STERLING PUBLIC SCHOOLS - WEEKLY BULLETIN: Sept 17-24, 2022

Saturday Krispy Kreme Donut Pick-Up from 7-9AM at the school
September 17 NHS Fall Trash Pick-Up from 8-9:30AM - Meet at Hancock's

Elementary Cheer Camp - in the gym from 10AM-12PM - Bring your POMS and TENNIS SHOES!!!

Elementary Flag Football - 10-11AM at the Game Field

Sunday Elementary StuCo/Cheerleaders/FFA to Connected Forever Walk - Bus leaves @ 10:30AM

September 18 VOLLEYBALL PRACTICE @ 3PM

Monday Breakfast: Omelet/Cereal, Sausage Link, Apples/Juice

September 19 Lunch: Sloppy Joe, Chips, Salad Bar, Fruit

RSH - 6th period

FFA Officer Connecting Chapters Training @ Freeman from 9-11AM - Van leaves @ 8:30AM

JH VB @ Friend - 4PM - Van leaves @ 2PM JH FB vs. Dorchester - HOME - 4:30PM JV FB vs. Dorchester - HOME - 6PM

HS VB @ Diller-ODELL (JV,V) - 6PM - Bus leaves @ 3:50PM

FOOTBALL PRACTICE - after school

School Board Meeting - 7PM

Tuesday Breakfast: Boiled Egg/Cereal, Cherry Muffin/Cinnamon Roll, Banana/Juice

September 20 Lunch: Baked Potato Bar (Ham, Cheese, Sour Cream), Salad, Cottage Cheese, Fruit

RSH - 5th period

FOOTBALL PRACTICE 4-6PM VOLLEYBALL PRACTICE 4-6PM

Wednesday NO PRESCHOOL

September 21 Breakfast: Sausage & Pancake on a Stick/Egg, Ham, & Cheese Biscuit, Fruit/Juice

Lunch: Chicken Fritter on Bun, Onion Rings, Salad Bar

RSH - 4th period

Midwest Grads meet with Sophomores & Seniors - 9:30AM JH VB @ Freeman - 1:30PM - Van leaves @ 12:30PM

FOOTBALL PRACTICE 4-6PM VOLLEYBALL PRACTICE 4-6PM

Thursday Breakfast: Sausage Patty/Yogurt, Boiled Egg, Fruit/Juice **September 22** Lunch: Scalloped Potatoes w/ Ham, Corn, Salad, Fruit

RSH - 3rd period

FOOTBALL PRACTICE 4-6PM VOLLEYBALL PRACTICE 4-6PM CHEER PRACTICE @ 6PM

Friday Breakfast: Scrambled Eggs w/ Diced Ham, Potato Cake, Fruit/Juice

September 23 Lunch: Chicken Pot Pie Casserole, Salad Bar, Fruit

RSH - 2nd period

VOLLEYBALL PRACTICE 4PM

Homecoming Parade @ 2PM (route on website) Pep Rally @ 2:30PM at the Football Field

HS FB vs. Parkview Christian - HOME - 7PM - Coronation after the FB game Homecoming Dance - following the FB until 11:30PM @ Community Building

Saturday Freeman JH VB Tournament - 9AM - Vans leave @ 8AM - bracket on school website

September 24 Elementary Flag Football - 10-11AM at the Game Field

*Side items served with breakfast and lunch. * USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER



STERLING JUNIOR JET SPIRIT CAMP

September 17...Grade K-6...10AM-12PM @ GYM

PERFORMANCE DATES

September 27 during VARSITY VOLLEYBALL October 7 during HALFTIME of FOOTBALL

SEPTEMBER 23 - FB CONCESSIONS

Girls & Boys Track Teams

SEPTEMBER 27 - VB CONCESSIONS

Boys Basketball Team

OCTOBER 6 - VB CONCESSIONS

HS Student Council

OCTOBER 7 - FB CONCESSIONS

Volleyball Team

OCTOBER 14 - FB CONCESSIONS

Freshman Class

OCTOBER 18 - VB CONCESSIONS

Junior Class

OCTOBER 21 - VB CONCESSIONS

Music Members

SCHOOL PICTURE RETAKES

October 25 @ 8AM

Extended JH Practice Schedule

(dates are subject to change)

VB Practice until 4:15PM

FB Practice until 4:30PM

September 20

September 22

September 23 - FB only

September 27

September 29

October 4

October 6

October 7 - FB only

October 11



