

# WEEKLY BULLETIN

Sterling Public Schools



April 13-20, 2019

**Saturday**                    SKILLSUSA STATE CONVENTION @ GRAND ISLAND - students return around 3:30PM  
**April 13**                    ACT TEST DATE  
\*schedule on back      MUDECAS HS Track Meet @ Freeman - 9AM - Bus leaves @ 7:33AM  
   TeamMates to Husker Spring Game - Vans leave @ 9:45AM

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**Monday**                    **Breakfast:** Breakfast Bar OR WG Cereal/WG Muffin, Fruit/Juice, Milk  
**April 15**                    **Lunch:** Hamburger, FF and/or Swt. FF, Peas, Applesauce  
   **RSH - 1<sup>st</sup> period**  
   Blood Drive 12-6PM in the gym  
   **Track Practice** after school  
   FFA Officer Interviews - 4PM  
   SCHOOL BOARD MEETING - 7PM

**Tuesday**                    **Breakfast:** Yogurt Parfait OR WG Cereal/WG Muffin, Fruit/Juice, Milk  
**April 16**                    **Lunch:** Chicken Noodle Soup, PB&J Sandwich, Celery w/ PB, Peaches  
   **NSCAS Testing - Grades 7 & 8 - Language Arts**  
\*schedule on back      Irish HS Track Invite @ Syracuse - 9:30AM - Bus leaves @ 7:37AM

**Wednesday**                    **Breakfast:** Scrambled Eggs, WG Toast OR WG Cereal/WG Toast, Fruit/Juice, Milk  
**April 17**                    **Lunch:** Italian Dunkers, Green Beans, Pineapple Tidbits  
   **RSH - 8<sup>th</sup> period**  
   **NSCAS Testing - Grade 5 - Science/Grade 6 - Language Arts**  
\*schedule on back      Pawnee City/Freeman JH Track Invite @ **PAWNEE CITY** - 10AM - Bus leaves @ 8:30AM  
   **Track Practice** after school

**Thursday**                    **Breakfast:** Breakfast Burrito OR WG Cereal/WG Muffin, Fruit/Juice, Milk  
**April 18**                    **Lunch:** Roast Turkey, Mashed Potatoes w/ Gravy, Corn, Jell-O Cake  
   **RSH - 7<sup>th</sup> period**  
   **NSCAS Testing - Grade 5 - Science/Grade 6 - Language Arts**  
\*schedule on back      District Music Contest @ JCC - 1<sup>st</sup> bus leaves @ 7:45AM  
   **Track Practice** 6-7:30AM

**Friday**                    **NO SCHOOL**  
**April 19**                    **Track Practice** 8-10AM

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**Saturday**                    NHS Trash Pick-Up - 8:30AM - Meet in front of the school  
**April 20**                    Women of Today Easter Egg Hunt @ the Park - 10AM (If rainy, will be held at school)

**MORE INFO ON BACK** →

☞ Stay up to date with all things JET related by going to the school website: [www.sterlingjets.org](http://www.sterlingjets.org), our Facebook page, and for sports scores, follow us on Twitter: [@spsjetpride!!!](https://twitter.com/spsjetpride)

**PAWNEE CITY/FREEMAN JH INVITE  
@ PAWNEE CITY  
APRIL 17, 2019**

**10AM - Series I**  
Boys Discus  
Girls Shot Put  
Boys Long Jump  
Girls Triple Jump  
Girls High Jump  
Boys Pole Vault

**10:30AM**  
Boys Shot Put (will start before the Discus is done)  
Girls Discus (will start before the Shot Put is done)

**11AM - Series 2**  
Girls Long Jump  
Boys Triple Jump  
Boys High Jump  
Girls Pole Vault

**RUNNING EVENTS  
(To start at 12:15--No Finals)**

Girls 800 M relay  
Boys 800 M relay  
Girls 1600 M Run  
Boys 1600 M Run  
Girls 100 M Hurdles (30")  
Boys 110 M Hurdles (33")  
Girls 100 M Dash  
Boys 100 M Dash  
Girls 400 M Dash  
Boys 400 M Dash  
Girls 300 M Low Hurdles  
Boys 300 M Low Hurdles  
Girls 200 M Dash  
Boys 200 M Dash  
Girls 800 M Run  
Boys 800 M Run  
Girls 400 M Relay  
Boys 400 M Relay  
Girls 1600 M Relay  
Boys 1600 M Relay

\* USDA IS AN EQUAL  
OPPORTUNITY PROVIDER  
AND EMPLOYER

**IRISH HS INVITE @ SYRACUSE  
4/16/19 @ 9:30AM**

**ORDER OF FIELD EVENTS:  
TO START AT 9:30 PM.**

<b>SERIES I</b>	<b>SERIES II</b>
Boys Discus	Girls Discus
Girls Shot	Boys Shot
Boys High Jump	Girls High Jump
Boys Long Jump	Boys Triple Jump
Girls Triple Jump	Girls Long Jump
Girls Pole Vault	Boys Pole Vault

**ORDER OF RUNNING EVENTS:  
TO START AT 12:30 PM.**

3200 M Relay	Girls	Finals
3200 M Relay	Boys	Finals
100 M Hurdles	Girls	Prelims
110 M Hurdles	Boys	Prelims
100 M Dash	Girls	Prelims
100 M Dash	Boys	Prelims
400 M Dash	Girls	Finals
400 M Dash	Boys	Finals
3200 M Run	Girls	Finals
3200 M Run	Boys	Finals
200 M Dash	Girls	Prelims
200 M Dash	Boys	Prelims

**--BREAK--LENGTH OF TIME: TBA**

100 M Hurdles	Girls	Finals
110 M Hurdles	Boys	Finals
100 M Dash	Girls	Finals
100 M Dash	Boys	Finals
800 M Run	Girls	Finals
800 M Run	Boys	Finals
300 M Low Hurdles	Girls	Finals
300 M Int. Hurdles	Boys	Finals
200 M Dash	Girls	Finals
200 M Dash	Boys	Finals
1600 M Run	Girls	Finals
1600 M Run	Boys	Finals
400 M Relay	Girls	Finals
400 M Relay	Boys	Finals
1600 M Relay	Girls	Finals
1600 M Relay	Boys	Finals

**MUDECAS HS TRACK**

**Freeman High School, Adams, NE  
APRIL 13, 2019**

**9:00 Field Event Start**

Shot Put: boys followed by girls  
Discus: girls followed by boys  
High Jump: girls followed by boys  
Pole Vault: boys followed by girls  
Long Jump: boys followed by boys Triple Jump  
Triple Jump: girls followed by girls Long Jump

**11:30 Running Events  
(All Events Girls followed by Boys)**

Girls / Boys	3200 M Relay	Finals
Girls	100 M Hurdles	Prelims
Boys	110 M Hurdles	Prelims
Girls / Boys	100 M Dash	Prelims
Girls / Boys	400 M Dash	Finals
Girls / Boys	3200 M Run	Finals
Girls / Boys	200 M Dash	Prelims
<b>Break (15-30 minutes)</b>		
Girls	100 M Hurdles	Finals
Boys	110 M Hurdles	Finals
Girls / Boys	100 M Dash	Finals
Girls / Boys	800 M Run	Finals
Girls / Boys	300 M Inter Hurdles	Finals
Girls / Boys	200 M Dash	Finals
Girls / Boys	1600 M Run	Finals
Girls / Boys	400 M Relay	Finals
Girls / Boys	1600 M Run	Finals

**Sterling Entries - District Music - April 18, 2019 - HOMEROOM - HS 300**

Warm-up:	Time:	Event:	Name:	Room:
8:45 AM	9:00 AM	Mixed Choir	Sterling	EL AUD
	12:30 PM	Tenor/Bass Voice	Jacob Johnson	EL 106
	12:36 PM	Soprano/Alto Voice	Jessie Klein	EL 102
12:20 PM	12:40 PM	Concert Band	Sterling	HS Gym
	1:06 PM	Duet	Rathe, Sterkel	EL AUD
	1:18 PM	Tenor/Bass Voice	Diego Sterkel	EL 106
	1:42 PM	Cornet/Trumpet Solo	Diego Sterkel	HS 100
	2:00 PM	Flute Solo	Kylie Mathes-Riensche	HS 101
	2:12 PM	Misc. Vocal Ensemble	Cambron, Harms, Klein, Smith, Wusk	EL AUD
	2:12 PM	Saxophone Trio	Harms, Wenzl, Wingert	HS 100
	2:18 PM	Xylophone Solo	Hannah Thies	HS 200
	2:36 PM	Flute Duet	Mathes-Riensche, Tallant	HS 100
	2:42 PM	Piano Solo	Nicole Harms	HS 101
	2:48 PM	Piano Solo	Danielle Janssen	HS 101
	3:00 PM	Piano Duet	Harms, Janssen	HS 101

**ACT TEST  
DATE INFO:**

TEST DATE	JUNE 8	JUL 13
Registration Deadline	MAY 3	JUN 14
Late Registration Deadline	MAY 20	JUN 24