-01.50
20	Whyman, Clara	Palmyra	25-05.50
21	Danner, Kaitlin	Syracuse	24-02.00
22	Frederick, Emma	FC Sacred He	23-06.50
23	Heng, Elizabeth	NC Lourdes C	23-05.00
24	Worthey, Betty	Humboldt-TRS	23-04.00
24	Hutton, Emily	Humboldt-TRS	23-04.00
26	Bando, Aubrey	NC Lourdes C	22-03.50
27	deKoning, Becca	Lewiston	22-00.00
28	Bellotto, Giorgia	Palmyra	21-06.00
29	Whyman, Mollie	Palmyra	21-03.00
30	Smith, Rachel	Cornerstone	20-00.00

Girls Discus Throw

Meet Record: 139-07 * 2006

Samantha Musil

Name	School	Finals
Finals		
1 Klepper, Ashlynn	Pawnee City	104-10 10
2 Akena, Emily	Sterling	101-08 8
3 Thies, Colby	Sterling	100-09 6
4 Hodges, Elizabeth	Johnson-Broc	97-05 4
5 Worthey, Betty	Humboldt-TRS	97-00 2
6 Branch, Austin	Pawnee City	94-07 1
7 Janssen, Dani	Sterling	92-00
8 Branek, Madison	Pawnee City	87-03
9 Schock, Evi	FC Sacred He	80-10
10 Teaney, Kalainee	Heartland Ch	80-00
11 Wright, Natalie	NC Lourdes C	76-01
12 Magdanz, Rachel	FC Sacred He	75-06.50
13 Koehler, Jordan	Johnson-Broc	75-02
14 Frederick, Emma	FC Sacred He	69-02
15 Reginald, Grace	O Christian	68-06
16 Bellotto, Giorgia	Palmyra	66-10
17 deKoning, Becca	Lewiston	66-05
18 Bando, Aubrey	NC Lourdes C	59-01.50
19 Danner, Kaitlin	Syracuse	58-07
20 Parsons, Sydney	Syracuse	57-09
21 Flynn, Mikkayla	Humboldt-TRS	57-01.50
22 Whyman, Clara	Palmyra	56-07
23 Heng, Elizabeth	NC Lourdes C	54-03
24 Lawson-Betum, Thalia	O Brownell-T	53-05
25 McClarnen, Kenna	Humboldt-TRS	51-03.50
26 Whyman, Mollie	Palmyra	51-02
27 Brym, Savannah	O Brownell-T	37-03
28 Taylor, Lilly	O Christian	33-07

Women - Team Rankings - 17 Events Scored

1) Sterling	94
2) NC Lourdes Central	73

2019 Robert A. Roh/Falls City Sacred Heart Irish Invitational - 4/16/2019**Syracuse, NE****Results**

3) FC Sacred Heart	61
4) Pawnee City	60
5) Humboldt-TRS	58
6) Johnson-Brock	38
6) O Christian Academy	38
8) Palmyra	26
9) Syracuse	25
10) O Brownell-Talbot	22
11) Cornerstone Christian	15
12) Lewiston	10
13) Heartland Christian, IA	7