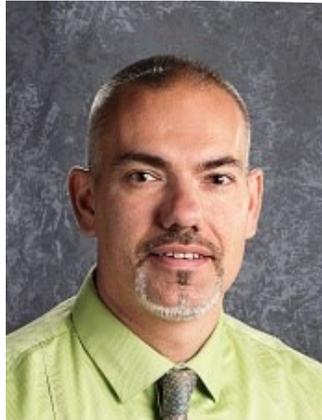


From Principal Theobald's Desk



Well, I know spring is right around the corner...somewhere. In all honesty, the less than pleasant spring so far has been good for the students. What I mean by this is that the students and teachers have not really been bitten by the spring fever bug. Our students have been working very hard and have continued to do so, even with the chaotic schedule that comes with the end of a school year. This work ethic is something that the community of Sterling can be proud of. With that being said, here are a few highlights for the month:

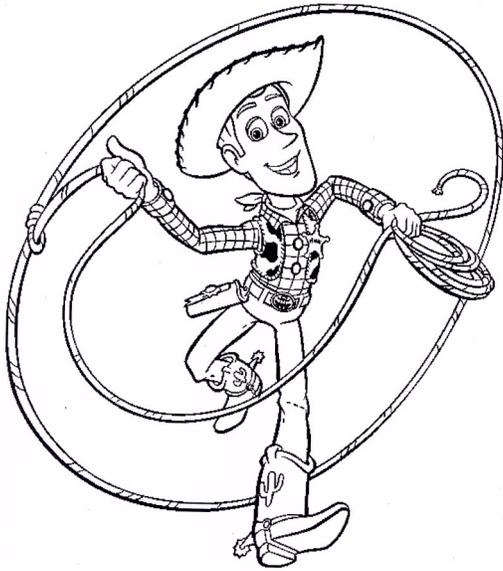
1. Students of the Month. Our high school student of the month for the month of January is Jordan Lempka. Jordan is the daughter of Steve and Barb Lempka. Our middle school student of the month is Dylan Benson. Dylan is the son of Dave and Karla Benson. Jordan and Dylan are both quality student athletes who are hard working and deserving of this honor.

2. Student Success. Congratulations to McKayla Vermeer for being a state finalist in the American Mother's 5th Grade Essay Contest. McKayla attended a recognition ceremony on March 22nd at the State Capitol where she was able to read her essay. Unfortunately for McKayla, she did not win the competition, but she did bring home a plaque for her efforts. Special thanks also goes out to Ms. Kate for helping McKayla with the process. Congratulations also go out to Ben Logston and Sarah Scamehorn for qualifying for the NSAA State Speech Championships that were held March 22nd in Kearney. Ben and Sarah qualified in Duet Acting. Ben and Sarah did not finish in the top eight, but they along with Mrs. Steele are to be commended for their qualification.

3. Calendar Adjustment. On Friday, April 19th, we will be dismissing school at 2:00 p.m. At this time, teachers will be receiving their new I-Pads, along with some invaluable training. This training will be provided by the technology staff from ESU #4. It is necessary to provide at least two hours of training during the initial phase to be the most effective. Future trainings will most likely be held on Friday afternoons without a disruption to the normal Friday schedule. By putting the I-Pads in the hands of teachers first, we are trying to promote the use of technology in classroom. This will be a small, but positive step forward in exploring how best to provide instruction for our students in an ever changing digital age.

As always, if you have any concerns or comments, please do not hesitate to give me a call or shoot me an email.

GO JETS!!!



KINDERGARTEN ROUNDUP APRIL 5

Beginning at 9:00 a.m.

Sterling Public School will be having Kindergarten Roundup for all those children who are eligible this upcoming year.

A letter was sent out to all parents on the census list. If you know of anyone not receiving a letter please let us know.

The future kindergarteners and their parents will meet in the kindergarten room with Mr. Theobald and Mrs. Clark.

We look forward to seeing you all there.

LEL Class Builds Saw Horses



Tyler Vermeer, Jordan Pettigrew, Stan Karr, Jayda Furtado

Written by Jayda Furtado

We built saw horses for our LEL class and my personnel opinion is that building these saw horses was such a fun experience. We not only had fun doing something outside the classroom but we also learned a lot. For example we learned how to cut angles with a table saw. Probably what I enjoyed the most about building these saw horses was watching my class mates use a drill for the first time, I was actually surprised that they hadn't used a drill before.

Our teacher, Mr. Karr gave us the choice to either sell our saw horses or to keep them. I decided to give mine to my uncle Jeff, Jordan is also going to keep hers and Tyler is going to sell his saw horses. If you are interested in the saw horses you can contact the school at 402-866-4761. In the end building the saw horses was an easy and fun assignment and I hope to do another assignment like it soon.

FROM THE DESK OF THE ATHLETIC DIRECTOR

by Brent Heusman

Even though the spring weather has not yet arrived, spring activities are underway. The boys basketball team wrapped up a strong finish beating Dorchester in the District Final punching their ticket to the state tournament. This marks the 5th consecutive state tournament appearance for the boys basketball team. This past weekend Sarah Scamehorn and Ben Logston represented the speech team in Duet Acting at the State Speech competition held at UNK. The high school track teams competed in the Conference Indoor meet with the boys placing 3rd and the girls placing 5th. Individual results will be published in an upcoming newsletter.

Varsity Boys BB (19-8)

District Final

Sterling vs. Dorchester (W 49-38)

State Tournament

Sterling vs. FCSH (L 28-41)

Speech

Pioneer Conference

Superior Ratings

Becky Williams – Poetry
Ben Logston & Sarah Scamehorn – Duet Acting
Chelsea McDonald – Serious Prose
Allison Porter – Informative
Megan Barber – Entertainment
Sarah Scamehorn – Serious Prose
OID – (Tara Hestermann, Jenna Nieveen, Jordan Lempka, Alexa Magill, Allison Porter)

Sarah Scamehorn – 7th Serious Prose

Megan Barber – 7th Entertainment

Ben Logston & Sarah Scamehorn – 5th Duet Acting

OID – 6th

MUDECAS

Superior Ratings

Ben Logston & Sarah Scamehorn – Duet Acting
Jazzy Eickhoff – Humorous Interpretation
Garrett Stolz – Humorous Impromptu

Becky Williams – 6th Poetry

Sarah Scamehorn – 5th Serious Interpretation

Allison Porter – 6th Informative

Districts

Superior Ratings

Jazzy Eickhoff – Humorous Prose
Chelsea McDonald – Serious Prose
Megan Barber – Entertainment
Allison Porter – Informative Speaking

Sarah Scamehorn – 4th Serious Prose

Ben Logston & Sarah Scamehorn – 3rd Duet Acting;
State Qualifiers

State Competition

Ben Logston & Sarah Scamehorn – Duet Acting

See the school website for a
listing of Colleges
and Universities attending.

Lincoln Area College Fair

Sunday, April 14, 1-3 p.m.

at Southeast Community College - Lincoln

NATIONAL HONOR SOCIETY INFORMATION

Luke Boldt , Sponsor

The selection of new members for National Honor Society will begin the first week of April. Each school may arrive at its own selection process provided it follows the basic guidelines of the national organization. These basic guidelines require a 5-member faculty council selected by the principal to handle the selection process. It also requires that students be considered on the basis of four criteria: Academics, Service, Character, and Leadership. Students must be a Sophomore, Junior or Senior and have attended that school for at least one semester.

In regard to the candidate interview we will give each candidate a list of guidelines which will be helpful to them in having the best possible interview and help make the interview informative as well as a learning experience. Students will sign up for an interview time and be given a list of areas the questions will be covering. Each council member will select a question for the interview.

The interview will have a 5 point maximum. This makes 50 the total number of points that can be earned. The entire process is described fully in the following paragraphs.

“NHS Selection Process”

The National Association of Secondary School Principals founded the National Honor

Society in 1921. The purpose from its inception has been to promote high academic standards while maintaining individual qualities of character, leadership and service. Selection, then, is based on character, leadership, scholarship, and service.

Students cannot apply for this honor, but are selected by a 5-member Faculty Council. The procedure for selection at Sterling High School is as follows:

1) Student’s academic records are reviewed. To be eligible a student must maintain a cumulative grade point average of B+(90%) at the end of the first semester of their sophomore year.

2) Students who are eligible scholastically are notified and told that for further consideration for selection to the NHS Chapter they must complete a Student Activity Information Form. This form is not an application, but a method of recognizing all student accomplishments by a uniform method. They are asked to list their participation in activities, elected and appointed leadership positions, community service/activities, work experience, recognition and special awards.

3) Each faculty member who has been associated with the student in class or activities will fill out a questionnaire evaluating the student in the areas of leadership, character and service. This question-

naire will be given to the council and included in the evaluation process.

Academics: up to 30 pts.
Service: up to 5 pts.
Character: up to 5 pts.
Leadership: up to 5 pts.
Interview: up to 5 pts.

Total: 50 pts.

*Bonus - Returning: 2 pts.

4) Eligible students who return their Activity Form will then be interviewed by the Faculty Council members. Points will be assessed to each student according to the following scale.

GPA: 100- 30 pts.
99 - 29 pts.
98 - 28 pts.
97 - 27 pts.
96 - 26 pts.
95 - 25 pts.
94 - 24 pts.
93 - 23 pts.
92 - 22 pts.
91 - 21 pts.
90 - 20 pts.

*“Bonus” refers to 1 point for each PREVIOUS year a student has gone through the selection process including the interview and not been selected. A total of 2 points is possible.

NHS Requirements Continued from previous page

A STUDENT MUST EARN 38 POINTS TO BECOME A MEMBER!!

This puts a 60% emphasis on academics as criteria for NHS membership, but also allows the Faculty Council to evaluate the candidate on the basis of the remaining three criteria: character, service, and leadership.

Following the objective assessment of all candidates, the Faculty Council members will score each candidate based on their interview, Faculty Questionnaire, and Student Activity Form. Candidates receiving an average of at least 38 points by the Faculty Council will be inducted into the

Sterling NHS chapter.

Membership in the National Honor Society is an honor and not a Privilege. No student may apply for membership. Students who are in the sophomore, junior and senior classes are eligible for membership. According to the National Constitution of the NHS a student must be in the school at least one semester before becoming eligible for membership in that chapter. Membership may be transferred to another chapter if the student moves after being inducted.

Questions about selection or standards for maintaining eligibility can be answered by calling the school at 866-4761.

2013 STERLING HIGH ALUMNI BANQUET

Sterling High School Gymnasium

May 26, 2013

5:00p.m. Social Time * 5:30p.m. Banquet

Advanced registration, please mail check and this registration form to:

Sterling Alumni Association

P.O. Box 393

Sterling, NE 68443

Name: _____

Sterling High Class of: _____

Advanced Meal Ticket (s): _____ at \$10.00 each = \$ _____

Tickets available at the door for \$12.00 each.



AG ECON TRIP TO CHICAGO

by Arlo Wusk, Instructor

The Sterling Ag Econ class made their yearly pilgrimage to Chicago to visit the Chicago Board of Trade. Over the many years that we have made this visit, we have went from viewing

the CBOT from the windows of the visitors center to actually witnessing the CBOT on the floor next to the bidding pits. It is through FC Stone brokerage that our students not only see the open outcry in action but literally feel the energy of the price discovery of agricultural commodities as they stand next to the different commodity pits. The most exciting part of the experience is the count down of the clock to 9:30 am when the trading officially opens....the sound of the bell and the immediate yelling and arms and hands waving of the brokers. This once in a lifetime experience is the reason our students are excited about their participation in Ag Econ!

We also enjoyed the experience of being in such a amazing city that is so full of energy. After flying into O'Hare we used the subway and buses to move about the city of Chicago. Each student is assigned a route so that they must choose the right bus or subway to get us to our destination. I am happy to say that the students of 2013 Ag Econ were successful in this undertaking. We also enjoyed excellent Italian food at the Village and deep dish pizza at Gino's East. One highlight of our yearly trip is having lunch on top of the Hancock Building on the 95th floor. We also toured the Museum of Science and Industry as well as experiencing the shopping opportunities of the million dollar mile of Michigan Avenue.

We would like to give a special thank you to Greg Carpenter and Pioneer International for helping to sponsor our trip. Greg also gives our students invaluable information throughout the year on the new technology and innovation that our ag sector is experiencing in the seed industry.

Upcoming Music Programs

April 15th

6-12th grade Vocal & Band Small Groups Concert - 7:00 p.m.

April 29th

Elementary Spring Music Concert & 5th Grade Band- 7:00 p.m.

May 7th

6-12th grade Vocal & Band Large Groups Concert - 7:00 p.m.



Middle & Sr. High School Honor Roll

Third Quarter

To earn honor roll status, students must have an 86% or above in ALL classes,
and the average of classes must be at least a 90%

6th Grade

Tristan Dirks
Caleb Dolbow
Morgan Haner
Nicole Harms
Sydney Huls
Logan Jasa
Cameron VanGroningen
Carly Wenzl
Malayna Wingert

7th Grade

Heidi Eckhardt
Benjamin Hier
Zachary Scamehorn
Daniel Schwenneker
Sheanna Stolz
Talia Vermeer
Kaleb Williams

10th Grade

Jasmine Eickhoff
Meri Hietbrink
Benjamin Logston
Tanner Shea
Rebecca Williams

11th Grade

Bailey Bessey
Derek Julian

8th Grade

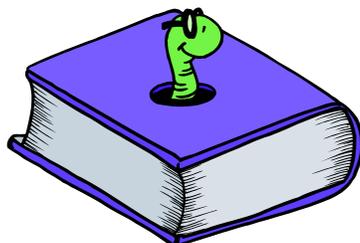
Austin Buss
Taylor Cockerill
Micah Erickson
Mason Gee
Sydney Goracke
Valerie Keim

12th Grade

Kaitlin Daehling
Kelsy Heusman
Michael Lucas
Alexa Magill
Ceaton Malone
Jenna Nieveen
Allison Porter
Tanner Weir
Ryan Zuhlke

9th Grade

Haylee Boldt
Erika Eckhardt
Erika Goracke
Marah Hestermann
Hannah Jasa
Bailey Kahler
Elly Lempka
Thomas Tucker



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Basketball Honors . . .

Jets

Pioneer All Conference
First Team - Kody Benson
Third Team - Michael Lucas
Honorable Mention - Trey Trauernicht
Omaha World Herald & Lincoln Journal Star
All State - Second Team - Kody Benson
All State - Honorable Mention
Michael Lucas, Ceaton Malone & Trey Trauernicht



Lady Jets

Pioneer All Conference
First Team
Jenna Nieveen & Jordan Lempka
Honorable Mention
Kelsy Heusman
Omaha World Herald
& Lincoln Journal Star
All State - Honorable Mention
Jenna Nieveen & Jordan Lempka

Fifth Grade Has Another Winner!!!

by Kate Agena, Teacher

Every year for the past 6 years, the fifth grade class has entered the "What My Mother Means To Me," writing contest and have had a winner represent Sterling Public School. This year, McKayla Vermeer was among the top twelve finalists out of 245 entries. On March 22, McKayla attended an awards presentation with her mother, at the State Capitol in the Werner Chamber. McKayla and the other eleven finalists read their essays in honor of their mothers. McKayla received a plaque with her name engraved on it for her accomplishment. I am very proud of McKayla. She always does an excellent job with all of her writing. Below, you will find a copy of her essay.



"What My Mother Means To Me"

By McKayla Vermeer

Words cannot begin to describe what my mother means to me. She is too much of a fantastic mom, that no one can even imagine how important she is in my life.

She feeds me, takes care of me, but most of all, she loves me. My mom has an amazing personality, she is funny, smart, and tries her absolute best to be the perfect mom.

Trust me, she is far from perfect, but that doesn't mean she doesn't try. She always makes sure that we don't get mad at her, and she doesn't get mad at us, well most of the time. Every time I go see her, she has a joke to make me laugh.

My mother is the most amazing person and mom in the entire world. She always supports me in whatever I do. I don't know what I'd do without a mom like her.

State Level Information

There were 245 participants from the following 17 schools in Nebraska: Chadron Middle School, Pine Creek Elementary-Bennington, Heartland Community School-Henderson, Johnson County Central-Cook, Sterling Public School, Randolph Public School, St. John Lutheran-Seward, St. Bernard School-Omaha, St. Joseph's School-Beatrice, Wausa Public School, Holy Cross School-Omaha, St. Mary's Catholic School-David City, St. Rose of Lima School-Crofton, Emerson Hubbard, Deshler Lutheran School, Parkview Christian-Lincoln, Newcastle Public School. Twelve finalists were chosen from these schools.

Taylor Arens from St. Rose of Lima Catholic School in Crofton took first place in the state with her essay. All State finalists were present at the State Capitol's Werner Chamber for a Recognition Ceremony on Friday, March 22. They read their essays aloud to their mothers and a group including the new 2013 Mother of the year, Jan Schiferl, other Nebraska Mothers, their families, First Lady Sally Ganem Heineman, and State Senator Tyson Larson. The other finalist were: Cameron Lancaster (St. Joseph's in Beatrice), Kalyn Martinson (Newcastle Public), Matthew Sherman (St. John Lutheran in Seward), McKayla Vermeer (Sterling Public), Michael Mangold (Pine Creek Elementary in Bennington), Monica Thipphavong (Johnson County Central in Tecumseh), Oliver Fox (Chadron Middle

School), Rhianna Wilhelm (Heartland Community School-Henderson), Samantha Dibbert (Randolph Public School), Savannah Morgan (Parkview Christian-Lincoln), Sierra Mann (St. Bernard School-Omaha).

The 1st place essay has been forwarded on to the national competition and will be announced at the American Mothers National Convention in late April. We hope to have the finalists' essays published in the Lincoln Journal Star and Omaha World Herald newspapers in April. Please take the time to read them; they are outstanding.

We are proud of each student for taking the time and effort to participate in this contest. The essays submitted were wonderful and heartfelt. Each person should be proud of his or her work and each mother should be honored to read such wonderful words.



SAVE THE DATE

Sunday, May 5 1-3 p.m.

Sterling City Park

Johnson County C.A.N.

Family Fun Walk

Drug-Free-iesta!

Food, Prizes & Activities for All Ages



APRIL 2013 MENUS



Monday	Tuesday	Wednesday	Thursday	Friday
1 NO SCHOOL	2 B-Pancakes, Sausage or Cereal/Sausage, fruit, milk L- Chicken Noodle Soup, sandwich, rom. lettuce salad, mandarin oranges	3 B- Cereal, Toast, juice, milk L- Ham Patty on WG Bun, tator gems and /or swt. tator gems, peas, pears	4 B- Garlic Cheese Toast or Cereal/Muffin, fruit, milk L- Nachos, corn, celery w/peanut butter, peaches	5 B- Breakfast Bar or Cereal/Muffin, juice, milk L- Spaghetti, green beans, garlic bread, mixed fruit
8 B-Sausage Gravy, Biscuits or Cereal/Biscuit, juice, milk L- Chicken Patty on WG Bun, mashed potatoes w/gravy, corn, peaches	9 B- Donut, Yogurt or Cereal/Yogurt, fruit, milk L- Mini Corn Dogs, broccoli w/cheese, three bean salad, pineapple tidbits	10 B-French Toast Sticks, Sausage or Cereal/Sausage, juice, milk L- Chili Soup w/cheese, rom. lettuce salad, cinnamon roll, applesauce	11 B- Cereal, Toast, fruit, milk L- Chicken & Noodles, peas, bread & butter, oranges	12 B- Breakfast Burrito or Cereal/Muffin, juice, milk L- Hamburger on WG Bun, ff and/or swt. ff, tomatoes, mixed fruit
15 B-Garlic Cheese Toast or Cereal/Muffin, juice, milk L- Chicken Nuggets, mashed potatoes w/gravy, corn, oranges	16 B- Egg Taco or Cereal/Muffin, fruit, milk L- Submarines, green beans, gelatin, applesauce	17 B- Pancakes, Sausage or Cereal/Sausage, juice, milk L- Tacos, peas, celery w/peanut butter, peaches	18 B- Breakfast Bar or Cereal/Muffin, fruit, milk L- Vegetable Beef Soup, rom. lettuce salad, cheese breadsticks, pear	19 B- Cereal, Toast, juice, milk L- Fish, ff and/or swt. ff, coleslaw, mixed fruit
22 B- Breakfast Pizza or Cereal/Muffin, juice, milk L- Goulash, green beans, tea roll /w jelly, pineapple tidbits	23 B- Cereal, Toast, fruit, milk L- Hot Dog on WG Bun, ff and/or swt. ff, baked beans, peaches	24 B- Waffles, Sausage or Cereal/Sausage, juice, milk L- Cook's Choice of Soup, rom. lettuce salad, breadsticks, mandarin oranges	25 B- Donut, Yogurt or Cereal/Yogurt, fruit, milk L- Potato Bake, ham or tuna salad sandwich, string cheese, pears	26 B- Scrambled Eggs, Toast or Cereal/Toast, juice, milk L- Chicken Fajita, corn, rice, mixed fruit
29 B- Toaster Pastry or Cereal/Muffin, juice, milk L- Sloppy Joe on WG Bun, ff and or st. ff, rom. lettuce salad, pears	30 B- Pancakes, Sausage or Cereal/Sausage, fruit, milk L- Chicken Terriyaki, glazed carrots, rice, applesauce	<i>Menus subject to change without notice.</i>	<i>All meals include half pint of milk and two kinds of fresh vegetables.</i>	<i>Extra Whole Sandwich.90 Half a sandwich .45 WG – whole grain Swt. ff – sweet potato french fries</i>

Activities for April 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 NO SCHOOL	2	3 Mustang Invite @ Friend - 10 a.m.	4	5 Kindergarten Roundup 9 a.m. School Cafeteria	6 MUDECAS HS Track Meet @ J.C.C. Tecumseh 9 a.m. C.A.N. to Spring FB
7	8 School Board Meeting 7:30 p.m. in Library	9 Lewiston Invite @ Pawnee City 9:30 a.m.	10 Blood Drive Presentation MUDECAS HS Rain Date	11 JH Track Meet @ Pawnee City Invite 10 a.m.	12	13 ACT Test Date
14	15 MUDECAS Jr. High Quiz Bowl @ Southern 1 p.m. Music Concert Small Groups - 7:30	16 Irish Invite @ Syracuse - 10 a.m.	17	SkillsUSA State Conference in Hastings - April 11-13		
				18 District Music @ J.C.C. Tecumseh JH Track Meet @ J.C.C. Invite 4 p.m.	19 Early Dismissal 2 p.m.	20 MUDECAS JH Track Meet @ J.C.C. Tecumseh 9 a.m. PROM - Beatrice
21	22 Skills Field Trip to Lincoln	23 8th Grade Field Trip to Lincoln - UNL Pawnee City Invite @ Pawnee City 3 p.m.	24 MUDECAS JH Rain Date JH Lewiston Invite @ Pawnee City 9:30 a.m.	25 NHS Bloodmobile 12 - 6 p.m. 5th Gr. Farm Safety Day @ Johnson Co. Fairgrounds	26 Peru State Math Contest	27 Pioneer Conf. Track Meet @ Auburn 9 a.m. SCA Community Play
28 Sertoma Banquet @ Beatrice 6:30 p.m. SCA Community Play	29 Elementary Music Concert - 7:30 p.m.	30 Freeman Invite @ Doane - Crete 9 a.m..		This Calendar is subject to change.		
				Always check the school website for any changes throughout the month.		

STERLING PUBLIC SCHOOL

250 Main St.
P.O. Box 39
Sterling, NE 68443

Tel: 402-866-4761
Fax: 402-866-4771
Website: sterlingjets.org

SUPERINTENDENT

LARRY HARNISCH

K-12 PRINCIPAL

ACTIVITIES DIRECTOR

RYUN THEOBALD

GUIDANCE COUNSELOR

JILL SHEA

ATHLETIC DIRECTOR

BRENT HEUSMAN

*Continuing a
Tradition of
Excellence*



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*Please Note That Any Changes or
Updates of Schedules will be
Posted on the School Website
www.sterlingjets.org*