



2010 Sterling Jets Football Camp July 21st, 22nd & 23rd

Grades 3-8 9:00 a.m. to 10:30 a.m.
Grades 9-12 7:00 a.m. to 9 a.m.

This camp will emphasize the fundamentals of football and the proper technique of all positions so that each individual can experience the footwork, agility, and gain the knowledge of this sport to make them better athletes.

Camp features:

*Camp T-Shirt

*Refreshments

*Individual instruction by the SHS football coaches, Wusk, Heusman, & Cockerill

This is a non-contact camp and each camper will need shorts, t-shirt and comfortable running shoes or football shoes.

Camp will be located South of the Small Baseball Field Area

The cost for the camp is \$25.00 and checks should be made payable to **Sterling Football Camp**.

2010 Sterling Football Camp Parent Release Form

I, _____, understand that football is a physical activity and there is a risk involved
Parent/Guardian
with my son participating in the Sterling Football Camp. By signing this form, I agree not to hold Sterling Public Schools or anyone associated with the camp responsible for injuries or damages incurred during his participation at the camp.

Players Name

Parent/Guardian Signature

Please return this form to the school or bring to the camp. If you have questions, call 866-4761 or Coach Wusk at 866-6670.