

**PIONEER CONFERENCE
JUNIOR HIGH TRACK & FIELD CHAMPIONSHIPS
SATURDAY MAY 8, 2010
PAWNEE CITY HIGH SCHOOL**

SCHEDULE AND ORDER OF EVENTS

8:15 A.M. Scratch Meeting

Coaches can pick up heat and lane assignments at the track upon arrival. Final scratches and substitutes will be made at the scratch meeting.

9:00 A.M. Field Events

Boys' Discus followed by Boys' Shot Put
Girls' Discus followed by Girls' Shot Put
Girls' Long Jump followed by Boys' Long Jump
Boys' Triple Jump followed by Girls' Triple Jump
Girls' High Jump followed by Boys' High Jump
Boys' Pole Vault followed by Girls' Pole Vault

The Boys' Long Jump and Girls' Triple Jump will begin immediately after their respective Triple/Long Jump competitions are completed.
The Girls' and Boys' Shot Puts can begin before the Discus competitions are completed.

12:00 Running Events

Girls/Boys	800 Meter Relay	Finals
Girls/Boys	100/110 Meter Hurdles (30"/33")	Prelims
Girls/Boys	100 Meter Dash	Prelims
Girls/Boys	400 Meter Dash	Finals
Girls/Boys	1600 Meter Run	Finals
Girls/Boys	200 Meter Dash	Prelims

Break – TBA

Girls/Boys	100/110 Meter Hurdles (30"/33")	Finals
Girls/Boys	100 Meter Dash	Finals
Girls/Boys	800 Meter Run	Finals
Girls/Boys	300 Meter Hurdles (30")	Finals
Girls/Boys	200 Meter Dash	Finals
Girls/Boys	4x100 Meter Relay	Finals
Girls/Boys	4x400 Meter Relay	Finals

The fastest eight times will qualify for the finals. It is important to be as accurate as possible on the preliminary times so the top eight can advance.