

Weekly Bulletin

Sterling Public Schools

August 20-27, 2010

Friday
Aug. 20 Volleyball practice - TBA
Football practice – 2 p.m.

Sunday
Aug. 22 Sterling Band will be marching in the Johnson County Parade – 5:30 p.m.

Monday
Aug. 23 Breakfast Menu: Cinnamon Toast or Cereal/Fruit, juice, milk
Menu: BBQ Rib Sandwich, french fries, lettuce salad, peaches
Volleyball practice after school
Football practice after school
Post Prom Parents Meeting (Jr. Parents) in the Cafeteria at 7 p.m.

Tuesday
Aug. 24 Breakfast Menu: Breakfast Pizza or Cereal/Fruit, juice, milk
Menu: Goulash, green beans, tea rolls w/jelly, pears
Sports Preview Pictures begin at 3:45 p.m. with Volleyball first then Football
Volleyball practice after school
Football practice after school

Wednesday
Aug. 25 Breakfast Menu: Cereal, Toast, Fruit, juice, milk
Menu: Submarines, peas, gelatin, applesauce
Volleyball practice after school
Football practice after school

Thursday
Aug. 26 Breakfast Menu: Mozzie Cheese Toast or Cereal/Fruit, juice, milk
Menu: Tacos, corn, celery w/peanut butter, pineapple tidbits
Volleyball practice after school
Football practice after school
Volleyball Sports Drink Scrimmage – 6 p.m.
Football Sports Drink Scrimmage – 7:30 p.m.

Friday
Aug. 27 Breakfast Menu: Toaster Pastry or Cereal/Fruit, juice, milk
Menu: Chicken Patty, mashed potatoes w/gravy, carrot sticks, mixed fruit
A&P Class Field Trip to Omaha
Volleyball practice after school
Football practice after school

- PLEASE NOTICE THE TIME CHANGE ON THE FOOTBALL Sports Drink Scrimmage to **7:30 p.m.** on Aug. 26
- Mary Lou's Dance and Gymnastics will be having Registration on **Saturday August 21 from 10 a.m. to Noon** in the school cafeteria.
- **BAKE SALE for the Washington DC Trip – To be held on Friday, August 20 at 8 a.m. in Tecumseh at the President's Room next to the American National Bank.**
- **Girl Scouts Registration on August 26 at 6 p.m. in front of the school gym.**
- JUNIORS are selling Magazines Now. Contact a Junior or the school office.
- **BOOSTER CLUB APPARREL** will be on sale at the Volleyball and Football Scrimmages. Make sure to get your orders in for this next year.
- Hamburger & Pork Burger Feed on Friday, Sept. 17 starting at 6 p.m. at the football field before the Homecoming game sponsored by Post Prom Parents. See more information later.

Freeman Invitational Volleyball Tournament

Thursday, September 2nd & Saturday, September 4th, 2010
Freeman High School, 415 Eighth Street, Adams, Nebraska

POOL A - North Court (Nearest Stage)

POOL B – South Court (Opposite Stage)

POOL PLAY

Thursday, September 2, 2009

4:00 pm – Parkview v. Friend
5:00 pm – Freeman v. Lewiston
6:00 pm – Friend v. Sterling
7:00 pm – Lewiston v. Parkview
8:00 pm – Freeman v. Sterling

4:00 pm – Deshler v. Diller-Odell
5:00 pm – Elmwood-Murdock v. Johnson-Brock
6:00 pm – Diller-Odell v. Southern
7:00 pm – Johnson-Brock v. Deshler
8:00 pm – Southern v. Elmwood-Murdock

Saturday, September 4, 2009

9:00 am – Sterling v. Parkview
10:00 am – Friend v. Freeman
11:00 am – Lewiston v. Sterling
12:00 pm – Freeman vs. Parkview
1:00 pm – Friend v. Lewiston

9:00 am – Diller-Odell vs. Johnson-Brock
10:00 am – Deshler v. Elmwood-Murdock
11:00 am – Johnson-Brock v. Southern
12:00 pm – Elmwood-Murdock v. Diller-Odell
1:00 pm – Southern v. Deshler

2:00 pm – Pool A #1 vs. Pool B #1 – Championship Contest – On first available court.

Seeding Criteria: A) Win/Loss percentage of games played in total matches within your pool.
 B) Winner of head to head match-up.
 C) Point differential of games played.

**** HOME TEAM WILL BE THE FIRST TEAM LISTED IN THE PAIRINGS