

# Weekly Bulletin

Sterling Public Schools

August 29-September 3, 2011

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**Monday**  
**Aug. 29**  
Breakfast Menu: Garlic Cheese Toast or Cereal/Fruit, juice, milk  
Menu: Breaded Chicken Patty, mashed potatoes w/gravy, corn, pineapple tidbits  
Volleyball practice after school  
Football practice after school  
5<sup>th</sup> Grade Dietze Instrument Display for Parents and Students – 7 p.m.

**Tuesday**  
**Aug. 30**  
Breakfast Menu: Scrambled Eggs, Toast or Cereal/Toast, juice, milk  
Menu: Tacos, peas, celery w/peanut butter, apple  
Volleyball practice after school  
Football practice after school

**Wednesday**  
**Aug. 31**  
Breakfast Menu: French Toast Sticks, Sausage or Cereal/Sausage, juice, milk  
Menu: Sloppy Joes, french fries, carrot sticks, mandarin oranges  
Volleyball practice after school  
Football practice after school

**Thursday**  
**Sept. 1**  
Breakfast Menu: Cereal, Toast, Fruit, juice, milk  
Menu: Mini Corn Dogs, broccoli w/cheese or mixed vegetables, lettuce salad, mixed fruit  
Football practice after school  
Volleyball @ Freeman Invite – *Schedule on Back*  
Football practice after school

**Friday**  
**Sept. 2**  
Breakfast Menu: Breakfast Bar or Cereal/Fruit, juice, milk  
Menu: Cavatini, green beans, breadsticks, pears  
Volleyball practice after school  
Football vs. Freeman- HOME – 7 p.m.

**Saturday**  
**Sept. 3**  
Volleyball @ Freeman Invite – *Schedule on Back*  
Pool A vs. Pool B Championship Game – 2 p.m.

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- Mary Lou Rudder's Dance Classes – Registration is on Saturday, August 27 from 10 to Noon in the school cafeteria. Classes start on September 10.
- JUNIORS are selling Magazines Now. Contact a Junior or the school office.
- BOOSTER CLUB APPAREL will be on sale at the Volleyball and Football games. Make sure to get your orders in for this next year.
- Hamburger Burger Feed on Friday, Sept. 30 starting at 5:30 p.m. at the football field before the Homecoming game sponsored by Post Prom Parents. See more information on the website, newsletter and upcoming weekly bulletins.
- Post Prom Parents Meeting on September 13 in the cafeteria at 7 p.m. Please mark your calendars.

# *Freeman Invitational Volleyball Tournament*

Thursday, September 1st & Saturday, September 3rd, 2011  
Freeman High School, 415 Eighth Street, Adams, Nebraska

POOL A - North Court (Nearest Stage)

POOL B - South Court (Opposite Stage)

## **POOL PLAY**

### **Thursday, September 1, 2011**

4:00 pm – Lewiston v. Elmwood-Murdock  
5:00 pm – Freeman v. Friend  
6:00 pm – Elmwood-Murdock v. Deshler  
7:00 pm – Lewiston v. Freeman  
8:00 pm – Friend v. Deshler

4:00 pm – Parkview v. Diller-Odell  
5:00 pm – Sterling v. Johnson-Brock  
6:00 pm – Diller-Odell v. Southern  
7:00 pm – Johnson-Brock v. Parkview  
8:00 pm – Southern v. Sterling

### **Saturday, September 3, 2011**

9:00 am – Freeman v. Elmwood-Murdock  
10:00 am – Friend v. Lewiston  
11:00 am – Deshler v. Freeman  
12:00 pm – Elmwood-Murdock v. Friend  
1:00 pm – Deshler v. Lewiston

9:00 am – Diller-Odell vs. Johnson-Brock  
10:00 am – Parkview v. Sterling  
11:00 am – Johnson-Brock v. Southern  
12:00 pm – Sterling v. Diller-Odell  
1:00 pm – Southern v. Parkview

**2:00 pm – Pool A #1 vs. Pool B #1 – Championship Contest – On first available court.**

Seeding Criteria:     A) Win/Loss percentage of games played in total matches within your pool.  
                              B) Winner of head to head match-up.  
                              C) Point differential of games played.

**\*\*\*\* HOME TEAM WILL BE THE FIRST TEAM LISTED IN THE PAIRINGS**