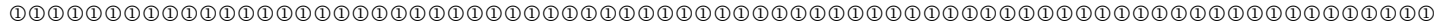


Weekly Bulletin

Sterling Public Schools

August 21-28, 2009

Friday Football “Sports Drink” Scrimmage – 7:00 p.m.
Aug. 21



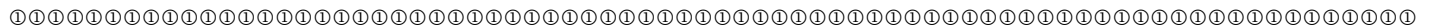
Monday Breakfast Menu: Pancakes, Sausage or Cereal/Sausage, juice milk
Aug. 24 Menu: Ham Patty, tator gems, carrot sticks, pineapple tidbits
Volleyball practice after school
Football practice after school

Tuesday Breakfast Menu: Scrambled Eggs, Toast or Cereal/Toast, juice milk
Aug. 25 Menu: Nachos, green beans, celery w/peanut butter, peaches
EARLY DISMISSAL – 1:45 p.m. Teacher In-Service – 2:00 p.m.
Volleyball practice – 3:30 p.m.
Football practice – 3:30 p.m.
5th Grade Instrument Display – 7:00 p.m. in the Band room

Wednesday Breakfast Menu: Cereal, Toast, Fruit, Juice,
Aug. 26 Menu: Chicken Nuggets, mashed potatoes w/gravy, corn, applesauce
Volleyball practice after school
Football practice after school

Thursday Breakfast Menu: Donut, Yogurt or Cereal/Yogurt, juice milk
Aug. 27 Menu: Goulash, lettuce salad, tea rolls w/jelly, pears
Football practice after school
Volleyball button pictures after school – Please have an idea of how many you need.
Volleyball “Sports Drink Scrimmage” – 7:00 p.m.

Friday Breakfast Menu: Toaster Pastry or Cereal/Fruit, juice, milk
Aug. 28 Menu: Chicken Fajita, rice, peas, mixed fruit
Volleyball practice after school
Varsity Football @ Prague – 7:00 pm. Bus leaves at 4:00 p.m.



- Mary Lou’s Dance and Gymnastics will be having Sign Up Day on August 22 in the school cafeteria from 10 a.m. to noon.
- The Dance Team Carnival for Saturday, Aug. 22 has been postponed.
- Button Pictures are being taken again this year. We will be taking the Boys Football picture Aug. 21 and the Volleyball pictures on Aug. 27. Please make sure your child knows how many buttons they will need to order at the time of pictures. For those parents of football players that were not aware of this soon enough, please contact the office or Mr. Salberg by Monday noon to get the order in and back asap.
- JUNIOR CLASS MAGAZINE SALES are going on now! Call the office or contact a Junior Class member to get an order blank.
- PRAGUE – The Prague Post Prom Parents are having a Burger Bash, Friday, August 28 at the game from 5:00 p.m. -?. Prices are \$4 plate (hamburger, beans, & chips), \$2 burger only.