

# STERLING PUBLIC SCHOOLS - WEEKLY BULLETIN: May 4-11, 2024

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**Saturday** HS State Trap Shoot Competition @ Doniphan  
**May 4** Pioneer Conf. JH Track @ Tri County - 9AM - Bus/Van leave @ 7:15AM - schedule on back

**Monday** Breakfast: Fried Egg Patty, Sausages, Fruit, Milk  
**May 6** Lunch: Chili Cheese Fries, Fruit, Veggie, Salad Bar  
RSH - 7th period - NHS Meeting  
TRACK PRACTICE 4-6PM  
Awards Banquet - NHS Induction @ 6PM in the GYM

**Tuesday** **SENIORS LAST DAY & TRIP TO OMAHA!!!**  
**May 7** Breakfast: Mini Cinnamon Pull Aparts, Sausages, Fruit, Milk  
Lunch: Chicken Tenders, Cottage Cheese, Fruit, Veggie, Salad Bar  
RSH - 6th period  
Freshman Wax Museum @ 1PM in the GYM  
GBB Camp - Grades 2-7 from 3:45-5:15 in the GYM

**Wednesday** Breakfast: Biscuits & Sausage Gravy, Cheese Stick, Fruit, Milk  
**May 8** Lunch: Corn Dogs, Chips, Fruit, Veggie, Salad Bar  
RSH - 5th period  
HS District Track @ Pawnee City - Bus leaves @ 7:21AM - schedule on back

**Thursday** Breakfast: Scrambled Eggs, Ham Patty, Fruit, Milk  
**May 9** Lunch: Pork Patty, Fruit, Veggie, Salad Bar  
RSH - 4th period  
TRACK PRACTICE 4-6PM  
Elementary (Grades K-5) Spring Music Concert - 7PM in the GYM

**Friday** **PRESCHOOL - LAST DAY & GRADUATION @ 3PM**  
**May 10** Breakfast: Chef's Choice  
Lunch: Chef's Choice  
RSH - 3rd period  
Elementary Field Day 9AM-3PM @ Sterling Park  
7th Grade Country Exhibition @ 10AM in the GYM  
TRACK PRACTICE 4-6PM

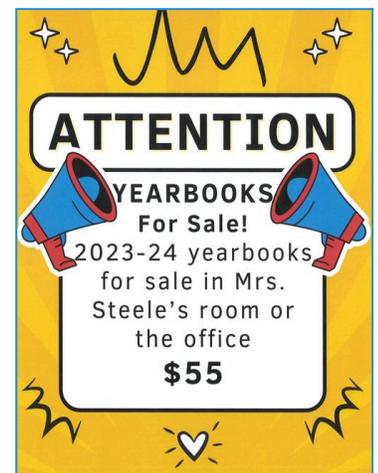
**Saturday** Graduation @ 2PM in the GYM  
**May 11**

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*\*USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYEE*

*\*if/when the salad bar is available, it may be limited*

*\*milk availability may be limited*



**AWARDS BANQUET - May 6, 2024 - in the GYM**  
**NHS Induction @ 6PM - Awards to follow**  
**Potluck style meal. Info online!**

# JH PIONEER CONF TRACK

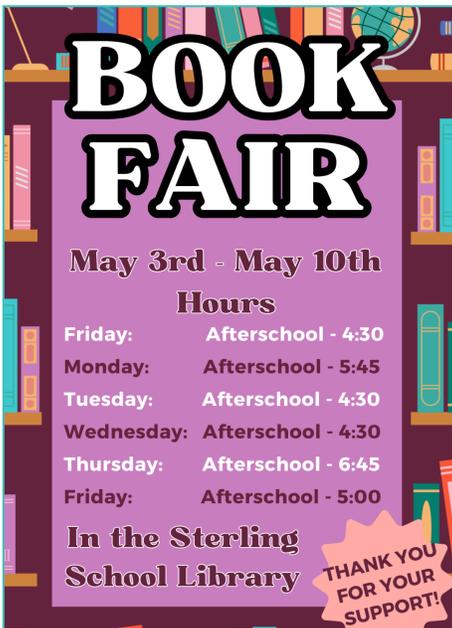
## 5/4/24 @ TRI COUNTY

### 9AM - FIELD EVENTS

Shot Put: Boys followed by girls (football practice field)  
 Discus: Girls followed by boys (football practice field)  
 High Jump: Girls followed by boys  
 Pole Vault: Boys followed by girls  
 Long Jump: Boys followed by boys Triple Jump (north pit)  
 Triple Jump: Girls followed by girls Long Jump (south pit)

### 11:30PM - RUNNING EVENTS

800 Meter Relay Girls Finals  
 800 Meter Relay Boys Finals  
 100 Meter Low Hurdles (30") Girls Prelims  
 110 Meter Low Hurdles (33") Boys Prelims  
 100 Meter Dash Girls Prelims  
 100 Meter Dash Boys Prelims  
 400 Meter Dash Girls Finals  
 400 Meter Dash Boys Finals  
 1600 Meter Dash Girls Finals  
 1600 Meter Dash Boys Finals  
 200 Meter Dash Girls Prelims  
 200 Meter Dash Boys Prelims  
**BREAK - TBD**  
 100 Meter Low Hurdles (30") Girls Finals  
 110 Meter Low Hurdles (33") Boys Finals  
 100 Meter Dash Girls Finals  
 100 Meter Dash Boys Finals  
 800 Meter Run Girls Finals  
 800 Meter Run Boys Finals  
 300 Meter Low Hurdles (30") Girls Finals  
 300 Meter Low Hurdles (30") Boys Finals  
 200 Meter Dash Girls Finals  
 200 Meter Dash Boys Finals  
 4x100 Meter Relay Girls Finals  
 4x100 Meter Relay Boys Finals  
 4x400 Meter Relay Girls Finals  
 4x400 Meter Relay Boys Finals



# BOOK FAIR

May 3rd - May 10th

### Hours

Friday: Afterschool - 4:30  
 Monday: Afterschool - 5:45  
 Tuesday: Afterschool - 4:30  
 Wednesday: Afterschool - 4:30  
 Thursday: Afterschool - 6:45  
 Friday: Afterschool - 5:00

In the Sterling School Library

THANK YOU FOR YOUR SUPPORT!

# D-1 DISTRICT TRACK

## 5/8/24 @ PAWNEE CITY

### 10AM - FIELD EVENTS

Girls Shot Put followed by Girls Discus  
 Boys Discus followed by Boys Shot Put  
 Boys Long Jump followed by Girls Long Jump  
 Girls Triple Jump followed by Boys Triple Jump  
 Girls Pole Vault followed by Boys Pole Vault  
 Boys High Jump followed by Girls High Jump

### 1:30PM - RUNNING EVENTS

#### First Session

3200 Meter Relay - Girls Finals  
 3200 Meter Relay - Boys Finals  
 100 Meter Highs - Girls Prelims  
 110 Meter Highs - Boys Prelims  
 100 Meter Dash - Girls Prelims  
 100 Meter Dash - Boys Prelims  
 400 Meter Dash - Girls Finals  
 400 Meter Dash - Boys Finals  
 3200 Meter Run - Girls Finals  
 3200 Meter Run - Boys Finals  
 200 Meter Dash - Girls Prelims  
 200 Meter Dash - Boys Prelims

#### Intermission

#### Second Session

100 Meter Highs - Girls Finals  
 110 Meter Highs - Boys Finals  
 100 Meter Dash - Girls Finals  
 100 Meter Dash - Boys Finals  
 800 Meter Run - Girls Finals  
 800 Meter Run - Boys Finals  
 300 Meter Hurdles - Girls Finals  
 300 Meter Hurdles - Boys Finals  
 200 Meter Dash - Girls Finals  
 200 Meter Dash - Boys Finals  
 1600 Meter Run - Girls Finals  
 1600 Meter Run - Boys Finals  
 400 Meter Relay - Girls Finals  
 400 Meter Relay - Boys Finals  
 1600 Meter Relay - Girls Finals  
 1600 Meter Relay - Boys Finals

## Memorial Day Weekend Pie Sale!

Enjoy a Pie for Memorial Day Weekend while supporting your 2025 Sterling Post Prom!!!

Apple - Cherry - Peach - Strawberry-Rhubarb

- Free Will Offering (\$15 suggested minimum to cover time/cost)
- Pies will be baked fresh on May 25<sup>th</sup> and available for pickup 1pm - 4pm that day at the Sterling school cafeteria.

To place orders text or call:  
**Rachel Horstman @ 402-239-2589 by May 20<sup>th</sup>**  
 (Checks, Cash, and Venmo will be accepted payments.)

\*\*\*If you'd like to donate a pie for the Memorial Day Dinner at the school, we will make it and deliver it there for you.

THANK YOU FOR YOUR SUPPORT!