

STERLING PUBLIC SCHOOLS - WEEKLY BULLETIN: May 13-20, 2023

Saturday
May 13

Graduation - 2PM - GYM

Monday
May 15

Breakfast: Pop Tarts, Egg Patty, Little Smokies, Peaches
Lunch: Chicken Strips, Mac & Cheese, Green Beans, Applesauce, Fruit, Salad Bar
RSH - 3rd period
TRACK PRACTICE after school
Girls BB Camp (Grades 2-8) 3:45-5:15PM - Gym
Sterling TAB Meeting @ Sterling Public Library (downtown) - 3:50PM
School Board Meeting - 7PM

Tuesday
May 16

Breakfast: Pancakes, Sausage Links, Strawberries
Lunch: Hot Dogs, Baked Beans, Pineapple, Fruit, Salad Bar
FINALS - schedules below
Grades K-2 Field Trip to Kimmel Orchard - Bus leaves @ 8:30AM
TRACK PRACTICE after school
Girls BB Camp (Grades 2-8) 3:45-5:15PM - Gym

Wednesday
May 17

Breakfast: Waffles, Ham Slices, Pears
Lunch: Grilled Chicken Sandwich, Chips, Peas, Oranges, Fruit, Salad Bar
FINALS - schedules below
TRACK PRACTICE after school
Girls BB Camp (Grades 2-8) 3:45-5:15PM - Gym

Thursday
May 18
EARLY OUT
1:37PM

LAST DAY OF SCHOOL (K-11)!!!
Breakfast: Chef's Choice
Lunch: Chef's Choice
TRACK PRACTICE after school

Friday
May 19

State Track Meet @ Omaha Burke - schedule on back
Teacher Workday

Saturday
May 20

State Track Meet @ Omaha Burke - schedule on back

DOORS TO THE SCHOOL OPEN AT 7:45AM. STUDENTS ARE NOT ALLOWED INSIDE UNTIL THIS TIME.

MAY 28
Alumni Banquet
*Social Time - 4PM - Gym
*Banquet - 4:30PM - Gym
*Social Time & Karaoke - 7PM @ Scott's Place

MAY 29
Memorial Day
*Dinner - 11AM - Gym

| Tuesday, May 16 | | |
|-----------------|----------------------------|-------------|
| 8:00-9:00 | 1st Period Final | |
| 9:00-9:30 | AP/Study Hall in AP | |
| 9:32-10:32 | 3rd Period Final | |
| 10:34-10:44 | Break in 5th Period | |
| 10:44-11:44 | 5th Period Final | |
| 11:46-1:21 | 7-8 Lunch | 11:46-12:16 |
| | 7-8 2nd Period Study Hall | 12:18-1:21 |
| | 9-11 2nd Period Study Hall | 11:46-12:51 |
| | 9-11 Lunch | 12:51-1:21 |
| 1:23-2:23 | 7th Period Final | |
| 2:25-2:37 | Break in 4th Period (MWF) | |
| 2:37-3:37 | 4th Period Final (MWF) | |

| Wednesday, May 17 | | |
|-------------------|---|-------------|
| 8:00-9:00 | Study Hall in 1st Period/Class Registration w/ Mrs. Heusman | |
| 9:00-9:30 | AP/Study Hall in AP | |
| 9:32-10:32 | 2nd Period Final | |
| 10:34-10:44 | Break in 4th Period | |
| 10:44-11:44 | 4th (T/TH) Period Final/ Study Hall | |
| 11:46-1:21 | 7-8 Lunch | 11:46-12:16 |
| | 7-8 Study Hall 8th Period | 12:18-1:21 |
| | 9-11 Study Hall 8th Period | 11:46-12:51 |
| | 9-11 Lunch | 12:51-1:21 |
| 1:23-2:23 | 6th Period Final | |
| 2:25-2:37 | Break in 8th Period | |
| 2:37-3:37 | 8th Period Final | |

State Track Info

|  2023 State Track & Field Championship Schedule Omaha Burke Stadium - 12200 Burke Blvd. - Omaha, NE - 68154 | |
|--|--|
| Friday - May 19 (Class C and Class D) Field Events 9:00 AM CLASS D GIRLS POLE VAULT 9:00 AM CLASS D GIRLS DISCUS 9:30 AM CLASS C BOYS HIGH JUMP 9:30 AM CLASS C GIRLS LONG JUMP 9:30 AM CLASS D BOYS TRIPLE JUMP 9:30 AM CLASS C BOYS SHOT PUT 11:30 AM CLASS D BOYS HIGH JUMP 11:30 AM CLASS D GIRLS LONG JUMP 11:30 AM CLASS C BOYS TRIPLE JUMP 11:30 AM CLASS D BOYS SHOT PUT 12:00 PM CLASS C GIRLS POLE VAULT 12:00 PM CLASS C GIRLS DISCUS 1:15 PM Awards Presentations Running Events (D Girls, C Girls, D Boys, C Boys) 1:30 PM 3200 M RELAY (Finals) 2:25 PM 100 M HIGH HURDLES 2:45 PM 110 M HIGH HURDLES 3:05 PM 100 M DASH 3:45 PM Awards Presentations 4:00 PM 400 M DASH 4:40 PM 3200 M RUN (Finals) 5:40 PM 300 M LOW HURDLES 6:00 PM 300 M INT. HURDLES 6:20 PM Awards Presentations 6:30 PM 200 M DASH | Saturday - May 20 (Class C and Class D) Field Events 9:00 AM CLASS C BOYS POLE VAULT 9:00 AM CLASS C BOYS DISCUS 9:30 AM CLASS D GIRLS HIGH JUMP 9:30 AM CLASS D BOYS LONG JUMP 9:30 AM CLASS C GIRLS TRIPLE JUMP 9:30 AM CLASS D GIRLS SHOT PUT 11:30 AM CLASS C GIRLS HIGH JUMP 11:30 AM CLASS C BOYS LONG JUMP 11:30 AM CLASS D GIRLS TRIPLE JUMP 11:30 AM CLASS C GIRLS SHOT PUT 12:00 PM CLASS D BOYS POLE VAULT 12:00 PM CLASS D BOYS DISCUS 1:15 PM Awards Presentations Running Events (D Girls, C Girls, D Boys, C Boys) 1:30 PM 800 M RUN 2:10 PM 400 M RELAY 2:50 PM Awards Presentations 3:05 PM 100 M HIGH HURDLES 3:15 PM 110 M HIGH HURDLES 3:25 PM 100 M DASH 3:40 PM Awards Presentations 3:55 PM 400 M DASH 4:20 PM 1600 M RUN 4:55 PM 300 M LOW HURDLES 5:05 PM 300 M INT. HURDLES 5:15 PM 200 M DASH 5:30 PM Awards Presentations 5:50 PM 1600 M RELAY 6:50 PM Awards Presentations |



MAY 15th - 17th
YOUTH/JUNIOR HIGH CAMP
 Students Entering Grades 2-8
 3:45-6:15PM in the GYM

MAY 30th - JUNE 2nd
HIGH SCHOOL CAMP
 Students Entering Grades 9-12
 8-10AM in the GYM

2023 STERLING LADY JETS - BASKETBALL CAMP

2023 Sterling High Alumni Banquet

followed by

Alumni & Community Social Event

Banquet @ Sterling High School Gymnasium
 Sunday, May 28, 2023
 4:00 p.m. Social Time; 4:30 p.m. Banquet
 Social and Karaoke @ Scott's Place 7:00 p.m.

Pre-registration tickets \$20; Tickets at the door \$25

For advanced registration, you may register online and pay via PayPal or Venmo. When using either PayPal or Venmo, please include a note with your name(s) and class year(s). You can also mail a check and the registration form below:

2023 STERLING HIGH ALUMNI BANQUET

Sterling High School Gymnasium
 Sunday, May 28, 2023
 4:00 p.m. Social Time ~ 4:30 p.m. Banquet

Advanced registration by May 20th, please mail check and this registration form to:

Attn: Jenna Pelchat
 Sterling Alumni Association
 306 Walnut St.
 Johnson, NE 68378

Name: _____
 Sterling High Class of: _____ at \$20.00 each = \$ _____
 Advanced Meal Ticket (s): _____
 Tickets available at the door for \$25.00 each.




Jenna Pelchat




JET PRIDE

MAY 30th - JUNE 1st
YOUTH CAMP
 Students Entering Grades 2-5
 10-11:30AM @ GYM

MAY 30th - JUNE 2nd
JUNIOR HIGH CAMP
 Students Entering Grades 6-8
 10AM-12PM @ Community Building with
 Coach Pelchat

MAY 30th - JUNE 2nd
HIGH SCHOOL CAMP
 Students Entering Grades 9-12
 12-2:30PM @ GYM

The camp is designed to emphasize the basic fundamentals and concepts of basketball. Individual instruction and team competitions will take place during the campers experience.

2023 STERLING JETS BOYS BASKETBALL CAMP