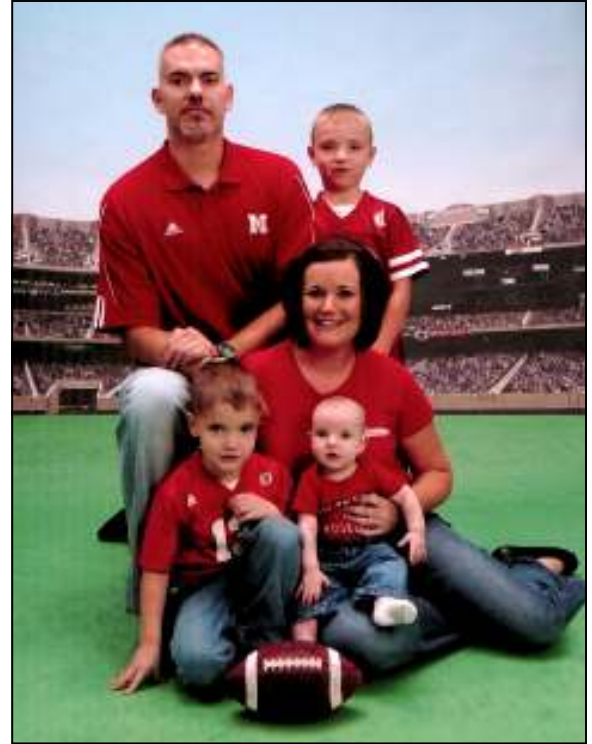


From The Principal's Desk

by Ryun Theobald, Principal

I would like to take this opportunity to introduce myself. My name is Ryun Theobald and I will be the K-12 Principal next year, serving the community of Sterling. Our family moved into the community in early June, and have been impressed with the friendly atmosphere of everyone we have met. We would also like to thank all of those individuals who helped us move in. It was greatly appreciated. Our family includes my wife Kim and three very energetic young boys. Kim will become a commuter this fall as she enters her 11th year of teaching science with the Wilber-Clatonia school district. Our children are Keegan (6) who will be a first grader here at Sterling, Kiffin (4) and Koen (14 months).



In front is Kiffin, wife Kim and son Koen on her lap, back row is Mr. Theobald and oldest son Keegan.

I come to Sterling with 14 years of experience as a high school science teacher and coach. The last three years I worked for the Norris school district. Prior to that, I was a teacher and coach with the Wilber-Clatonia school district. My first job was with the Cedar Rapids school district, which is very similar in size to Sterling (and they have the same school colors). My undergraduate degree is from the University of Nebraska at Kearney and my Masters Degree is from Doane.

I am excited to begin my career in administration at Sterling. There is strong evidence that this community has a very rich tradition both academically and athletically. I hope to lead our staff and students in continuing this fine tradition of excellence. These are just a couple of reasons that led our family to the community of Sterling. I have very high expectations for our students and staff, and am going to push so as to meet these expectations.

I will close this first communication with more communication. I have an open door policy. I believe that it takes an entire community to educate our children. I want all stakeholders to feel comfortable contacting me. I will gladly listen to what you have to say, both the positive and negative, but hopefully more of the positive. You may call me at school, send me an email or stop me at a school activity. Be assured that I will be doing what is best for the students and staff of the Sterling Public Schools. Thank you in advance for allowing me to serve in this district.

GO JETS!!

SUPERINTENDENT'S CORNER by Larry Harnisch

We will be opening a Preschool this fall to children who are ages 3, 4 or 5 after October 15, 2011. State law dictates that children age 5 by October 15 are Kindergarten eligible and therefore not allowed to attend a public school sponsored Preschool. The only exception is if a child has an Individual Education Plan. There will be an informational meeting on Tuesday, August 9th at 7:00 p.m., and the first day of Preschool will be Monday, August 15. Please plan to attend to learn more about the new program.

The 2011-2012 school year begins Monday, August 15th with classes starting 8-10 a.m. and dismissing at 2:37 p.m. Football and volleyball practices also start on Monday, August 15. Teachers will report or in-service activities on Thursday and

Friday, August 11th and 12th. The normal school day will start at 8-10 a.m. with dismissal at 3:34 p.m.

August 15th High School practices start

August 15th Volleyball practices start

August 15th Classes start at 8:10 a.m. with early dismissal at noon.

August 16th Classes start at 8:10 a.m. for all students with normal dismissal at 3:34 p.m.

It is our hope that you will take a few moments and review this school newsletter. Our school is here to serve your children and will correspond with you periodically to keep you informed. There will be times that we ask for assistance and cooperation to improve the learning opportunities for all children.

New Faces at Sterling Public School

Ryun Theobald is our new principal and will be replacing the retired Greg Peterson. Ryun has been teaching science the last fourteen years at Norris and Wilber Public Schools. Ryun, wife Kim and their three boys moved to Sterling this summer.

Angel Renninger, our new music teacher, most recently taught at North Platte Middle School. She has been teaching music the last twenty years at North Platte, Mullen, Clarks, Greeley and Geneva Public Schools. Angel, her husband Tom, and children have moved north of Adams.

Join with us in welcoming the Ryun Theobald and Angel Renninger to the staff.

HOT SCHOOL LUNCH/BREAKFAST PROGRAM - The application forms are included in this newsletter. It is **IMPERATIVE** that you file your free/reduce lunch application even if you qualified last year. I urge all of you to submit your application as soon as possible so that lunch bills don't start accumulating before your application is received. **HELP YOURSELF AS WELL AS THE SCHOOL BY FILING FOR FREE/REDUCED MEALS.** Sterling Public Schools' State Aid to Schools is affected positively by the number of students receiving free and reduced meals, and every dollar collected from state aid is one dollar less that is required locally in property taxes. One other comment about hot lunches, if your child qualifies for free or reduced lunches, this means that one basic meal will be served. **IF YOUR CHILD WANTS SECONDS FOR SOME ITEMS ON THE MENU, THEY WILL BE CHARGED FULL PRICE FOR THAT ADDITIONAL SERVING.**

Music Department Headed by Renninger



New Instrumental/Vocal teacher Angel Renninger.

Welcome our newest staff teaching addition Angel Renninger. Mrs. Renninger graduated from Wilber-Clatonia High School and attended Doane College. She is

married and has one son, who is still at home and will be attending Norris High School.

For the last six years she has been teaching 6th-8th grade instrumental and vocal music at Adams Middle School in North Platte. She has also taught at Clarks, Greeley and previously eight years at Mullen High School teaching high school instrumental and vocal music. This will be her 22nd year of teaching. She says "How time flies!"

When asked some of her hobbies she replied, "I like to attend concerts, plays and musicals." She also enjoys golfing in her spare time.

When asked what music do you listen to her response was "All kinds...I think listening to a wide variety of music makes me a better critical listener and many times changes my perception about what I'm listening to."

Mrs. Renninger was also asked about what she is looking forward at Sterling. "The students" she said. "I've heard many good things about the students here and look forward to working together with them to create the best music program in our area."

JUNIOR CLASS MAGAZINE FUNDRAISER

How Can You Help?

If you have subscriptions that need to be renewed, or you would like to subscribe to a new magazine, **Please SAVE your orders for our fundraiser.** Plan to give magazine subscriptions as gifts this year.

Renewal orders will simply extend current subscriptions Redirecting money from publishers to **our school.**

Let your friends and relatives know about our fundraiser and ask them to save their subscriptions for our program as well. **Our sale begins:**

8/19/2011

The Junior Class will be out contacting people. If you need to have one stop to see you, contact the school at 866-4761.

Thank you in advance for your support! We are looking forward to your participation.

IF YOU WANT TO

ORDER NOW, GO TO

www.QSP.com and order. Use the account number below to assure credit for

Sterling High School

#425003659

6th Grade Parent Orientation

Tuesday, August 9th at 7 p.m.

Meet in the school cafeteria

Teachers will discuss class expectations, show you books, and inform you of items you will need for class. You are strongly encouraged to ask any questions you may have. It is up to you if you wish to bring your child along. If you have any questions please feel free to contact the office at 866-4761.

LUNCH PROGRAM INFORMATION

The Sterling School Lunch Program is a non-profit entity, which serves nutritious meals every day at the lowest possible cost. At least five different food items are offered each day. Grades 4-12 are allowed the "Offer-vs-Serve Option", which means that they may choose three of the five food items offered and their meal still qualifies as a Government reimbursable lunch.

A computerized accounting system is being used. Customized statements will be handed out to each child on or about the last Friday of each month, August through April, and

then a final statement approximately ten days before the end of the school year in May.

K-5 lunch balances will be sent home with the weekly bulletin and 6-12 will receive their notices before being dismissed on the last Friday of the month.

All money received is divided equally for a family account unless directed otherwise. For those students in Kindergarten through grade four, whose parents indicate they want their child to participate in the afternoon milk lunch program, the price of a milk ticket/tickets will be deducted from the stu-

dent account and a milk ticket will be hand written. All expired tickets are kept on file if any questions should occur.

Prices of tickets for the 2011-2012 school year will be as follows:

Grades K-5	\$2.05
6-12	\$2.30
Adults	\$3.05

Denise Horstman, our food service manager, will be available at school on Friday, August 12 from 8 a.m. to noon, to enable students to purchase tickets before the first full day of school.

IMPACT - Immediate Post-Concussion Assessment and Cognitive Testing

IMPACT is a computerized test given to athletes before any head injury has occurred. The score is a baseline of what is normal for the individual. When a head injury/concussion does occur, the individual can be retested helping in making the decision if the athlete is ready to return to participation. The test will be given to all 7-12 students participating in any athletic competition. The testing will take place at the beginning of the school year.

NEWSLETTER INFORMATION

The mailing list for this school newsletter is constantly being updated. Our goal remains to keep all patrons of the district informed of the happenings at their school. **If you know of someone wanting to receive this newsletter (grandparent, neighbor, friend, or patron) and not on our mailing list, please call the school office at 866-4761 so their names can be added. You may also direct them to the school district web site for a copy.**

www.sterlingjets.org

The deadline for the September 2011 Newsletter will be August 19, 2011. Please have your information into the office by then.

Each month may be a little different, but it should be around the 15th of each month.

Bus Routes



Those of you on a Bus Route will be contacted by your bus driver the week before school starts with times. If you are not sure you're on a bus route, please contact the school office at 402-866-4761.

Bus Drivers this year are:

Ron Boden - 402-866-6602 home or 402-450-4534 cell

Gary Behrens - 402-866-4312 home or 402-806-8918 cell

Terry Thies - 402-866-2126 home or 402-239-8960 cell

Jay Carpenter - 402-866-6701 home or 402-440-8118 cell

PHYSICALS: If you have a 6th grader going into 7th grade or have a student going out for a sport in 7-12 grades this year, you will need to get a school physical taken. We do have the release and insurance form on the physical for all parents to sign and return with the student the first day of school. This is only grades 7-12.

REMINDERS

We do not issue aspirin at school. You may fill out papers for medication (Tylenol, etc...) to be given to your child. You will also have to supply the office with medication for your child in the **original bottle**. If your child needs to take some kind of medication during the day, make arrangements with office before school starts.

Any Medical Forms you may need for your students in regard to medication taken daily or as needed (asthma), can be picked up in the school office. Any questions call 866-4761.

SCHOOL INSURANCE

Stop by the office for information on insurance or we are happy to send home with your student the information packets. Remember insurance is needed for those students out for sports. This program does cover elementary through high school students. The coverage can be taken out for the school year or all year long.

SPECIAL EDUCATION

Handicapped children between the ages of birth and twenty-one years of age are eligible for special education services. In order to be eligible, the child must meet specific criteria established by the State of Nebraska in Rule 51 for Autism, Behavior Disorder, Deaf-Blindness, Developmental Delay, Hearing Impairment, Mental Handicap, Multiple Impairments, Orthopedic Impairment, Other Health Impairment, Specific Learning Disability, Speech-Language Impairment, Traumatic Brain Injury, and Visual Impairment.

If you believe that your child may qualify for any of these programs, please contact your local school superintendent so arrangements for diagnosis can be made. All these services are provided by the Sterling Public School.

MAILING LIST FOR NEWSLETTER

The mailing list for this school newsletter is constantly being updated. Our goal remains to keep all patrons of the district informed of the happenings at their school. If you know of someone wanting to receive this newsletter (grandparent, neighbor, friend, or patron) who is not on our mailing list, please call the school office at 402-866-4761 so their names can be added OR have them look at the district website for a copy.

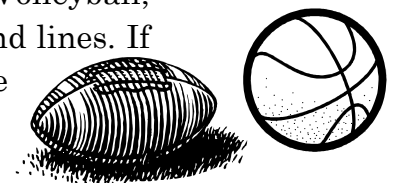
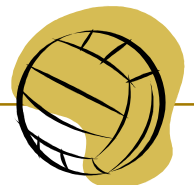
www.sterlingjets.org

Student Participation/Activity Fee

All students 7-12 that are going out for any sports (VB, FB, BB, TR) need to have their student participation/activity fee taken care of before their first athletic event. They will not be allowed to participate until it is paid for. Once it is paid for you are able to enter any sporting event (besides your events) without charge. Students not out for sports may purchase an Activity Pass. Prices are listed in the school handbooks and athletic handbooks. If you qualify for free and reduced lunches you may also apply for a fee waiver for the participation/activity fee.

VOLUNTEERS NEEDED

Over the past years we have asked members of the community if they would like to volunteer their time to help with the gate at games. (Volleyball, Football, and Basketball) We also look for help with books, clock and lines. If you might be interested in any of these things please contact the office at 402-866-4761 and speak to Cheri Wirthele.





Sterling Volleyball Schedule 2011-12



Date	Day	Opponent	Place	Time
Sept 1, 3	Thur.-Sat	Freeman Invite	Freeman	TBA
Sept. 6	Tuesday	Freeman (JV, V)	Sterling	6:00
Sept. 8	Thursday	Pawnee City Triangular (Pawnee City, Falls City)	Pawnee City	6:00/7:00
Sept. 10	Saturday	Syracuse JV Tournament	Syracuse	8:30
Sept. 12, 13, 15	Mon. Tues. Thurs.	MUDECAS Tournament	SCC-Beatrice	TBA
Sept. 20	Tuesday	Diller-Odell (JV, V)	Sterling	6:00
Sept. 24	Saturday	Cedar Bluffs Round Robin (Lindsey H.F., Tekamah-Herman)	Cedar Bluffs	9:30
Sept. 27	Tuesday	Dorchester (JV, V)	Dorchester	6:00
Oct. 3	Monday	JCC JV Triangular (Lewiston/JCC)	Cook	5:30/7:30
Oct. 4	Tuesday	College View Triangular (Lewiston, College View)	College View	6:15/7:30
Oct. 6	Thursday	Elmwood-Murdock (JV, V)	Murdock	6:00
Oct. 8	Saturday	Falls City Invite	Falls City	TBA
Oct. 13	Thursday	Parkview Christian (JV, V) <i>Parents Night</i>	Sterling	5:45
Oct. 18	Tuesday	FCSH Triangular (NCL, FCSH)	Falls City	5:30 6:30
Oct. 20	Thursday	Johnson-Brock (JV, V)	Johnson	5:30
Oct. 24, 25 28	Mon. Tues. Friday	Pioneer Conference Tourn.	Southern/Diller-Odell	TBA
Oct. 29	Saturday	Sterling JV Tournament	Sterling	9:00
Oct. 31-Nov. 1	Mon. Tues.	Sub Districts	TBA	TBA
Nov. 4	Friday	District Final	TBA	TBA
Nov. 10-12	Thur. Fri. Sat.	State Tournament	Grand Island	TBA



Junior High Volleyball

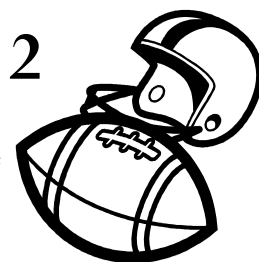


Day	Date	Place	Time
Wednesday	Sept. 21	Freeman	12:30
Saturday	Sept. 24	@ Freeman Tournament	9:00
Thursday	Oct. 6	@ Diller-Odell	5:30
Saturday	Oct. 8	@ Lewiston Tournament	9:00
Monday	Oct. 10	@ Pawnee City	1:00
Wednesday	Oct. 12	@ Lewiston	1:00
Saturday	Oct. 15	@ Omaha BT Tournament	1:00
Tuesday	Oct. 18	Johnson-Brock	4:00

Updated May 25, 2011

Calendar is subject to change

Sterling Football Schedule 2011-12



Date	Day	Opponent	Place	Time
Sept 2	Friday	Freeman	Home	7:00
Sept. 9	Friday	Lawrence-Nelson	Away	7:00
Sept. 16	Friday	Meridian	Away	7:00
Sept. 23	Friday	Pawnee City	Home	7:00
Sept. 30	Friday	Concordia <i>Homecoming</i>	Home	7:00
Oct. 7	Friday	Falls City Sacred Heart	Away	7:00
Oct. 14	Friday	Parkview Christian	Away	4:00
Oct. 21	Friday	Lewiston <i>Parents Night</i>	Home	7:00
Oct. 27	Thursday	Qualifying Playoff Round	TBA	TBA
Nov. 2	Wednesday	2 nd Round Playoffs	TBA	TBA
Nov. 8	Tuesday	Quarterfinal Round Play.	TBA	TBA
Nov. 14	Monday	Semi-Final Round Play.	TBA	TBA
Nov. 21	Monday	State Finals	Lincoln	10:15



Jr. Varsity Football Schedule

Sept. 6	Tuesday	Diller-Odell	Home	5:30
Sept. 12	Monday	FCSH	Home	6:00
Sept. 19	Monday	Johnson-Brock	Away	6:00
Sept. 26	Monday	Freeman	Home	6:00
Oct. 3	Monday	Exeter-Milligan	Home	5:30
Oct. 10	Monday	Friend	Away	6:00
Oct. 17	Monday	Pawnee City	Away	5:30



Jr. High Football Schedule

Sept. 21	Wednesday	Freeman	Home	1:30
Sept. 29	Thursday	Lewiston	Away	1:00
Oct. 6	Thursday	Diller-Odell	Away	5:30
Oct. 18	Tuesday	Johnson-Brock	Home	5:00



STERLING PUBLIC SCHOOLS

250 Main Street, P.O. Box 39
STERLING, NEBRASKA 68443
Phone (402) 866-4761 Fax (402) 866-4771



LARRY HARNISCH
SUPERINTENDENT

RYUN THEOBALD
PRINCIPAL

7/28/2011

Dear Parent/Guardian:

Children need healthy meals to learn. Sterling Public Schools offers healthy meals every school day. Breakfast costs **\$1.30**; Elementary lunch costs **\$2.05**; Middle/High School lunch costs **\$2.30**. Your children may qualify for free meals or for reduced-price meals. Reduced-price is **\$0.30** for breakfast and **\$0.40** for lunch.

If your child(ren) qualified for free or reduced-price meals at the end of last school year, you must submit a new application by **September 23, 2011**, in order to avoid an interruption in meal benefits.

Frequently asked questions and answers:

1. Do I need to fill out an application for each child?

No. Complete the application to apply for free or reduced-price meals. *Use one Free and Reduced-Price School Meals Application for all students in your household.* We cannot approve an application that is not complete, so be sure to fill out all required information. **Return the completed application to: Larry Harnisch, Sterling Public Schools, PO Box 39, Sterling, NE 68443.**

2. Who can get free meals?

All children in households receiving benefits from the Supplemental Nutrition Assistance Program (SNAP), Food Distribution Program on Indian Reservations (FDPIR) or Temporary Assistance to Needy Families (TANF) can get free meals regardless of your income. Also, your children can get free meals if your household's gross income is within the free limits on the Federal Income Eligibility Guidelines.

3. Can foster children get free meals?

Yes, foster children that are under the legal responsibility of a foster care agency or court are eligible for free meals. Any foster child in the household is eligible for free meals regardless of income.

4. Can homeless, runaway and migrant children get free meals?

Yes, children who meet the definition of homeless, runaway or migrant qualify for free meals. If you haven't been told your children will get free meals, please call **Larry Harnisch, homeless liaison/ migrant coordinator (402) 866-4761** to see if they qualify.

5. Who can get reduced price meals?

Your children can get low cost meals if your household income is within the reduced price limits on the Federal Eligibility Income Chart shown with this application.

6. Should I fill out an application if I received a letter this school year saying my children are approved for free meals?

Please read the letter you got carefully and follow the instructions. Call the school at **(402) 866-4761** if you have questions.

7. My child's application was approved last year for meal benefits. Do I need to fill out another one?

Yes, your child's application is only good for that school year and for the first few days of this school year. You must send in a new application unless the school told you that your child is eligible for the new school year.

Instructions for Completing the Free & Reduced Priced School Meals Family Application

If your household receives benefits from the Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance to Needy Families (TANF) or the Food Distribution Program on Indian Reservations (FDPIR), follow these instructions:

- Part 1:** List each child's name, the school they attend and their grade.
Part 2: Enter household's Master Case Number if the household qualifies for SNAP, TANF or FDPIR.
Part 3: Skip this part.
Part 4: Sign the form. The last four digits of a Social Security Number do not need to be reported.
Part 5: Answer this question if you choose to.

If you are applying for a FOSTER CHILD, follow these instructions:

If all children in the household are foster children:

- Part 1:** List all foster children, the school they attend and their grade. Check the box indicating the child is a foster child.
Part 2: Skip this part.
Part 3: Skip this part.
Part 4: Sign the form. The last four digits of a Social Security Number do not need to be reported.
Part 5: Answer this question if you choose to.

If some of the children in the household are foster children:

- Part 1:** List all children, including foster children, the school they attend and their grade. Check the box if the child is a foster child.
Part 2: If the household does not have a Master Case Number, skip this part.
Part 3: Follow these instructions to report total household income from last month.
Column 1 – Household Names: List the first and last name of **each** person living in your household, related or not (such as grandparents, other relatives or friends) who share income and expenses. Attach another sheet of paper if necessary.
Column 2 - Gross Income and How Often it was Received: For each household member, list each type of income received for the month. You must also report how often the money is received – weekly, every other week, twice a month, or monthly. For earnings, be sure to list the **gross income**, not the take-home pay. **Gross income is the amount earned before taxes and other deductions.** You should be able to find it on your pay stub or your boss can tell you. For other income, list the amount each person received for the month from welfare, child support, alimony, pensions, retirement, Social Security, Supplemental Security Income (SSI), Veteran's benefits (VA benefits) and disability benefits. Under *All Other Income*, list Worker's Compensation, unemployment or strike benefits, regular contributions from people who do not live in your household and any other income. For individuals who are self-employed, report income after expenses from business, farm or rental property. **Do not include income** from SNAP, FDPIR, WIC, Federal education benefits and foster payments received by the family from the placing agency. If you are in the Military Privatization Housing Initiative or receive combat pay, do not include these allowances as income.
Column 3–Check if NO income: If the person does not have any income, check this box.
Part 4: An adult household member must sign the form and list the last four digits of their Social Security Number OR mark the box if he/she doesn't have one.
Part 5: Answer this question if you choose to.

8. I receive WIC. Can my child(ren) get free meals?

Children in households participating in WIC may be eligible for free or reduced price meals. Please fill out an application.

9. Will the information I give be checked?

Yes, we may ask you to send written proof.

10. If I don't qualify now, may I apply later?

Yes, you may apply at any time during the school year. For example, children with a parent or guardian who becomes unemployed may become eligible for free or reduced price meals if the household income drops below the income limit.

11. What if I disagree with the school's decision about my application?

You should talk to school officials. You also may ask for a hearing by calling or writing to: **Tom Nieveen, 550 Depot, Sterling, NE 68443. (402) 866-2013**

12. May I apply if someone in my household is not a U.S. citizen?

Yes. You or your child(ren) do not have to be U.S. citizens to qualify for free or reduced price meals.

13. Who should I include as members of my household?

You must include all people living in your household, related or not (such as grandparents, other relatives or friends) who share income and expenses. You must include yourself and all children living with you. If you live with other people who are economically independent (for example, people who you do not support, who do not share income with you or your children and who pay a pro-rated share of expenses), do not include them.

14. What if my income is not always the same?

List the amount that you normally receive. For example, if you normally make \$1000 each month, but you missed some work last month and only made \$900, put down that you make \$1000 per month. If you normally get overtime, include it, but do not if you only work overtime sometimes. If you have lost a job or had your hours or wages reduced, use your current income.

15. We are in the military. Do we include our housing allowance as income?

If you get an off-base housing allowance, it must be included as income. However, if your housing is part of the Military Housing Privatization Initiative, do not include your housing allowance as income.

16. My spouse is deployed to a combat zone. Is his combat pay counted as income?

No, if the combat pay is received in addition to his basic pay because of his deployment and it wasn't received before he was deployed, combat pay is not included as income. Contact your school for more information.

17. My family needs more help. Are there other programs we might apply for?

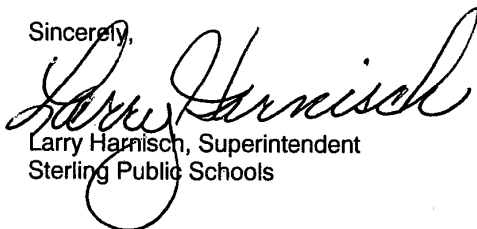
To find out how to apply for SNAP or other economic assistance benefits, please go online at ACCESSNebraska.ne.gov or call 1-800-383-4278.

If you have other questions or need help, call **(402) 866-4761**.

*Si necesita ayuda, por favor llame al teléfono **(402) 866-4761**.*

*Si vous voudriez d'aide, contactez nous au numero: **(402) 866-4761**.*

Sincerely,



Larry Harnisch, Superintendent
Sterling Public Schools

For ALL OTHER HOUSEHOLDS, including WIC households, follow these instructions:

- Part 1:** List all children, including foster children, the school they attend and their grade. Check the box if the child is a foster child.
- Part 2:** If the household does not have a Master Case Number, skip this part.
- Part 3:** Follow these instructions to report total household income from last month.
Column 1 – Household Names: List the first and last name of **each** person living in your household, related or not (such as grandparents, other relatives or friends) who share income and expenses. Attach another sheet of paper if necessary.
Column 2 - Gross Income and How Often it was Received: For each household member, list each type of income received for the month. You must also report how often the money is received – weekly, every other week, twice a month, or monthly. For earnings, be sure to list the **gross income**, not the take-home pay. **Gross income is the amount earned before taxes and other deductions.** You should be able to find it on your pay stub or your boss can tell you. For other income, list the amount each person received for the month from welfare, child support, alimony, pensions, retirement, Social Security, Supplemental Security Income (SSI), Veteran's benefits (VA benefits) and disability benefits. Under *All Other Income*, list Worker's Compensation, unemployment or strike benefits, regular contributions from people who do not live in your household and any other income. For individuals who are self-employed, report income after expenses from business, farm or rental property. **Do not include income** from SNAP, FDPIR, WIC, Federal education benefits and foster payments received by the family from the placing agency. If you are in the Military Privatization Housing Initiative or receive combat pay, do not include these allowances as income.
Column 3–Check if NO income: If the person does not have any income, check this box.
- Part 4:** An adult household member must sign the form and list the last four digits of their Social Security Number OR mark the box if he/she doesn't have one.
- Part 5:** Answer this question if you choose to.

Computing Income for Self-Employed Individuals

Individuals who are self-employed or engaged in farming may experience variations in cash flow and cannot easily report a monthly income. These individuals may use their 2010 U.S. Individual Income Tax Return Form 1040 to report self-employment income for the free and reduced price meal application. The income to be recorded is income derived from the business venture less operating costs incurred in the generation of that income. Deductions for personal expenses, such as interest on home mortgages, medical expenses, and other similar non-business items are not allowed in reducing gross business income.

USDA has announced that **losses** (negative numbers) on the lines listed below can be used to determine the **total** income for this attachment. If the total income is a negative number, it must then be recorded as zero on the application in the category labeled "All Other Income".

Zero income resulting from the use of Form 1040 does not require follow-up.

Please note: Line 7 cannot be reported as current income. Income from wages or salaries must be reported on the application for the most recent month.

Line 22 (total income) and line 37 (adjusted gross income) may not be used for purposes of applying for free and reduced-price meals.

The required information for determining the allowable income from self-employment is to be taken from the **2010 U.S. Individual Income Tax Return Form 1040**.

Line 12, Business Income (or loss)	_____
Line 13, Capital Gain (or loss)	_____
Line 14, Other Gains (or losses)	_____
Line 17, Rental Real Estate, etc.	_____
Line 18, Farm Income (or loss)	_____

NOTE: If any members of the household have income from wages or salary, the gross income from last month must be reported on the application form.

This attachment is used only to report income from self-employment and/or farming.

Total of above lines: _____ **equals annual self-employed income***

If the total of the above lines is a negative number, it must be changed to zero before it is transferred to the application.

* This figure is to be reported on the application under "All Other Income".

Your children may qualify for free or reduced price meals if your household income falls at or below the limits on this chart.

FEDERAL INCOME CHART for School Year 2011-12					
Household size	Yearly	Monthly	Twice per Month	Every Two Weeks	Weekly
1	20,147	1,679	840	775	388
2	27,214	2,268	1,134	1,047	524
3	34,281	2,857	1,429	1,319	660
4	41,348	3,446	1,723	1,591	796
5	48,415	4,035	2,018	1,863	932
6	55,482	4,624	2,312	2,134	1,067
7	62,549	5,213	2,607	2,406	1,203
8	69,616	5,802	2,901	2,678	1,339
Each additional person:	7,067	589	295	272	136

Privacy Act Statement: This explains how we will use the information you give us.

The Richard B. Russell National School Lunch Act requires the information on this application. You do not have to give the information, but if you do not, we cannot approve your child for free or reduced price meals. You must include the last four digits of the social security number of the adult household member who signs the application. The last four digits of the social security number are not required when you apply on behalf of a foster child or you list a Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF) Program or Food Distribution Program on Indian Reservations (FDPIR) case number or other FDPIR identifier for your child or when you indicate that the adult household member signing the application does not have a social security number. We will use your information to determine if your child is eligible for free or reduced price meals and for administration and enforcement of the lunch and breakfast programs. We MAY share your eligibility information with education, health and nutrition programs to help them evaluate, fund or determine benefits for their programs, auditors for program reviews and law enforcement officials to help them look into violations of program rules.

Non-Discrimination Statement: This explains what to do if you believe you have been treated unfairly.

"In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339 or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer."

Sterling K-5 School Supplies for 2011-2012

Kindergarten:

- 1 pkg Clorox/Lysol wipes (35 count or larger)
- 2 pkgs. (large) Kleenex
- *1 box Crayola 8 Jumbo crayons
- 1 old shirt of mom or dads that buttons all the way up the front (this will be used as a paint shirt)
- 1 pair Fiskars 5" blunt scissors
- 1 small glue bottle (not the gel)
- *2 glue sticks
- Small pencil/school box
- *10 regular sized pencils
- *1 regular sized can of play-do (any color)
- 1 set of Prang watercolors
- *P.E. Shoes (that will be kept at school)
- Book Bag

**Indicates supplies that may need to be replaced mid-year.*

First Grade:

- *Pencils (10)
- Eraser (1)
- Crayons (24 count)
- 2 Pocket folders
- *Glue sticks (2)
- Pencil box
- P.E. Shoes (to be left at school)

optional:

- Colored pencils
- Big box of tissues (2)

**Items that may need to be replenished throughout the year.*

Second Grade:

- Pencils
- Eraser
- Crayons
- Glue sticks
- Pocket folder (for taking work home)
- Notebook paper
- Pencil box
- P.E. Shoes
- optional:*
- Colored pencils
- Markers
- 2 Boxes of Kleenex

Third Grade:

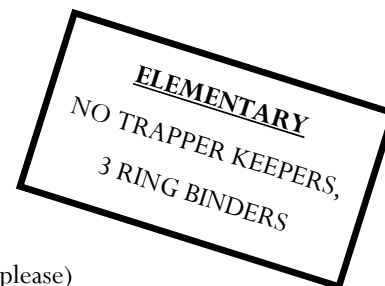
- Pencils (several)
- Eraser
- Crayons (box of 16 or more)
- Loose leaf notebook paper or Clean tear notebooks (no spiral bindings)
- 2 boxes of facial tissue
- Glue stick
- Two – 2 pocket folders
(for loose leaf paper & homework)
- Pencil box
- P.E. Shoes
- Extras you may want:*
- Markers
- Colored pencils

Fourth Grade:

- Ruler with millimeters and centimeters
- Eight (8) Folders
- Spiral Notebook (*Writing/Journal*)
- Wide Ruled Loose leaf notebook paper
- Crayons
- Colored Pencils
- Markers
- Glue Sticks
- Pencils and Erasers
- Two (2) boxes of Tissues
- P.E. Shoes

Fifth Grade:

- #2 pencils (no mechanical please)
- Pens (2 red and the rest black or blue)
- Colored markers
- 2 BLACK erasable board markers (no colored)
- One Old Sock
- 5 pocket folders
- College ruled paper or notebooks (5)
- Book covers (5)
- A 12 inch ruler with inches and centimeters
- P.E. shoes
- 3 boxes of Kleenex
- (Please remember these because we go through a lot of them)



Discrimination Statement

The Sterling School District hereby gives this statement of compliance and intends to comply with all state and federal laws prohibiting discrimination. This school district intends to take any necessary measures to assure compliance with such laws against any prohibited form of discrimination.

The Sterling School District does not discriminate on the basis of race, color, national origin, sex, disability, religion, age or other protected status in its programs and activities and provides equal access to the Boy Scouts and other designated youth groups. The following persons have been designated to handle inquiries regarding the non-discrimination policies:

Students: Larry Harnisch, Superintendent, 250 Main, Sterling, NE 68443 (402) 866-4761
(lharnisch@esu6.org)

Employees and Others: Larry Harnisch, Superintendent, 250 Main, Sterling, NE 68443 (402) 866-4761 (lharnisch@esu6.org)

Complaints or concerns involving discrimination or needs for accommodation or access should be addressed to the appropriate Coordinator. For further information about anti-discrimination laws and regulations, or to file a complaint of discrimination with the Office for Civil Rights in the U.S. Department of Education (OCR), please contact OCR at 8930 Ward Parkway, Suite 2037, Kansas City, Missouri 64114, (816) 268-0550 (voice), or (877) 521-2172 (telecommunications device for the deaf), or ocrkansascity@ed.gov.

2011/2012 ACT Test Dates & Registration Deadlines

TEST DATE	REGULAR DEADLINE	LATE FEE REQUIRED
September 10, 2011	August 12, 2011	August 13-26, 2011
October 22, 2011	September 16, 2011	September 17-30, 2011
December 10, 2011	November 4, 2011	November 5-18, 2011
February 11, 2012	January 13, 2012	January 14-20, 2012
April 14, 2012	March 9, 2012	March 10-23, 2012
June 9, 2012	May 4, 2012	May 5-18, 2012

TEST FEE: \$34.00

TEST w/WRITING: \$49.50

LATE FEE: \$21.00

August Breakfast Menus 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15 Breakfast Bar or Cereal/Fruit, juice, milk	16 Garlic Cheese Toast or Cereal/Fruit, juice, milk	17 Cereal, Toast, Fruit, juice,	18 Sausage and Pancake Bites or Cereal/Fruit, juice,	19 NO SCHOOL	20
21	22 Waffles, Sausage or Cereal/Sausage, juice, milk	23 Cereal, Toast, Fruit, juice, milk	24 Breakfast Pizza or Cereal/Fruit, juice, milk	25 Donut, Yogurt or Cereal/Yogurt, juice, milk	26 Toaster Pastry or Cereal/Fruit, juice, milk	27
28	29 Garlic Cheese Toast or Cereal/Fruit, juice, milk	30 Scrambled Eggs, Toast or Cereal/Toast, juice, milk	31 French Toast Sticks or Cereal/Sausage juice, milk	Sept. 1 Cereal, Toast, Fruit, juice, milk	Sept. 2 Breakfast Bar or Cereal/Fruit, juice, milk	

August Lunch Menus 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15 Chicken & Noodles, peas, bread & butter, peaches, ice cream treat	16 Nachos, corn, celery w/ peanut butter, pears	17 Potato Bake, ham or tuna salad sandwich, string cheese, pineapple	18 Hot Dogs, baked beans or sauerkraut, lettuce salad, mixed fruit	19 NO SCHOOL	20
21	22 Ham Patty, tator gems, lettuce salad, applesauce	23 Chicken Nuggets, mashed potatoes w/gravy, corn, watermel-	24 Submarines, glazed carrots, gelatin, pears	25 Tacos, peas, celery w/ peanut butter, peaches	26 Goulash, green beans, tea roll w/jelly, mixed fruit	27
28	29 Breaded Chicken Patty, mashed potatoes w/gravy, corn, pineapple	30 Burrito, broccoli w/ cheese or mixed vegetable, chips w/salsa, apple	31 Sloppy Joes, french fries, carrot sticks, mandarin oranges	Sept. 1 Mini Corn Dogs, peas, lettuce salad, mixed fruit	Sept. 2 Cavitini, green beans, breadsticks, pears	

August 2011 Activities

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>This Calendar is subject to change.</i>	1	2	3 Administrative Days @ Kearney	4 Administrative Days @ Kearney	5 Administrative Days @ Kearney	6
7	8 School Board Meeting 7:30 pm FB Boot Camp Aug. 8-12	9 6th Grade Parent Orientation 7 pm Cafeteria Preschool Mtg. 7 pm Library	10	11 Teacher Workday	12 Teacher Workday	13
14	15 First Day of School 2:37 dismissal VB & FB practices start	16	17	18	19 NO SCHOOL Johnson Co. Fair	20
21 Johnson Co. Fair Parade 5:30 p.m.	22	23	24	25 Sports Drink Scrimmages VB 6pm/FB 7:30	26	27
28	29 5th Grade Instrumental Display 7:00 p.m.	30	31	Sept. 1 VB Freeman Invite TBA	Sept. 2 FB vs. Freeman HOME 7 p.m.	Sept. 3 VB Freeman Invite TBA

STERLING SCHOOLS

AUTHORIZATION FOR ADMINISTRATION OF MEDICATION AT SCHOOL

Student Name: _____ Birth Date: _____

School: _____ Grade: _____

THIS PORTION TO BE COMPLETED BY PHYSICIAN/DENTIST/PROVIDER

<u>Name of Medication</u>	<u>Dosage</u>	<u>Route</u>	<u>Time of Day</u>

If given prn specify the length of time between doses _____

Inhalers: _____

Indicate if student must carry on his/her person (above 6th grade) Yes ___ No ___
(Parents are recommended to maintain a backup inhaler in the office for an emergency)

It is safe for unlicensed staff provide this student this medication Yes ___ No ___

Emergency procedure in case of serious side effects _____

I request and authorize that the above-named student be administered/provided the above identified medication in accordance with the instructions indicated above from _____ to _____ (not to exceed the current school year) as there exists a valid health reason which makes administration of the medication advisable during school hours.

Date of Signature

Physician/Dentist/Provider Signature

Telephone Number

Name: (Print or Type)

Please Note: If samples of medication are to be given, they must be labeled with the name of the student, dosage, route, and time to be given.

THIS PORTION TO BE COMPLETED BY THE PARENT/GUARDIAN

I request/authorize the school to give medication to my student in accordance with the health care provider's instructions written above. I understand that unlicensed staff may be assigned to provide medication to my student, and I accept ultimate responsibility for monitoring the effects of this medication.

Permission to carry inhaler Yes ___ No ___

Contract Signed Yes ___ No ___

Date

Parent/Guardian Caretaker Signature

Phone # _____
Home _____ Work _____

**STERLING
PUBLIC
SCHOOL**

250 Main St.
P.O. Box 39
Sterling, NE 68443

Tel: 402-866-4761
Fax: 402-866-4771
Website: sterlingjets.org

SUPERINTENDENT

LARRY HARNISCH

K-12 PRINCIPAL

ACTIVITIES DIRECTOR

RYUN THEOBALD

GUIDANCE COUNSELOR

JILL SHEA

ATHLETIC DIRECTOR

BRENT HEUSMAN

*Continuing a
Tradition of Excellence*



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2nd Annual

Back to School Carnival

Sunday, August 7th 1 - 4 p.m.

At the Sterling Park

Brought to you by the Homecoming Committee to help raise money for the dance, Half Time Show and Sunday extravaganza!! There will be Back to School Supplies as prizes, games (dunk tank, barrel rides, carnival games), drinks and snacks, music and much more. Punch cards are \$8.00 each

If you would like to donate new school supplies or cash to the carnival...contact
Nicole Wenzl or Melissa Boldt!

