

WEEKLY BULLETIN

Sterling Public Schools



March 25-April 1, 2016

Friday
March 25

TRACK Practice: 8AM

Sunday
March 27



Monday
March 28

NO SCHOOL - EASTER BREAK

TRACK Practice: 4PM

Tuesday
March 29

Breakfast: WG Waffle, Sausage OR WG Cereal/WG Waffle, Fruit/Juice, Milk

Lunch: Chicken Gravy, WG Biscuit OR WG Bread, Peas, Peaches

RSH - none

Wilber-Clatonia HS Track Invite @ 2PM - Bus leaves @ 11:59AM *Schedule on back

Wednesday
March 30

Breakfast: WG Cereal, WG Toast, Fruit/Juice, Milk

Lunch: French Dip Sandwich, Green Beans, Tator Gems and/or Swt. Tator Gems, Pears

RSH - 4th period

MUDECAS HS Quiz Bowl @ Neb. City Lourdes - 10AM - Van leaves @ 8:30AM

TRACK Practice: after school

Thursday
March 31

Breakfast: Toaster Pastry, Sausage OR WG Cereal/Sausage, Fruit/Juice, Milk

Lunch: Pork Patty on WG Bun, Mashed Potatoes w/ Gravy, Corn, Pineapple Tidbits

RSH - 3rd period

TRACK Practice: after school

FFA FIELD TRIP TO SOUTH DAKOTA - Van leaves @ 4PM

Friday
April 1

Breakfast: Yogurt Parfait OR WG Cereal/WG Muffin, Fruit/Juice, Milk

Lunch: Chicken Teriyaki, WG Rice, Broccoli w/ Cheese, Mixed Fruit

π Peru State Math Contest - Van leaves @ 8:30AM

TRACK Practice: after school

FFA FIELD TRIP TO SOUTH DAKOTA

To Kill A Mockingbird Field Trip - Bus leaves @ 5PM

* USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

MORE INFO ON BACK

Stay up to date with all things JET related by going to the school website: www.sterlingjets.org, our [Facebook](#) page, and for sports scores, follow us on Twitter: [@spsjetpride!!!](#)

Wilber-Clatonia HS Track Invite Tuesday, March 29, 2016

Schedule & Order of Events

Field Events **2PM**

Shot: Girls followed by Boys

Discus: Boys followed by Girls

High Jump: Boys followed by Girls

Pole Vault: Girls followed by Boys

Triple Jump then Long Jump: Boys

Long Jump then Triple Jump: Girls

Running Events **3PM**

3200 M Relay	Girls	Finals
3200 M Relay	Boys	Finals
100 M Inter. Hurdles (33")	Girls	Prelim.
110 M High Hurdles (39")	Boys	Prelim.
100 M Dash	Girls	Prelim.
100 M Dash	Boys	Prelim.
400 M Dash	Girls	Finals
400 M Dash	Boys	Finals
3200 M Run	Girls	Finals
3200 M Run	Boys	Finals
200 M Dash	Girls	Prelim.
200 M Dash	Boys	Prelim.

BREAK (time to be announced)

100 M Inter. Hurdles	Girls	Finals
110 M High Hurdles	Boys	Finals
100 M Dash	Girls	Finals
100 M Dash	Boys	Finals
800 M Run	Girls	Finals
800 M Run	Boys	Finals
300 M Hurdles (30")	Girls	Finals
300 M Hurdles (36")	Boys	Finals
200 M Dash	Girls	Finals
200 M Dash	Boys	Finals
1600 M Run	Girls	Finals
1600 M Run	Boys	Finals
400 M Relay	Girls	Finals
400 M Relay	Boys	Finals
1600 M Relay	Girls	Finals
1600 M Relay	Boys	Finals