

Jet News June/July 2014

SUPERINTENDENT'S NOTES

by Mike Davis



PreSchool Will Be Full Time in 2014-15

It is official; the State School Board approved the Sterling PreSchool Expansion Grant application. This funding will be \$60,000 per year for three years and allows the school to offer this expanded program to 3 and 4 year olds. Currently I have the names of 12 preschool students who will be 4 year olds and 5 who will be 3 year olds. We only have room for 3 more students.

Air Quality Project

Cheever Construction has started with the demolition and reconstruction projects to improve the quality of the air in the schools and the gym. The goal is to have the projects completed by the time school starts in August.

5th and 6th Grades Departmentalizing

Ms. Kate Agena and Mr. Luke Boldt will split the duties of teaching the 5th and 6th grade students next school year.

4th Grade Teacher

Congratulations to Mr. Matt Markowski on getting hired at Norris Schools! Mr. Theobald and I are interviewing candidates to replace Mr. Markowski.

Media and Technology Department

Congratulations to Ms. Allison Zwygart for getting hired at Pawnee City for next year! Mr. Theobald and I are interviewing candidates to replace Ms. Zwygart as well.

Para Educators

With the addition of preschool students an addition para educator is needed and Dee Phillips has been moved from special education para. The position as a library para educator to replace Mrs. Karla Daehling will be filled by Renae Kinney, who is currently a special education para.

Special Education Para Educators Needed

Two para educators will be needed for the special education program at Sterling Public Schools. I have several applications for the preschool program and the library para positions. These applicants will be contacted to see if they would still be interested in the special education para positions.

Sterling Boys Team 2nd in Class D at State Track

Congratulations to the Boys Track Team and Coaches for taking 2nd at State! The boys who earned medals are Kody Benson – 3rd in shot put and 4th in discus, Chris Wenzl – 4th in shot put, 2nd place 3200 meter relay team (Dylan Benson, Seth Harms, Rhet Dirks and Trey Trauernicht, Trey Trauernicht – 4th and Rhet Dirks – 6th in 800 meter run and 3rd place 1600 meter relay team – Trey Trauernicht, Rhet Dirks, Chris Wenzl and Jesse Phillips.

SUPERINTENDENT'S NOTES *continued*

Sterling Girls Team 9th in Class D at State Track

Congratulations to the Girls Track Team and Coaches for taking 9th at State. The girls who earned medals are State Champion in discus – Jordan Lempka, Jazzy Eickhoff – 7th in shot put, Taylor Cockerill – 8th in 800 meter run and 3rd in the 1600 meter run, 4th place 3200 meter relay team (Tara Hestermann, Wendy Sterkel, Bailey Kahler and Taylor Cockerill).

Saying Good-Bye and Happy Retirement

To Carolyn Eilers & Virginia Thiesfeld



Class of 2014

Thank You from Mrs. Clark

Friends, Colleagues, and Family;

My family and I would like to offer our sincerest thanks to everyone who helped arrange and work the benefit for me. The outpouring of kindness and support overwhelmed us in our hour of need. The money has helped pay off many medical bills as well as help with gas to and from my radiation treatments in Lincoln.

We sincerely thank everyone who came and took part, especially Kate, Tammy, Jackie and all of the Sterling Public Schools Staff who helped out in countless ways.

Your generosity and kindness will be paid forward in the future.

Sincerely,

Jennifer Clark and the Clark Family



2014/2015 ACT Test Dates & Registration Deadlines

TEST DATE	REGULAR DEADLINE	LATE FEE REQUIRED
September 13, 2014	August 8, 2014	August 9-22, 2014
October 25, 2014	September 19, 2014	September 20-Oct. 3, 2014
December 13, 2014	November 7, 2014	November 8-21, 2014
February 7, 2015	January 9, 2015	January 10-16, 2015
April 18, 2015	March 13, 2015	March 14-27, 2015
June 13, 2015	May 8, 2015	May 9-22, 2015

The School WEBSITE is a good place to find, forms, information on upcoming events or changes, calendars, etc.....

www.sterlingjets.org

Middle & Sr. High School Honor Roll of Distinction Fourth Quarter/2nd Semester



Students receiving an overall average of 93% or above, with no grade lower than 90%.

** Denotes 2nd Semester Honor Roll Only

6th Grade

Joel Rathe

Colby Thies

Torie Tucker

MaKayla Vermeer

7th Grade

Caleb Dolbow**

Morgan Haner

Nicole Harms

Cameron VanGroningen

Carly Wenzl

Malayna Wingert

8th Grade

Daniel Schwenneker

9th Grade

Austin Buss

Taylor Cockerill

Micah Erickson

10th Grade

Erika Goracke

Hannah Jasa

Thomas Tucker

11th Grade

Benjamin Logston

Tanner Shea

Nathan Thies

12th Grade

Tara Hestermann

Derek Julian

Jordan Lempka



Middle & Sr. High School Honor Roll Fourth Quarter/2nd Semester

Students receiving an overall average of 90% or above, with no grade lower than 85%.

Students earned for both 4th Quarter and 2nd Semester, unless otherwise noted.

* Denotes 4th Quarter Honor Roll Only

** Denotes 2nd Semester Honor Roll Only

6th Grade

Amada Tallant

7th Grade

Emily Agena*

Tristan Dirks**

Logan Jasa

Treygan Keeler

8th Grade

Heidi Eckhardt**

Benjamin Hier

Zachary Scamehorn

Mark Stark

Sheanna Stolz

Talia Vermeer

9th Grade

Alisha Fisher*

Mason Gee*

10th Grade

Haylee Boldt*

Erika Eckhardt

Marah Hestermann

Bailey Kahler*

11th Grade

Megan Barber**

Jazzy Eickhoff**

Meri Hietbrink*

Rebecca Williams

12th Grade

Bailey Bessey**

Sarah Scamehorn

Sterling K-6 School Supplies for 2014-15

Kindergarten:

Three (3) boxes of 24 crayons
Two (2) large glue sticks
One tub of play-dough
Twelve (12) pencils (no mechanical pencils please)
*Two (2) boxes of Kleenex
*Clorox/Lysol wipes
The *items will be shared in the kindergarten classroom.

One (1) paint shirt or smock
One (1) book bag
Tennis Shoes (an extra pair that will stay in their cubby for P.E. and indoor recess)
Please remember to put your child's name on these items.

We need your help in gathering the supplies and materials that will be used throughout the school year. Please help us by sending to school any of the following materials that you would like to donate:

Sandwich size baggies
Large and small white paper plates (not foam)
Ribbon, sequins & craft items

First Grade:

*Pencils (10)
Eraser (1)
Crayons (24 count)
2 Pocket folders
*Glue sticks (2)
Pencil box
P.E. Shoes (to be left at school)

optional:

Colored pencils
Big box of tissues (2)
**Items that may need to be replenished throughout the year.*

Second Grade:

Pencils
Eraser
Crayons
Glue sticks
Ruler w/inches & centimeters
Notebook paper
Pencil box
P.E. Shoes

optional:

Colored Pencils & Markers
2 Boxes of Kleenex

Third Grade:

Several #2 Pencils – *No mechanical*
1 or 2 Large Pink Erasers
1 Box of Crayons (16 or more)
2 boxes of Kleenex
2 - Glue stick
1 - Bottle of glue
1 Single subject notebook (no loose leaf)
****Note, the following folders NEED to be these colors****
1 – yellow folder
1 – red folder
1 – green folder
1 – blue folder
1 – folder of your choice that isn't a color from above
P.E. Shoes

Extras you may want:

Markers & Colored pencils, One pack of loose leaf paper

Fourth Grade:

(This could change with new teacher)
Ruler with millimeters and centimeters
Eight (8) Folders
Spiral Notebook (*Writing/Journal*)
Wide Ruled Loose leaf notebook paper
Crayons
Colored Pencils
Markers
Glue Sticks
Pencils and Erasers
Two (2) boxes of Kleenex
P.E. Shoes

Fifth Grade:

#2 pencils (no mechanical please)
Pens (2 red and the rest black or blue)
2 BLACK erasable board markers (no colored)
One Old Sock
5 pocket folders
College ruled paper or notebooks (5)
Book covers (2)
P.E. shoes
3 boxes of Kleenex
(Please remember these because we go through a lot of them)

Sixth Grade:

2 of the following colors of pens (red, blue, & black)
Pencils #2
3 pocket folders
Paper - lined
Book covers (3)
P.E. shoes
1 box of Kleenex

ELEMENTARY

NO TRAPPER KEEPERS, NO 3 RING BINDERS, NO SCISSORS or NO SHARPENERS

School Supplies for 2014-15 for Grades 7-12

JR HIGH & HIGH SCHOOL:

Math 7 & 8:

3 ring binder with 4 dividers

Loose leaf paper

Pencils/pens

Scientific calculator (optional)

Math 9-12:

3 ring binder with 4 dividers

Loose leaf paper

Pencils/pens

TI-83 or TI-84 calculator (optional)

English 7-12:

3 ring binder

College ruled paper

Blue, Black & Red pens

Pencils

Colored pencils

2 - two pocket folders

Science:

3 Ring binder

Pencils and/or blue pens

Red pens

Colored pencils for labs

Calculator

(Chemistry & Physics should have Scientific calculator)

If you have any questions on what is needed besides this list look at the website.

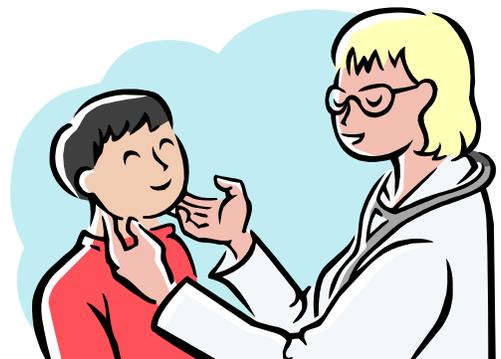
2014 Awards Night Royalty

Queen Jordan Lempka
& King Chris Wenzl



SCHOOL PHYSICALS

If you have a 6th grader going into 7th grade or have a student going out for a sport in 7-12 grades this year, you will need to get a school physical taken. **We do have the release and insurance form on the physical for all parents to sign and return with the student the first day of school. This is only grades 7-12.**



Congratulations

Stasia Nielsen

**who will be playing
in the SCC All Star
Volleyball Game on
June 20 7:30 p.m.
@ Beatrice**



**BASKETBALL
HONORS**

GIRLS

Jordan Lempka

All State D2 First Team (LJS/OWH)

Pioneer All Conference First Team

Tara Hestermann

All State D2 Honorable Mention (OWH)

Pioneer All Conference Honorable Mention

Erika Goracke

All State D2 Honorable Mention (LJS/OWH)

Pioneer All Conference Third Team

Taylor Cockerill

All State D2 Honorable Mention (LJS/OWH)

Pioneer All Conference Second Team

BOYS

Jesse Phillips

Pioneer All Conference Second Team

Kody Benson

Pioneer All Conference Second Team

Chris Wenzl

Pioneer All Conference Honorable Mention

Congratulations

Jesse Phillips

**who will be playing in
the SCC All Star
Basketball Game on
June 21 at 8 p.m.
@ Beatrice**

Congratulations

Sertoma Athletes

Jordan Lempka

& Kody Benson

From the Desk of the Athletic Director

by Brent Heusman

Spring activities have concluded with 16 students representing Sterling High School at the State track meet. The boys track team brought home the Class D Runner-Up trophy. Jordan Lempka ended her athletic career at Sterling as a repeat champion in the discus and also breaking the school record she set last year with her first place throw. Other school track records were broken throughout both the junior high and high school track seasons. Look for updates to the track record boards located in the gym lobby. All students should be commended on another great year of representing Sterling High School activities and athletics.

Pioneer Indoor

Girls – 3rd Place

Taylor Cockerill – 2nd 800M run 2:45.1; 1st High Jump 4'10"
Wendy Sterkel – 2nd 3200M run 14:10.3
Rachel Frerichs-Shea – 6th 3200M run 15:29.3
Tara Hestermann – 5th 60M Hurdles 10.5
Jordan Lempka – 2nd Shot Put 34'2"
Jazzy Eickhoff – 3rd Shot Put 33'9.5"
5th – 4 x 400M Relay 4:48.8
1st – 4 x 800M Relay 10:52.2

Turkey Creek Relays

Girls – 4th Place

3rd 4x400M Relay 4:45.8 (T. Hestermann, Nielsen, Sterkel, Cockerill)
2nd 4x800M Relay 11:04.6 (T. Hestermann, Nielsen, Sterkel, Cockerill)
1st 4x1200M Relay 19:10.2 (Sterkel, Nielsen, Cockerill, T. Hestermann)
1st Shot Put 68'8.75" (Lempka, Eickhoff)
4th Shot Put 60'10" (Keim, Williams)
1st Discus 209'6" (Lempka, Eickhoff)

MUDECAS

Girls – 2nd Place B Division

Bailey Kahler – 5th 100M dash 14.5
Erika Goracke – 4th 200M dash 30.5; 6th 400M dash 1:10.5
Sydney Goracke – 6th 200M dash 31.8; 6th Long Jump 12'4.75"
Taylor Cockerill – 3rd 400M dash 1:08.0; 1st 800M run 2:39.6; 1st 1600M run 6:11.1; 1st High Jump 4'8"
Tara Hestermann – 4th 800M run 2:43.8; 3rd 100M Hurdles 17.5
Wendy Sterkel – 1st 3200M run 13:57.2
Stasia Nielsen – 3rd 300M Hurdles 55.6
Jordan Lempka – 1st Shot Put 36'10"; 1st Discus 124'1"
Jazzy Eickhoff – 2nd Shot Put 36'7.5"; 2nd Discus 97'10"
Becky Williams – 3rd Shot Put 33'6"
4th – 4x100M Relay 58.1 (Nielsen, S. Goracke, Kahler, E. Goracke)
2nd – 4 x 400M Relay 4:44.8 (Nielsen, E. Goracke, Kahler, T. Hestermann)
1st – 4 x 800M Relay 11:03.2 (Nielsen, Frerichs-Shea, Kahler, Sterkel)

Boys – 2nd Place

Jesse Phillips – 2nd 200M dash 24.6; 4th 400M dash 56.2
Trey Trauernicht – 1st 800M run 2:08.9; 1st 1600M run 5:02.4
Rhet Dirks – 2nd 800M run 2:10.6; 2nd 1600M run 5:12.2
Dylan Benson – 2nd 3200M run 12:14.3
Josh Masur – 4th 3200M run 12:26.5
Chris Wenzl – 2nd 60M Hurdles 9.2; 2nd Shot Put 50'3"
Tanner Shea – 3rd Triple Jump 37'5"
Matt Wirthele – 6th Shot Put 40'3"
2nd – 4 x 400M Relay 3:49.9
1st – 4 x 800 M Relay 9:08.9

Boys – 1st Place

4th 4x100M Relay 51.21 (Masur, Dolbow, J. Wenzl, Bessey)
2nd 4x200M Relay 1:42.1 (Dolbow, Buss, C. Wenzl, Phillips)
1st 4x400M Relay 3:43.0 (C. Wenzl, Dirks, Phillips, Trauernicht)
1st 4x800M Relay 9:20.8 (Dirks, Phillips, Harms, Trauernicht)
1st 4x1200M Relay 15:43.4 (Harms, Dirks, D. Benson, Trauernicht)
3rd 1600M Sprint Medley 4:21.2 (Buss, Julian, Bessey, D. Benson)
1st Distance Medley 9:18.2 (Dirks, Harms, Masur, Trauernicht)
3rd Triple Jump 70' (Shea, Julian)
2nd Shot Put 89'0.5" (C. Wenzl, Wirthele)
3rd Discus 214'5" (Wirthele, Phillips)

Boys – 2nd Place B Division

Jesse Phillips – 4th 200M dash 24.0, 3rd Discus 129'3"
Trey Trauernicht – 1st 800M run 2:04.4; 1st 1600M run 4:58.1; 1st 3200M run 11:59.0
Rhet Dirks – 3rd 800M run 2:16.9; 2nd 1600M run 5:05.1
Seth Harms – 4th 800M run 2:19.2; 3rd 1600M run 5:14.1
Dylan Benson – 2nd 3200M run 12:06.3
Josh Masur – 4th 3200M run 12:24.8
Chris Wenzl – 3rd 110M Hurdles 16.9; 1st 300M Hurdles 42.4; 1st Shot Put 52'11"*
Matt Wirthele – 4th Shot Put 43'3.5"
6th – 4x100M Relay 52.0 (Masur, Dolbow, J. Wenzl, Bessey)
2nd – 4x400M Relay 3:44.9 (C. Wenzl, Phillips, Dirks, Trauernicht)
1st – 4x800M Relay 9:37.4 (Harms, Phillips, D. Benson, Dirks)
*new school record

Mustang Invite

Girls – 1st Place

Taylor Cockerill – 1st 800M Run 2:34.8; 2nd High Jump 4'10"; 3rd 1600M Run 6:05.4

Wendy Sterkel – 1st 3200M Run 13:56.3

Tara Hestermann – 2nd 100M Hurdles 17.2; 4th 1600M Run 6:10.8

Jordan Lempka – 2nd Shot Put 35'11"; 1st Discus 110'10"

Jazzy Eickhoff – 3rd Shot Put 34'8.5"

Becky Williams – 4th Shot Put 34'2"

3rd – 4x400M Relay 4:38.3 (Sterkel, E. Goracke, Kahler, T. Hestermann)

2nd – 4x800M Relay 11:10.3 (Nielsen, T. Hestermann, Sterkel, Cockerill)

Lewiston Invite

Girls – 2nd Place

Taylor Cockerill – 2nd 800M run 2:35.8; 3rd 1600M 6:14.8; 3rd High Jump 4'9"

Tara Hestermann – 2nd 1600M run 6:09.7; 2nd 100M Hurdles 17.3

Wendy Sterkel – 3rd 3200M run 13:40.8

Stasia Nielsen – 5th 300M Hurdles 56.1

Jordan Lempka – 1st Shot Put 38'4.5"; 1st Discus 125'3"

Jazzy Eickhoff – 2nd Shot Put 37'2.5"; 3rd Discus 101'5"

Becky Williams – 6th Shot Put 35'1"

4th – 4x400M Relay 4:44.6 (Sterkel, E. Goracke, Kahler, T. Hestermann)

2nd – 4x800M Relay 10:51.5 (T. Hestermann, Sterkel, Kahler, Cockerill)

Irish Invite

Girls – 3rd Place

Taylor Cockerill – 2nd 800M run 2:28.5; 1st 1600M run 5:45.5; 4th High Jump 4'8"

Wendy Sterkel – 3rd 3200M run 13:39.9

Jordan Lempka – 1st Shot Put 37'11"; 1st Discus 119'9.5"

Jazzy Eickhoff – 2nd Shot Put 35'10"; 6th Discus 101'4.5"

Becky Williams – 6th Shot Put 33'1"

6th – 4x400M Relay 4:48.3 (Fisher, E. Goracke, Kahler, Sterkel)

1st – 4x800M Relay 10:48.1 (T. Hestermann, Sterkel, Kahler, Cockerill)

Pioneer Conference

Girls – 3rd Place

Stasia Nielsen – 4th 400M dash 1:06.5

Taylor Cockerill – 2nd 800M run 2:26.6; 2nd 1600M run 5:59.8; 2nd High Jump 5'

Tara Hestermann – 3rd 800M run 2:38.7; 5th 1600M run 6:09.9

Wendy Sterkel – 2nd 3200M run 13:33.9

Jazzy Eickhoff – 1st Shot Put 37'; 4th Discus 107'1"

Jordan Lempka – 2nd Shot Put 36'7.5"; 1st Discus 132'10"

5th – 4x100M Relay 58.3 (E. Goracke, Kahler, S. Goracke, Nielsen)

4th – 4x400M Relay 4:40.7 (Sterkel, E. Goracke, Nielsen, T. Hestermann)

2nd – 4x800M Relay 10:42.0 (T. Hestermann, Sterkel, Kahler, Cockerill)

Boys – 1st Place

Jesse Phillips – 2nd 200M dash 23.2, 2nd Discus 127'11"

Trey Trauernicht – 1st 800M run 2:02.7, 1st 1600M run 4:59.4, 1st 3200M run 10:59.2

Rhet Dirks – 2nd 800M run 2:07.1; 2nd 1600M run 4:59.6

Seth Harms – 4th 800M run 2:09.7; 4th 1600M run 5:11.3

Dylan Benson – 5th 3200M run 11:50.0

Chris Wenzl – 4th 110M Hurdles 16.8; 2nd 300M Hurdles 42.9; 1st Shot Put 48'9"

Matt Wirthele – 6th Shot Put 39'6.5"

1st – 4x400M Relay 3:38.7 (C. Wenzl, Phillips, Dirks, Trauernicht)

1st – 4x800M Relay 8:57.9 (Harms, Phillips, D. Benson, Dirks)

Boys – 3rd Place

Jesse Phillips – 4th 200M dash 23.6; 4th Discus 125'10"

Rhet Dirks – 4th 400M dash 55.1; 5th (tie) 300M Hurdles 44.6

Trey Trauernicht – 1st 800M run 2:03.7; 1st 1600M run 4:58.7

Seth Harms – 5th 800M run 2:15.2

Dylan Benson – 2nd 3200M run 11:28.9

Chris Wenzl – 4th 110M Hurdles 16.9; 3rd 300M Hurdles 42.0; 1st Shot Put 50'10"

Tanner Shea – 6th Triple Jump 38'5.25"

3rd – 4x400M Relay 3:43.5 (C. Wenzl, Phillips, Dirks, Trauernicht)

1st – 4x800M Relay 8:41.7 (Dirks, Harms, D. Benson, Trauernicht)

Boys – 3rd Place

Jesse Phillips – 5th 200M dash 24.4

Rhet Dirks – 3rd 400M dash 53.5; 3rd 300M Hurdles 43.8

Chris Wenzl – 6th 400M dash 55.9; 2nd 300M Hurdles 42.8; 2nd Shot Put 48'11"

Trey Trauernicht – 1st 800M run 2:00.7; 1st 1600M run 4:48.2

Seth Harms – 4th 3200M run 11:02.1

Dylan Benson – 6th 3200M run 11:17.9

Kody Benson – 3rd Shot Put 48'1.5"

3rd – 4x400M Relay 3:51.0 (C. Wenzl, Phillips, Buss, Dirks)

2nd – 4x800M Relay 9:14.4 (Phillips, Harms, D. Benson, Dirks)

Boys – 2nd Place

Jesse Phillips – 6th 200M 24.9; 2nd Discus 139'1"

Rhet Dirks – 3rd 400M dash 54.0;

Chris Wenzl – 5th 400M dash 55.6; 1st 300M Hurdles 42.0, 3rd Shot Put 49'7.25"

Trey Trauernicht – 1st 800M run 2:01.1; 1st 1600M run 5:01.3

Rhet Dirks – 3rd 800M run 2:05.8; 3rd 1600M run 5:08.5

Seth Harms – 5th 800M run 2:23.5; 3rd 3200M run 11:14.0

Josh Masur – 6th 1600M run 5:22.6

Dylan Benson – 2nd 3200M run 11:08.9

Jordan Wenzl – 6th 300M Hurdles 46.0

Tanner Shea – 5th Triple Jump 37'10.75"

Kody Benson – 2nd Shot Put 50'3.5"; 4th Discus 128'3"

3rd – 4x100M Relay 49.8 (Masur, Dolbow, J. Wenzl, Bessey)

3rd – 4x400M Relay 3:51.3 (C. Wenzl, Phillips, Dirks, Trauernicht)

1st – 4x800M Relay 9:13.7 (Harms, Phillips, D. Benson, Dirks)

Freeman Invite

Girls – 2nd Place

Taylor Cockerill – 4th 400M dash 1:04.7; 3rd 800M run 2:37.4;
2nd 1600M run 6:01.2; 2nd High Jump 4'8"
Tara Hestermann – 5th 1600M run 6:08.7
Wendy Sterkel – 3rd 3200M run 13:40.0
Jordan Lempka – 1st Shot Put 37'6.25"; 1st Discus 121'4"
Jazzy Eickhoff – 2nd Shot Put 36'9.25"; 3rd Discus 100'4"
Becky Williams – 4th Shot Put 35'8"
4th – 4x400M Relay 4:39.8 (Sterkel, E. Goracke, Nielsen, T.
Hestermann)
2nd – 4x800M Relay 10:40.3 (Sterkel, Nielsen, Kahler, T.
Hestermann)

Districts

Girls – Runner Up

Taylor Cockerill – 1st 800M Run 2:29.8*; 1st 1600M Run 5:53.4*;
4th High Jump 4'6"
Tara Hestermann – 3rd 800M Run 2:38.9; 3rd 1600M Run 6:14.6
Wendy Sterkel – 2nd 3200M Run 13:21.3*
Sydney Goracke – 6th 300M Hurdles 1:00.1
Jordan Lempka – 1st Shot Put 39'0.25"*; 1st Discus 134'3"*
Jazzy Eickhoff – 2nd Shot Put 38'1.5"*; 4th Discus 104'8"
Becky Williams – 5th Shot Put 34'8.5"
6th – 4x100M Relay 58.0 (E. Goracke, Kahler, S. Goracke,
Nielsen)
2nd – 4x400M Relay 4:30.3 (Sterkel, Nielsen, E. Goracke, T.
Hestermann)
1st – 4x800M Relay 10:39.5* (T. Hestermann, Kahler, Sterkel,
Cockerill)
**State Qualifiers*

State

Girls – 9th Place

Jordan Lempka – Class D State Champion Discus 136'11"*
Jazzy Eickhoff – 7th Shot Put 37'3"
Taylor Cockerill – 8th 800M Run 2:28.2; 3rd 1600M Run 5:33.42*
4th – 4x800M Relay 10:23.24 (T. Hestermann, Sterkel, Kahler,
Cockerill)
**new school record*



Boys – 1st Place

Jesse Phillips – 4th 200M dash 23.9; 3rd Discus 133'5"
Trey Trauernicht – 1st 800M run 2:01.2; 6th 1600M run 5:17.3
Rhet Dirks – 2nd 800M run 2:05.1; 4th 1600M run 5:16.0
Dylan Benson – 5th 3200M run 11:36.0
Chris Wenzl – 2nd 110M Hurdles 16.7; 1st 300M Hurdles 42.4; 1st
Shot Put 50'9"
Jordan Wenzl – 3rd 300M Hurdles 46.2
Kody Benson – 2nd Shot Put 47'5.5"; 2nd Discus 134'9"
2nd – 4x400M Relay 3:44.1 (C. Wenzl, Phillips, Dirks,
Trauernicht)
2nd – 4x800M Relay 9:00.1 (D. Benson, Phillips, Dirks
Trauernicht)

Boys – Runner-Up

Jesse Phillips – 4th 200M dash 24.2; 3rd Discus 134'3"
Austin Buss – 4th 400M dash 55.1
Trey Trauernicht – 1st 800M Run 2:01.7*; 1st 1600M Run
5:02.6*
Rhet Dirks – 2nd 800M Run 2:02.5*; 2nd 1600M Run 5:06.2*
Seth Harms – 2nd 3200M Run 10:57.6*
Dylan Benson – 3rd 3200M Run 11:02.1*
Chris Wenzl – 3rd 110M Hurdles 16.6; 2nd 300M Hurdles 42.4*;
3rd Shot Put 50'5"*
Tanner Shea – 6th Long Jump 18'11.5"; 5th Triple Jump 38'1"
Kody Benson – 2nd Shot Put 51'1.5"*; 2nd Discus 136'8"*
6th – 4x100M Relay 49.8 (Masur, Dolbow, J. Wenzl, Bessey)
3rd – 4x400 M Relay 3:38.6* (C. Wenzl, Phillips, Dirks,
Trauernicht)
1st – 4x800 M Relay 9:24.8* (Harms, Dirks, D. Benson,
Trauernicht)
**State Qualifiers*

Boys – Class D State Runner Up

Kody Benson – 3rd Shot Put 51'7¾"; 6th Discus 137'7"
Chris Wenzl – 4th Shot Put 50'9¼"
Trey Trauernicht – 4th 800M Run 1:59.55; 2nd 1600M Run
4:33.32
Rhet Dirks – 6th 800M Run 2:01.6
2nd – 4x800M Relay 8:24.43 (D. Benson, Harms, Dirks,
Trauernicht)
3rd – 4x400M Relay 3:34.1 (C. Wenzl, Phillips, Dirks,
Trauernicht)



Junior High

Pawnee City Invite

Girls – 6th Place

Sydney Huls – 5th 200M Dash 31.2; 5th 400M Dash 1:11.0; 5th 1600M Run 6:33.9

Carly Wenzl – 6th 800M Run 2:59.1

Makaela Fendrick – 3rd 1600M Run 6:19.4

Nicole Harms – 2nd 100M Hurdles 19.0; 2nd 300M Hurdles 57.2

Heidi Eckhardt – 2nd Discus 73'2"

2nd – 4x400M Relay 5:06.8

Boys – 2nd Place

Ben Hier – 5th 200M Dash 27.0; 2nd 300M Hurdles 50.4; 1st High Jump 5'2"; 1st Long Jump 17'10.5"

Tristen Dirks – 4th 400M Dash 1:02.4; 2nd 800M Run 2:25.4; 2nd 1600M Run 5:24.6

Spencer McClellan – 4th 800M Run 2:28.9; 6th 1600M Run 5:42.5

Logan Jasa – 4th 1600M Run 5:31.0

Cameron VanGronigen – 1st 110M Hurdles 19.0; 1st Triple Jump 37'4"*

Kaleb Williams – 6th Discus 99'6"

4th – 4x100M Relay 1:00.3

2nd – 4x200M Relay 1:56.9

1st – 4x400M Relay 4:23.4

*new school record

MUDECAS

Girls – 2nd Place B Division

Morgan Haner – 3rd 100M Dash 14.1; 3rd 200M Dash 30.7

Nicole Harms – 5th 100M Dash 14.8; 3rd 100M Hurdles 17.8; 3rd 300M Hurdles 58.7

Sydney Huls – 2nd 200M Dash 30.6; 2nd 400M Dash 1:10.6

Malayna Wingert – 4th 400M Dash 1:13.0

Mikaela Fendrick – 1st 800M Run 2:53.0; 1st 1600M Run 6:19.1

Carly Wenzl – 5th 800M Run 3:01.4; 5th 1600M Run 7:09.4

Sheanna Stolz – 6th 800M Run 3:01.5

Heidi Eckhardt – 1st Discus 83'11"

4th – 4x100M Relay 1:03.2

2nd – 4x200M Relay 2:08.4

1st – 4x400M Relay 5:06.3

Boys – 3rd Place B Division

Trace Dirks – 3rd 200M Dash 27.8

Tristen Dirks – 2nd 400M Dash 1:01.2; 2nd 800M Run 2:27.0; 1st 1600M Run 5:39.9

Spencer McClellan – 4th 400M Dash 1:04.1; 3rd 800M Run 2:31.2; 2nd 1600M Run 5:42.0

Logan Jasa – 5th 800M Run 2:32.9; 3rd 1600M Run 5:48.6

Ben Hier – 2nd 300M Hurdles 51.0; 2nd High Jump 5'1"; 1st Long Jump 17'10"

Caleb Dolbow – 6th High Jump 4'2"

Kaleb Williams – 3rd Discus 103'1"

5th – 4x100M Relay 1:01.3

1st – 4x200M Relay 1:54.7

6th – 4x400M Relay 5:18.9



JCC Invite

Girls – 5th Place

Morgan Haner – 6th 100M Dash 14.7; 3rd 200M Dash 30.2

Sydney Huls – 5th 200M Dash 30.9; 4th 400M Dash 1:11.9

Mikaela Fendrick – 5th 800M Run 2:55.5; 2nd 1600M Run 6:14.7

Nicole Harms – 2nd 110M Hurdles 18.3

Mae Stark – 5th Triple Jump 24'8.25"

Heidi Eckhardt – 1st Discus 78'2"

4th – 4x100M Relay 1:02.2

3rd – 4x400M Relay 5:02.5

Boys – 2nd Place

Tristen Dirks – 2nd 400M Dash 1:00.2; 4th 1600M Run 5:43.6

Trace Dirks – 6th 400M Dash 1:05.5

Spencer McClellan – 1st 800M Run 2:26.2; 2nd 1600M Run 5:26.5

Logan Jasa – 3rd 1600M Run 5:37.9

Ben Hier – 5th 110M Hurdles 21.4; 1st High Jump 5'2"; 1st Long Jump 17'6.25"

Kaleb Williams – 6th Shot Put 34'11.5"; 4th Discus 104'4"

4th – 4x100M Relay 55.5

1st – 4x400M Relay 4:15.8

Pioneer Conference

Girls – 6th Place

Morgan Haner – 6th 100M Dash 14.6

Mikaela Fendrick – 4th 1600M Run 6:09.9

Carly Wenzl – 5th 1600M Run 6:46.0

Nicole Harms – 1st 100M Hurdles 18.3; 3rd 300M Hurdles 58.4

Heidi Eckhardt – 2nd Discus 86'

4th – 4x200M Relay 2:06.4

4th – 4x400M Relay 4:57.2

Boys – 3rd Place

Trace Dirks – 6th 200M Dash 28.5

Ben Hier – 3rd 400M Dash 59.9; 6th 300M Hurdles 51.2; 1st High Jump 5'3"; 1st Long Jump 18'5"*

Spencer McClellan – 4th 800M Run 2:30.7; 3rd 1600M Run 5:49.8

Logan Jasa – 5th 800M Run 2:36.0; 1st 1600M Run 5:24.9

Kaleb Williams – 5th Discus 109'7"

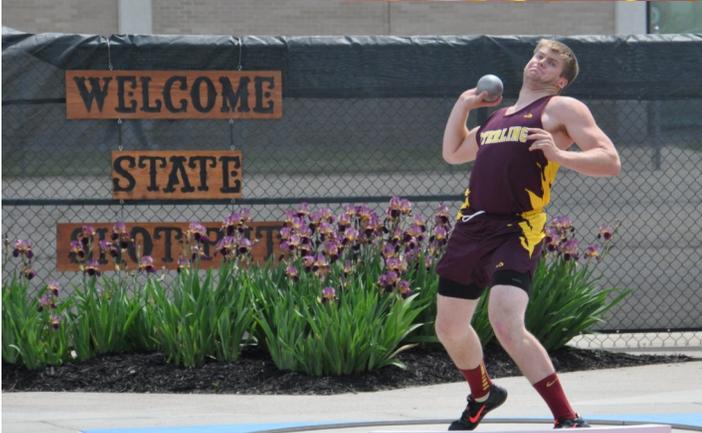
4th – 4x100M Relay 59.4

4th – 4x200M Relay 1:51.4

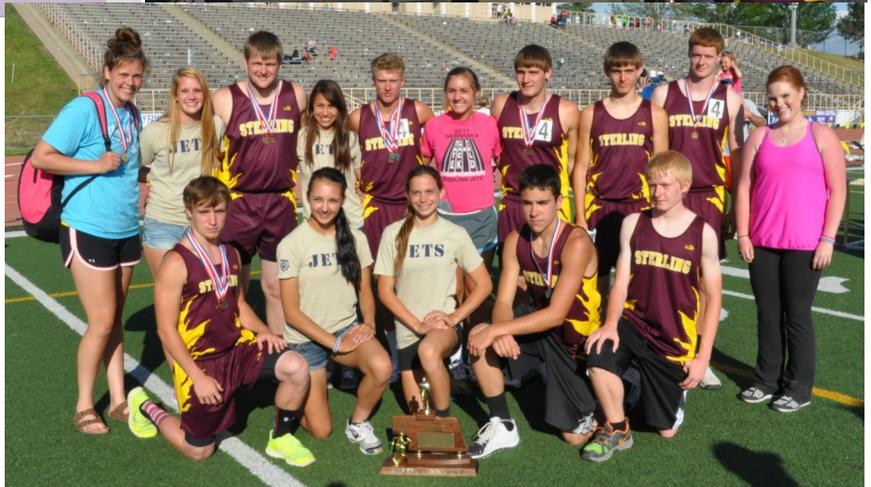
3rd – 4x400M Relay 4:26.3

*new school record





2014



Thank You

Thank you to the Bob & Karen Nielsen Family and the Mike & Jill McAuliffe Family for their support and donation of the Sterling Track Tent.

V
O
L
L
E
Y
B
A
L
L

STERLING Volleyball Camp



Featuring: former husker Tonia Tauke

NEW LOCATION:

JCC Jr. High, Cook, NE

July 7th-9th

Grades: 7th-12th 9:30a-12:30p

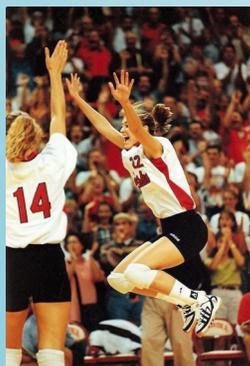
Camp fee: \$45 per player (Pay at the door)

Camp will cover a complete skill rotation

- Perfect passing
- Overhand serving
- Hitting armswing/footwork
- Jump float or jump serve (high school only)
- Setting
- Teamwork
- Blocking (high school only)
- Fun games using your volleyball skills!

To register: email Stan Karr at
skarr@sterlingpublicschools.com

Let him know which session you are attending!



About Tonia

Husker Volleyball Player 1996-1999

USA Junior National Championship 1995

NCAA Final Four Semifinalist 1996 & 1998

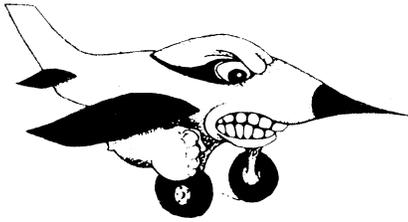
Big XII Championship 1996, 1998, & 1999

USA Jr National Team Alternate 1994

USA club coach since 1997

USA club director since 2003

Please make checks payable to TTVB (Tonia Tauke Volleyball)



2014 Sterling Jets Football Camp July 21st, 22nd & 23rd



Grades 3-8 9:00 a.m. to 10:30 a.m.
Grades 9-12 7:00 a.m. to 9:00 a.m.

This camp will emphasize the fundamentals of football and the proper technique of all positions so that each individual can experience the footwork, agility, and gain the knowledge of this sport to make them better athletes.

Camp features:

- *Camp T-Shirt
- *Refreshments
- *Individual instruction by the SHS football coaches, Wusk, Heusman, and Cockerill.

This is a non-contact camp and each camper will need shorts, t-shirt and comfortable running shoes or football shoes.

Camp will be located South of the Small Baseball Field Area

The cost for the camp is \$25.00 and checks should be made payable to **Sterling Football Camp**.

2014 Sterling Football Camp Parent Release Form

I, _____, understand that football is a physical activity and there is a risk involved
Parent/Guardian

with my son participating in the Sterling Football Camp. By signing this form, I agree not to hold Sterling Public Schools or anyone associated with the camp responsible for injuries or damages incurred during his participation at the camp.

Players Name

Parent/Guardian Signature

Please return this form to the school or bring to the camp. If you have questions, call 866-4761 or Coach Wusk at 866-6670.

CALENDARS

Sterling Public Schools June 2014

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Boys BB League @ Syracuse	3 GBB Team Camp @ Sulton	4 Girls BB League @ Syracuse	5	6	7
8 Weightlifting Mon.-Thurs. 7-9 am	9 Boys BB League @ Syracuse	10	11 Girls BB League @ Syracuse	12	13	14 ACT Test Date
15 Weightlifting Mon.-Thurs. 7-9 am	16 Boys BB League @ Syracuse	17 V GBB Team Camp @ Lourdes	18 Girls BB League @ Syracuse	19	20 All Star Volleyball Game @ Beatrice 7:30	21 Serforma 8 Man All Star Football Game @ Hastings 1:30 Girls/Boys All Star Basketball Game @ Beatrice 6/8 pm
22 Weightlifting Mon.-Thurs. 7-9 am	23 Boys BB League @ Syracuse SkillsUSA National Conv.	24 JV GBB Team Camp @ Lourdes SkillsUSA National Convention	25 SkillsUSA National Convention Girls BB League @ Syracuse	26 GBB Team Camp @ Elkhorn South SkillsUSA Nationals	27 SkillsUSA National Convention @ Kansas City	28 This calendar is subject to change.
29	30 GBB Team Camp @ Sandy Creek					

July 2014

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Weightlifting Mon.-Thurs. 7-9 am	1	2	3	4	5	
6 Weightlifting Mon.-Thurs. 7-9 am	7 Volleyball Camp @ JCC-Cook	8 Volleyball Camp @ JCC-Cook	9 Volleyball Camp @ JCC-Cook Band Practice 2 pm	10 Volleyball Camp @ Cook 3-12 only Band Practices - TBA	11 Band Practice - TBA	12 Sterling Picnic SkillsUSA working Car Show Band Marching in Parade
13 Weightlifting Mon.-Thurs. 7-9 am	14	15	16	17 VB Camp @ Doane	18 VB Camp @ Doane	19
20 Weightlifting Mon.-Thurs. 7-9 am	21 FB Camp Gr. 9-12 7-9 am Gr. 3-8 9-10:30 am	22 FB Camp Gr. 9-12 7-9 am Gr. 3-8 9-10:30 am	23 FB Camp Gr. 9-12 7-9 am Gr. 3-8 9-10:30 am	24	25 Varsity VB Camp @ UNK	26 Varsity VB Camp @ UNK
27 Weightlifting Mon.-Thurs. 7-9 am	28	29	30	31 VB Camp @ Hastings		This calendar is subject to change.

Sterling Public School
250 Main
Sterling, NE 68443-0039

Non-Profit
U.S. Postage
PAID
Sterling, Ne
Permit No. 2

GRADUATING

K
I
N
D
E
R
G
A
R
T
E
N



C
L
A
S
S
O
F
2
0
1
4

K-6

Open House
Tues., Aug. 12
6:30 p.m.

7th Grade
Orientation
Tues., Aug. 12