

WEEKLY BULLETIN

Sterling Public Schools



April 17-22, 2017

Saturday **Easter Egg Hunt @ 10AM in the Sterling Park - more info on back!**
April 15 Sponsored by Sterling Women of Today

Monday **NO SCHOOL - EASTER BREAK**
April 17 TRACK Practice: 8-10AM
 School Board Meeting - 7:30PM



Tuesday **Breakfast:** Pancake & Sausage on a Stick OR WG Cereal/WG Muffin, Fruit/Juice, Milk
April 18 **Lunch:** Ham Patty on WG Bun, Green Beans, Tator Gems and/or Swt Tator Gems, Applesauce
 RSH - none
 🇮🇷 Irish HS Track Invite @ Syracuse - 9:30AM - Bus leaves @ 7:37AM *schedule on back

Wednesday **Breakfast:** Breakfast Bar OR WG Cereal/WG Muffin, Fruit/Juice, Milk
April 19 **Lunch:** Chicken Noodle Soup, Romaine Lettuce Salad, PB&J Sandwich, Peaches
 ACT Testing for Juniors
 RSH - 8th period
 TRACK Practice: 4-6PM

Thursday **Breakfast:** WG Cereal, WG Toast, Fruit/Juice, Milk
April 20 **Lunch:** Submarines, Corn, Gelatin, Pears
 RSH - none
 🎵 District Music Contest @ JCC - Bus leaves @ 7AM *schedule on website/Facebook
 🇮🇷 Freeman JH Track Invite @ Adams - 1PM - Bus leaves @ 11:45AM *schedule on back
 TRACK Practice: 4-6PM

Friday **NO SCHOOL PreK**
April 21 **Breakfast:** Yogurt Parfait OR WG Cereal/WG Muffin, Fruit/Juice, Milk
 Lunch: Mini Corn Dogs, Peas, Baked Beans, Mixed Fruit
 TRACK Practice: 4-6PM

Saturday 🇮🇷 MUDECAS HS Track Invite @ Pawnee City - 9AM - Bus leaves @ 7:21AM
April 22 *schedule on back
 Community Play

USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

👉 **MORE INFO ON BACK** →

👉 **Sterling Community Needs Survey Link:** <https://www.surveymonkey.com/r/PYGMWHR>

👉 **RUMPELSTILTSKIN DVDS AVAILABLE FOR PICK UP AT THE SCHOOL OFFICE! \$4/DVD**

IRISH HS INVITE

SYRACUSE, NE
TUESDAY, APRIL 18, 2017

FIELD EVENTS: 9:30AM

SERIES I	SERIES II
Boys Discus	Girls Discus
Girls Shot	Boys Shot
Boys High Jump	Girls High Jump
Boys Long Jump	Boys Triple Jump
Girls Triple Jump	Girls Long Jump
Girls Pole Vault	Boys Pole Vault

RUNNING EVENTS: 12:30 PM

3200 Meter Relay	Girls	Finals
3200 M Relay	Boys	Finals
100 M Hurdles	Girls	Prelims
110 M Hurdles	Boys	Prelims
100 M Dash	Girls	Prelims
100 M Dash	Boys	Prelims
400 M Dash	Girls	Finals
400 M Dash	Boys	Finals
3200 M Run	Girls	Finals
3200 M Run	Boys	Finals
200 M Dash	Girls	Prelims
200 M Dash	Boys	Prelims

BREAK--LENGTH OF TIME: TBA

100 M Hurdles	Girls	Finals
110 M Hurdles	Boys	Finals
100 M Dash	Girls	Finals
100 M Dash	Boys	Finals
800 M Run	Girls	Finals
800 M Run	Boys	Finals
300 M Low Hurdles	Girls	Finals
300 M Int. Hurdles	Boys	Finals
200 M Dash	Girls	Finals
200 M Dash	Boys	Finals
1600 M Run	Girls	Finals
1600 M Run	Boys	Finals
400 M Relay	Girls	Finals
400 M Relay	Boys	Finals
1600 M Relay	Girls	Finals
1600 M Relay	Boys	Finals

FREEMAN JH INVITE

THURSDAY, APRIL 20, 2017

1PM FIELD EVENTS

Girls Shot then Boys Shot
Boys Discus then Girls Discus
Girls Long Jump then Boys Long Jump
Boys Triple Jump then Girls Triple Jump
Girls High Jump then Boys High Jump
Boys Pole Vault then Girls Pole Vault

3:30PM RUNNING EVENTS

(Girls Then Boys)

3200 Meter Relay	Finals
100/110 Meter Hurdles	Finals
100 Meter Dash	Finals
400 Meter Dash	Finals
1600 Meter Run	Finals
200 Meter Dash	Finals
800 Meter Run	Finals
300 Meter Hurdles	Finals
400 Meter Relay	Finals
1600 Meter Relay	Finals

Sterling Easter Egg Hunt

Saturday, April 15, 2017 @ 10AM

Sterling Park

Ages 0-3rd grade



Get your picture taken with the Easter Bunny and find LOTS of eggs!

Everyone wins a prize, so don't forget to pick your prize egg before you leave!

This event is sponsored by the Sterling Women of Today.

MUDECAS HS TRACK

Saturday, April 22, 2017
@ Pawnee City

FIELD EVENTS - 9AM

	1st Session	2nd Session
Shot Put	Boys (South Pad)	Girls (North Pad)
Discus	Girls (North Pad)	Boys (South Pad)
Long Jump	Boys	Girls
Triple Jump	Girls	Boys
High Jump	Boys	Girls
Pole Vault	Girls	Boys

RUNNING EVENTS - 11:30AM

Girls 3200 M Relay	Finals
Boys 3200 M Relay	Finals
BREAK - If needed to finish Field Events	
Girls 100 M Hurdles	Prelims
Boys 110 M Hurdles	Prelims
Girls 100 M Dash	Prelims
Boys 100 M Dash	Prelims
Girls 400 M Dash	Finals
Boys 400 M Dash	Finals
Girls 3200 M Run	Finals
Boys 3200 M Run	Finals
Girls 200 M Dash	Prelims
Boys 200 M Dash	Prelims
BREAK - LENGTH OF TIME: 10-20min	
Girls 100 M Hurdles	Finals
Boys 110 M Hurdles	Finals
Girls 100 M Dash	Finals
Boys 100 M Dash	Finals
Girls 800 M Run	Finals
Boys 800 M Run	Finals
Girls 300 M Low Hurdles	Finals
Boys 300 M Int. Hurdles	Finals
Girls 200 M Dash	Finals
Boys 200 M Dash	Finals
Girls 1600 M Run	Finals
Boys 1600 M Run	Finals
Girls 400 M Relay	Finals
Boys 400 M Relay	Finals
Girls 1600 M Relay	Finals
Boys 1600 M Relay	Finals