

# STERLING PUBLIC SCHOOLS - WEEKLY BULLETIN: Mar 30-Apr 6, 2024

**Saturday  
March 30** JH/HS Trap Shoot @ Beatrice Gun Club  
WAC Easter Egg Hunt @ Sterling Park 10AM - info on back

**Monday  
April 1** **NO SCHOOL - EASTER BREAK**  
TRACK PRACTICE 8-10AM

**Tuesday  
April 2** Breakfast: Cereal, Boiled Egg, Fruit, Milk  
Lunch: Popcorn Chicken, Fruit, Veggie, Salad Bar  
TESTING - MAP Growth READING - Grade 2 - MAP Growth MATH - Grade K  
RSH - 7th period  
Always Changing Talk - 5th Graders - 1PM  
TRACK PRACTICE 4-6PM

**Wednesday  
April 3** Breakfast: Pancakes, Sausages, Fruit, Milk  
Lunch: Waffle Stix, Egg Patty, Fruit, Veggie, Salad Bar  
TESTING - MAP Growth MATH - Grade 1 & 2 - Fluency - Grade K  
RSH - 6th period  
State FFA Convention  
HS Track Mustang Invite @ Friend - Bus leaves @ 7:33AM - schedule on back  
Trap Practice 4:30-6PM

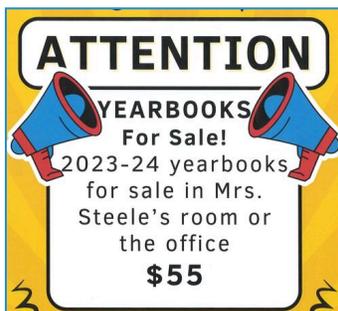
**Thursday  
April 4** Breakfast: Sausage Gravy w/ Biscuits, Egg Patty, Fruit, Milk  
Lunch: Mac & Cheese, PB&J, Fruit, Veggie, Salad Bar  
TESTING - MAP Growth READING - Grade K & 1 - MAP Growth LA - Grade 2  
RSH - 5th period  
State FFA Convention - Van leaves @ 7AM  
JH Track HTRS Invite @ Pawnee City - 9:30 AM Bus leaves @ 8AM - schedule on back  
TRACK PRACTICE 4-6PM

**Friday  
April 5** Breakfast: Chef's Choice  
Lunch: Chef's Choice  
RSH - 4th period  
State FFA Convention - Van leaves @ 8AM  
TRACK PRACTICE 4-6PM

**Saturday  
April 6** JH/HS Trap Shoot @ Beatrice Gun Club  
NHS Trash Pick Up 8-9:30AM - meet at Hancock's  
Prom @ CB - Post Prom - info ----->

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\*USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYEE  
\*if/when the salad bar is available, it may be limited  
\*milk availability may be limited

**DOORS TO THE SCHOOL OPEN AT 7:45AM.  
STUDENTS ARE NOT ALLOWED INSIDE UNTIL THIS TIME.**



## ITINERARY

**5:15 pm:** Line up in vehicles by the school for the prom parade  
**6:30 pm:** Class pictures  
**6:45 pm:** Coronation  
**7:00 pm:** Doors close, Dinner begins  
**10:30 pm:** Dance ends ( Change for Urban Air at Community Building )  
**10:40 pm:** Navigator Motorcoaches chartered bus arrives at Community Building  
**11:00 pm:** Charter bus departs ( No other transportation allowed to Urban Air. )  
**12:30 am:** Charter bus arrives at Urban Air. ( 15364 Weir St, Omaha, NE 68137 )  
**12:30 - 2:30 am:** Students and dates enjoy post-prom activities and snacks at Urban Air.  
**2:30 am:** Charter bus loads and returns to Sterling.  
**4:00 - 5:00 am:** Students return to Sterling; clear charter bus of personal items and trash; prizes raffled to students and dates; students dismissed.

### QUESTIONS?

For questions, contact **Kendra Matkins** ( kmatkins@sterlingpublicschools.com ) or **Becky McAuliffe** ( rebamcauliffe@gmail.com )

# MERIDIAN MUSTANGS TRACK INVITE

## 4/3/24

### Field Event Time Schedule

10AM	Boys: Discus Long Jump High Jump	Girls: Pole Vault Triple Jump Shot Put
11:15AM	Shot Put Pole Vault Triple Jump	High Jump Discus Long Jump

### Running Events APPROXIMATE time schedule

Prelims:	12:30	3200 Meter Relay, FINALS	Girls
	12:45	3200 Meter Relay, FINALS	Boys
	1:00	100 Meter High Hurdles	Girls
	1:10	110 Meter High Hurdles	Boys
	1:20	100 Meter Dash	Girls
	1:30	100 Meter Dash	Boys
	1:40	400 Meter Dash, FINALS	Girls
	1:50	400 Meter Dash, FINALS	Boys
	2:00	3200 Meter Run, FINALS	Girls
	2:15	3200 Meter Run, FINALS	Boys
	2:30	200 Meter Dash	Girls
	2:40	200 Meter Dash	Boys
FINALS	3:15	100 Meter High Hurdles	Girls
	3:20	110 Meter High Hurdles	Boys
	3:30	100 Meter Dash	Girls
	3:35	100 Meter Dash	Boys
	3:40	800 Meter Run	Girls
	3:50	800 Meter Run	Boys
	4:00	300 Meter Low Hurdles	Girls
	4:10	300 Meter Intermediate Hurdles	Boys
	4:20	200 Meter Dash	Girls
	4:25	200 Meter Dash	Boys
	4:30	1600 Meter Run	Girls
	4:40	1600 Meter Run	Boys
	4:50	400 Meter Relay	Girls
	5:00	400 Meter Relay	Boys
	5:10	1600 Meter Relay	Girls
	5:20	1600 Meter Relay	Boys

# HTRS JH Track Meet

## 4/4/24

### Field Events:

#### Series 1 (9:30 am):

Girls Triple Jump	Boys Long Jump
Boys High Jump	Girls Shot (North)
Boys Discus (South)	Girls Pole Vault

#### Series 2 (To follow series 1):

Girls Long Jump	Boys Triple Jump
Girls High Jump	Girls Discus (North)
Boys Shot (South)	Boys Pole Vault

### Track Events: 11AM

#### [Girls followed by Boys]

800 Meter Relay  
1600 Meter Run  
Girls 100 Meter Hurdles  
Boys 110 Meter Hurdles  
100 Meter Dash  
400 Meter Run  
300 Intermediate Hurdles  
800 Meter Run  
200 Meter Dash  
*Short Break – If needed*  
400 Meter Relay  
1600 Meter Relay



**MOTHER & SON  
NERF  
BATTLE**  
FRIDAY, APRIL 19  
6:30-8:30PM  
\$20

Includes an adult and one student (Grades K-6).  
Additional student is \$5.  
**Provided:** Refreshments, Snacks, & Nerf bullets.  
**Bring:** Safety eyewear (if you choose) & nerf gun(s)  
Some nerf guns will be available to use  
for those that do not have one.  
Sponsored by HS Student Council @ the School



**Sterling FFA**  
**PANCAKE FEED**  
APRIL 21, 2024  
9:00 a.m. - 12:30 p.m.  
Sterling Community Center  
Pancakes, Sausage, & Juice  
Free will donation



Saturday March 30th, 2024  
**Easter Egg Hunt!**  
THE HUNT STARTS AT 10:00 AM @ STERLING PARK.  
CHILDREN 3RD GRADE & UNDER ARE WELCOME!  
COME GET A PICTURE WITH THE EASTER BUNNY!  
EVERYONE WINS A PRIZE!  
DON'T FORGET TO GET YOUR PRIZE EGG BEFORE YOU LEAVE.  
Rain Location: Sterling School  
Hosted By: Sterling Women's Action Club