

NOVEMBER MENUS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Milk Served with every meal. Alternate Entrée: Chef Salad Variety of fruits/vegetables offered with every meal. Menu subject to change.</p>			<p>1 B- Breakfast Bar OR WG Cereal/WG Muffin, Fruit/Juice, Milk L- Salisbury Steak, Mashed Potatoes w/ Gravy, Dinner Roll, Applesauce</p>	<p>2 B- Toaster Pastry, Sausage OR WG Cereal/Sausage, Fruit/Juice, Milk L- Hamburger, Baked Beans, Cottage Cheese, Peaches</p>
<p>5 B- Omelet, WG Toast OR WG Cereal/WG Toast, Fruit/Juice, Milk L- Submarines, Broccoli w/ Cheese, Coleslaw, Pineapple Tidbits</p>	<p>6 B- Yogurt Parfait OR WG Cereal/WG Muffin, Fruit/Juice, Milk L- Chicken Noodle Soup, PB&J Sandwich, Lettuce Salad, Mandarin Oranges</p>	<p>7 B- Scrambled Eggs, WG Toast OR WG Cereal/WG Toast, Fruit/Juice, Milk L- Ham Patty on WG Bun, Tator Gems and/or Swt. Tator Gems, Applesauce</p>	<p>8 B- WG Cereal, WG Toast, Fruit/Juice, Milk L- Spaghetti, Green Beans, Garlic Bread, Peaches</p>	<p>9 B- WG Donut OR WG Cereal/WG Donut, Fruit/Juice, Milk L- Chicken Drumstick, Mashed Potatoes w/ Gravy, Peas, Pears</p>
<p>12 B- Breakfast Tornado OR WG Cereal/WG Muffin, Fruit/Juice, Milk L- Pulled Pork Sandwich, Black Bean Salad, Potato Chips, Applesauce</p>	<p>13 B- WG Pancakes, Sausage OR WG Cereal/Sausage, Fruit/Juice, Milk L- Tacos, Corn, Celery w/ PB, Mandarin Oranges</p>	<p>14 B- Oatmeal or WG Toast OR WG Cereal/WG Toast, Fruit/Juice, Milk L- Chicken Nuggets, FF and/or Swt. FF, Broccoli w/ Cheese, Pears</p>	<p>15 B- French Toast Sticks, Sausage OR WG Cereal/Sausage, Fruit/Juice, Milk L- Turkey, Dressing, Mashed Potatoes w/ Gravy, Green Bean Casserole, Thanksgiving</p>	<p>16 B- Sausage Gravy over WG Biscuits OR WG Cereal/WG Biscuits, Fruit/Juice, Milk L- Hot Dog on WG Bun, Baked Beans, Pineapple</p>
<p>19 B- Belgian Waffle Sticks, Sausage OR WG Cere- al/Sausage, Fruit/Juice, Milk L- Chicken Patty on WG Bun, Mashed Potatoes w/ Gravy, Mixed Vegetables, Peaches</p>	<p>20 B- Apple or Cherry Frudel OR WG Cereal/WG Muffin, Fruit/Juice, Milk L- Ham and Bean Soup, Honey Corn Biscuit, Gelatin</p>	<p>21 NO SCHOOL THANKSGIVING BREAK</p>	<p>22 NO SCHOOL THANKSGIVING BREAK</p>	<p>23 NO SCHOOL THANKSGIVING BREAK</p>
<p>26 B- Toaster Pastry, Sausage OR WG Cereal/Sausage, Fruit/Juice, Milk L- Mini Corn Dogs, Baked Beans, Tator Gems and/or Swt. Tator Gems, Peaches</p>	<p>27 B- Omelet, WG Toast OR WG Cereal/WG Toast, Fruit/Juice, Milk L- Tomato Soup, Cheese Sandwich, Lettuce Salad, Applesauce</p>	<p>28 B- WG Cinnamon Roll OR WG Cereal/WG Muffin, Fruit/Juice, Milk L- Chicken Nuggets, Corn, Mashed Potatoes w/ Gravy, Pineapple Tidbits</p>	<p>29 B- Yogurt Parfait OR WG Cereal/Granola Bar, Fruit/Juice, Milk L- Chili Soup w/ Cheese, Cinnamon Roll, Lettuce Salad, Pears</p>	<p>30 B- Breakfast Pizza OR WG Cereal/WG Muffin, Fruit/Juice, Milk L- Nachos w/ Cheese Sauce or Bean Dip, Green Beans, Celery w/ PB, Apple Churro</p>