

# WEEKLY BULLETIN

Sterling Public Schools



May 13-20, 2017

Saturday  
May 13

GRADUATION @ 4PM in the gym

Sunday  
May 14

**HAPPY MOTHER'S DAY**

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Monday  
May 15

**Breakfast:** Yogurt Parfait OR WG Cereal/WG Muffin, Fruit/Juice, Milk

**Lunch:** Goulash, Broccoli w/ Cheese, Dinner Roll w/ Jelly, Mixed Fruit

**TRACK Practice:** 4-6PM

🎵 Elementary Spring Concert - 7PM in the gym

SCHOOL BOARD MEETING - 8PM

Tuesday  
May 16

**Breakfast:** WG Cereal, WG Toast, Fruit/Juice, Milk

**Lunch:** Chicken Fajita or Burrito, Peas, WG Rice, Applesauce

**FINALS - Periods 2.4.7**

K- 6<sup>th</sup> Grade Field Day @ the park - ALL DAY

Football Meeting - 8<sup>th</sup> period

TRACK Practice: 4-6PM

Wednesday  
May 17

**Breakfast:** Sausage Gravy over WG Biscuits OR WG Cereal/WG Biscuit, Fruit/Juice, Milk

**Lunch:** Cook's Choice, Corn, Tator Gems and/or Swt Tator Gems, Peaches

**FINALS - Periods 3.5.6**

Kindergarten Graduation - 2PM in the gym

PreK Graduation - 2:30PM in the park

Thursday  
May 18

**LAST DAY OF SCHOOL - 1:37PM DISMISSAL - NO PREK or KINDERGARTEN**

**Breakfast:** Cook's Choice OR WG Cereal/WG Muffin, Fruit/Juice, Milk

**Lunch:** Chicken Nuggets, Mashed Potatoes w/ Gravy, Green Beans, Pears

**FINALS - Periods 1.8**

TRACK Practice: 4-6PM

Friday  
May 19

👉 STATE TRACK MEET @ OMAHA BURKE - 3:30PM - Vans leave @ 9AM

Teacher Inservice

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Saturday  
May 20

👉 STATE TRACK MEET @ OMAHA BURKE - 9:30AM

\* USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

👉 **MORE INFO ON BACK** →

👉 Stay up to date with all things JET related by visiting the school website: [www.sterlingjets.org](http://www.sterlingjets.org), our [Facebook page](#), and for sports updates, follow us on Twitter: [@spsjetpride!!!](#)

👉 **RUMPELSTILTSKIN DVDS AVAILABLE FOR PICK UP AT THE SCHOOL OFFICE! \$4/DVD**

## 2017 NSAA STATE TRACK AND FIELD CHAMPIONSHIP SCHEDULE

Omaha Burke Stadium, 12200 Burke Blvd., Omaha, NE--Friday & Saturday--May 19-20, 2017



### Friday, May 19—All Preliminaries—except the 3200 meter events

The first running event will begin at 9:00 A.M., with the girls' Class C events being run first, followed by the girls' Class A, boys' Class C, and boys' Class A events. At 3:30 P.M. Classes D and B will begin with girls' Class D, followed by girls' Class B, boys' Class D, and boys' Class B events. Events will follow this time schedule as closely as possible. These times are approximate. Events will not start more than 15 minutes ahead of the posted times.

#### Classes C and A

9:00 A.M.	3200 Meter Relay Finals
9:55 A.M.	100 Meter High Hurdles
10:15 A.M.	110 Meter High Hurdles
10:35 A.M.	100 Meter Dash
11:15 A.M.	400 Meter Dash
11:55 A.M.	3200 Meter Run Finals
12:55 P.M.	300 Meter Low Hurdles
1:15 P.M.	300 Meter Int. Hurdles
1:35 P.M.	200 Meter Dash

#### Classes D and B

3:30 P.M.	3200 Meter Relay Finals
4:25 P.M.	100 Meter High Hurdles
4:45 P.M.	110 Meter High Hurdles
5:05 P.M.	100 Meter Dash
5:45 P.M.	400 Meter Dash
6:25 P.M.	3200 Meter Run Finals
7:25 P.M.	300 Meter Low Hurdles
7:45 P.M.	300 Meter Int. Hurdles
8:05 P.M.	200 Meter Dash

### Saturday, May 20--All Finals

All Classes. The first running event will begin at 9:30 A.M. with the girls' Class D 800 meter run. It will be followed by girls' C, B, and A. The boys' four classes will then follow in the same order. These times are approximate. Events will not start more than 15 minutes ahead of the posted times.

9:00 A.M.	Special Olympics 100 Meter Dash
9:30 A.M.	800 Meter Run
10:45 A.M.	400 Meter Relay
12:00 P.M.	100 Meter High Hurdles
12:15 P.M.	110 Meter High Hurdles
12:30 P.M.	100 Meter Dash
12:55 P.M.	400 Meter Dash
1:45 P.M.	1600 Meter Run
2:55 P.M.	300 Meter Low Hurdles
3:10 P.M.	300 Meter Int. Hurdles
3:25 P.M.	200 Meter Dash
3:55 P.M.	1600 Meter Relay

### \*\*\*\*\*Field Events\*\*\*\*\*

Event	Boy/Girl	CLASS A	CLASS B	CLASS C	CLASS D
Long Jump	◆ Boys	8:30 a.m. Sat.	3:00 p.m. Sat.	1:00 p.m. Sat.	10:30 a.m. Sat.
	*Girls	11:00 a.m. Fri.	3:00 p.m. Fri.	9:00 a.m. Fri.	5:30 p.m. Fri.
Triple Jump	◆ Boys	9:00 a.m. Fri.	6:00 p.m. Fri.	12:00 noon Fri.	3:00 p.m. Fri.
	*Girls	1:30 p.m. Sat.	11:00 a.m. Sat.	3:30 p.m. Sat.	8:30 a.m. Sat.
Shot Put	◆ Boys	9:00 a.m. Fri.	5:30 p.m. Fri.	11:00 a.m. Fri.	3:30 p.m. Fri.
	*Girls	11:00 a.m. Sat.	1:00 p.m. Sat.	8:30 a.m. Sat.	3:00 p.m. Sat.
Discus	◆ Boys	1:00 p.m. Sat.	11:00 a.m. Sat.	3:00 p.m. Sat.	8:30 a.m. Sat.
	*Girls	12:00 noon Fri.	3:00 p.m. Fri.	9:00 a.m. Fri.	5:30 p.m. Fri.
High Jump	◆ Boys	12:00 noon Fri.	3:00 p.m. Fri.	9:00 a.m. Fri.	5:30 p.m. Fri.
	*Girls	8:30 a.m. Sat.	3:00 p.m. Sat.	10:30 a.m. Sat.	1:00 p.m. Sat.
Pole Vault	◆ Boys	9:00 a.m. Fri.	9:00 a.m. Sat.	1:00 p.m. Sat.	3:30 p.m. Fri.
	*Girls	9:00 a.m. Sat.	3:30 p.m. Fri.	9:00 a.m. Fri.	1:00 p.m. Sat.