

Weekly Bulletin

Sterling Public Schools

Oct. 30-Nov. 6, 2009

**Friday
Oct. 30** Pioneer Conf. Volleyball Championship Game @ Freeman 7:45 pm (Sterling vs. FCSH)
Bus leaves at 6:00 p.m.

**Saturday
Oct. 31** Sterling JV Volleyball Tournament – 9 a.m. Sterling JV plays at 9 a.m.
Sterling Rescue Halloween Dinner at the Fire Barn – info. below

**Monday
Nov. 2** Breakfast Menu: Garlic Cheese Toast or Cereal/Fruit, milk, juice
Menu: Goulash, peas, tea rolls w/jelly, pears
State Football Shirt Orders due by Noon
Football practice after school
Sub-District Volleyball – Sterling plays at 6:15 p.m. @ Fairbury Bus leaves at 3:35 pm

**Tuesday
Nov. 3** Breakfast Menu: Cereal, Toast, Fruit, milk, juice
Menu: Turkey & Cheese Sandwich, french fries, carrot sticks, pineapple tidbits
ESU #4 Health Van Coming
Sub-District Volleyball @ Fairbury High School – 7 p.m.
Football practice after school

**Wednesday
Nov. 4** Breakfast Menu: Toaster Pastry or Cereal/Fruit, juice, milk
Menu: Vegetable Beef Soup, lettuce salad, cheese breadsticks, orange slice
Volleyball practice after school
Second Round of Football State Playoffs – vs. Hampton – HOME - 7:00 p.m.

**Thursday
Nov. 5** Breakfast Menu: Scrambled Eggs, Toast or Cereal/Toast, juice, milk
Menu: Tacos, green beans, celery w/peanut butter, peaches
Football practice after school
Volleyball practice after school

**Friday
Nov. 6** Breakfast Menu: Pancakes, Sausage or Cereal/Sausage, juice, milk
Menu: Chicken Patty on Bun, mashed potatoes w/gravy, corn, mixed fruit
Volleyball District Finals - TBA
Football practice after school

*******more information on the back**

- Lunch Statements will be going home today 10/30.
- Mary Lou's Gymnastics Classes will be held in the Music room on Saturday, Oct. 31
- **Sterling Rescue** will be hosting a hamburger/hot dog dinner on Saturday, October 31st from 5-7:30 p.m. This event will be held in the Ambulance Bay. We will again have safety information for trick-or-treaters. This year the proceeds will go towards the purchase of a new hydraulic patient cot. Have a safe and happy Halloween!
- Veteran's Day Program will be Wednesday, November 11. Refreshments and Social Gathering will be at 9:00 a.m. and Program will begin at 9:45 a.m.
- **Booster Club** Did you know Sterling Jets apparel and merchandise can also be ordered directly from the school website? Sterling Jets personalized car decals are only one of the many options available online!

