

JANUARY MENUS

3 - Wednesday	Breakfast Pizza OR WG Cereal/WG Muffin, Juice/Fruit, Milk Roast Beef, Mashed Potatoes w/ Gravy & Bread, Corn, Pears
4 - Thursday	WG Cereal, WG Toast, Fruit/Juice, Milk Nachos w/ Cheese Sauce or Bean Dip, Peas, Celery w/ PB, Peaches
5 - Friday	Yogurt Parfait OR WG Cereal/WG Muffin, Fruit/Juice, Milk Goulash, Green Beans, WG Dinner Roll w/ Jelly, Mandarin Oranges
8 - Monday	WG Pancakes, Sausage OR WG Cereal/WG Pancake, Fruit/Juice, Milk Ham Patty on WG Bun, Tator Gems and/or Swt Tator Gems, Broccoli w/ Cheese, Pineapple Tidbits
9 - Tuesday	Breakfast Bar OR WG Cereal/WG Muffin, Fruit/Juice, Milk Tacos, Green Beans, Celery w/ PB, Applesauce
10 - Wednesday	Oatmeal OR WG Cereal/WG Muffin, Fruit/Juice, Milk Pizza, Peas, Black Bean Salad, Peaches
11 - Thursday	Breakfast Boat OR WG Cereal/WG Muffin, Fruit/Juice, Milk Chicken Noodle Soup, PB&J Sandwich, Lettuce Salad, Mandarin Oranges
12 - Friday	WG Cereal, WG Toast, Fruit/Juice, Milk Mini Corn Dogs, Baked Beans, Corn, Pears
15 - Monday	WG Cereal, WG Toast, Fruit/Juice, Milk Chicken Patty on WG Bun, Mashed Potatoes w/ Gravy, Peas, Pears
16 - Tuesday	WG French Toast Sticks OR WG Cereal/WG Muffin, Fruit/Juice, Milk Submarines, Corn, Gelatin, Mandarin Oranges
17 - Wednesday	Yogurt Parfait OR WG Cereal/WG Muffin, Fruit/Juice, Milk Pork Patty on WG Bun, Mixed Vegetables, Macaroni Salad, Pineapple Tidbits
18 - Thursday	WG Donut OR WG Cereal/WG Muffin, Fruit/Juice, Milk Mini Corn Dogs, Tator Gems and/or Swt Tator Gems, Baked Beans, Peaches
19 - Friday	Scrambled Eggs, WG Toast OR WG Cereal/WG Toast, Fruit/Juice, Milk Spaghetti, Green Beans, WG Garlic Bread, Applesauce
22 - Monday	Breakfast Pizza OR WG Cereal/WG Muffin, Juice/Fruit, Milk Burrito, Corn, Chips w/ Salsa, Pineapple Tidbits
23 - Tuesday	WG Cereal, WG Toast, Fruit/Juice, Milk Chicken Nuggets, Mashed Potatoes w/ Gravy, Green Beans, Peaches
24 - Wednesday	Pancake & Sausage on a stick OR WG Cereal/WG Muffin, Fruit/Juice, Milk Vegetable Beef Soup, Lettuce Salad, WG Cheese Breadsticks, Applesauce
25 - Thursday	Toaster Pastry, Sausage OR WG Cereal/Sausage, Fruit/Juice, Milk Potato Bake, Ham Salad or Tuna Salad Sandwich, String Cheese, Mandarin Oranges
26 - Friday	Breakfast Bar OR WG Cereal/WG Muffin, Fruit/Juice, Milk Hamburger, FF and/or Swt FF, Tomatoes, Pears
29 - Monday	Breakfast Burrito OR WG Cereal/WG Muffin, Fruit/Juice, Milk Hot Dog on WG Bun, Baked Beans, Peas, Peaches
30 - Tuesday	Sausage Gravy over WG Biscuits OR WG Cereal/WG Biscuit, Fruit/Juice, Milk Chili Soup, Lettuce Salad, WG Cinnamon Roll, Applesauce
31 - Wednesday	WG Cereal, WG Toast, Fruit/Juice, Milk Salisbury Steak, Mashed Potatoes w/ Gravy, WG Breadsticks, Mandarin Oranges

*Menus are subject to change without notice.
USDA is an equal opportunity provider and employer.*

*A variety of fruits and vegetables are offered with every meal.
Milk served with every meal.
Alternate Entrée: Chef Salad*